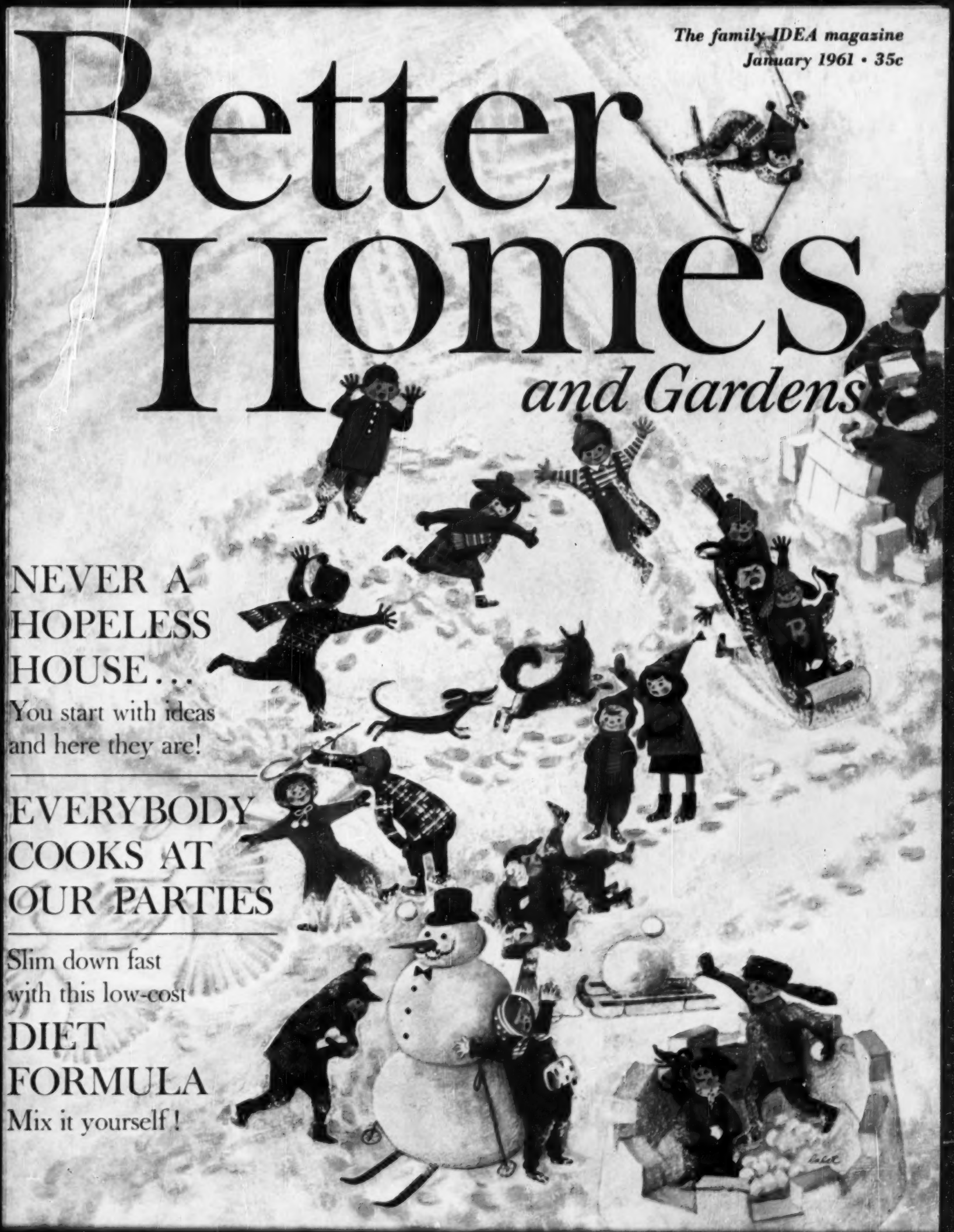
The family IDEA magazine
January 1961 • 35c

Better Homes and Gardens



NEVER A HOPELESS HOUSE...
You start with ideas and here they are!

EVERYBODY COOKS AT OUR PARTIES

Slim down fast with this low-cost
DIET FORMULA
Mix it yourself!

Now Pima is blended into all Cannon Combspun Percale sheets

They're smoother, finer, stronger than ever . . . and at no increase in price

DON'T SHOP THE WHITE SALES UNTIL YOU READ THIS

BUY THE NAME YOU TRUST

Cannon Mills, Inc., 70 Worth St., N.Y. 13, N.Y.

This year—for the first time ever—there's a new sheet to make all other percale sheets out-of-date. It's the new Cannon Combspun® Percale with *Pima-blend*.

Compare carefully when you shop. Feel the difference Pima makes. You'll know this is the smoothest, finest, strongest percale Cannon has ever made.

Smooth, closely-woven, all-cotton Combspun percales are yours in white, stripes, fashion designs—in flat or fitted styles.

Insist on Cannons with Pima-blend. You'll be getting much more for your money in this January White Sale.

CANNON

CANNON COMBSPUN PERCALE SHEETS WITH PIMA-BLEND

A MEMBER OF THE CANNON ROYAL FAMILY OF HOME FASHIONS

*America's 12 Most Famous Artists

Albert Dorne

Norman Rockwell

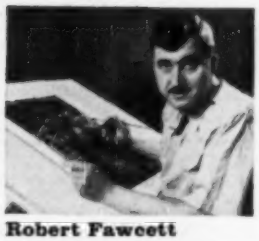
Al Parker

Jon Whitcomb

Austin Briggs

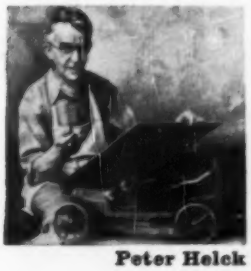
Ben Stahl

Fred Ludekens


Robert Fawcett

Harold Von Schmidt

Dong Kingman


Peter Helck

Stevan Dohanos

*We're looking for people who like to draw

IF YOU LIKE TO DRAW, America's 12 Most Famous Artists want to test your art talent. We'd like to help you find out whether you can be trained to be a successful money-making artist.

This offer is part of a program we began ten years ago. We found that many men and women who could have become artists, never did. Most of them were unsure of their talent. Others just couldn't get professional art training without leaving home or giving up their jobs.

A Plan to Help Others

We decided we would do something about this. We decided to make it possible for anyone, anywhere, who likes to draw—and who has talent worth developing—to get the training he needs to become an artist. Taking time off from our busy art careers, we pooled the extensive knowledge of art, the professional know-how, and the priceless trade secrets which we, ourselves, were able to learn only through long and successful experience.

We illustrated this knowledge with 5,000 special drawings; then organized it into a series of lessons covering every aspect of drawing and painting . . . lessons that anyone could take right in their own homes and in their spare time. Finally we perfected what is probably the most personal method ever developed for criticizing a student's drawings and paintings.

Our program of art training is now well known all over America. We have helped thousands of people find success in art. Here are just a few:

When Don Smith of New Orleans wrote to us, he knew nothing about art—even doubted he had talent. Today, he's an illustrator with the South's leading advertising agency.

Father of Three Wins New Career

Stanley Bowen of Ohio—a married man with three children, unhappy in a "no-future job"—began studying with us, evenings. Now he's earning a much higher salary as an illustrator for a growing art studio. And his family sees a happy, secure future ahead.

With our training, Wanda Pickulski of Rexford, N. Y. was able to give up her typing job to become fashion artist for a local department store.

A Career of Her Own

"I now have extra money for trips and a bank account to do with as I please," says housewife Doris Hagen. "Without your Course, I wouldn't have a profession."

When Kathryn Gorsuch of Mt. Vernon, Ohio, found out she was to have a baby—she left her filing job at an aircraft company and studied art at home with us. By the time the baby was seven months old, she went back to work for the same company . . . as a well-paid commercial artist.

Eric Ericson worked in a garage while he studied nights with us. Today, he is a successful advertising artist, earns seven times as much . . . and is having a new home built for his family.

Profitable Hobby – at 72

A great-grandmother in Newark, Ohio, decided to use her spare time to study painting. Recently, she had her first local "one-man" show—where she sold thirty-two water colors and five oil paintings.

Donald Kern—a cowboy from Montana—studied art with us. Now he paints portraits, sells them for $250 each, and gets all the business he can handle.

Paintings Pay for House Addition

Virginia Tootill writes: "The sale of my paintings has more than paid for my Course. It's building an addition to the house for our new baby."

In just four months Doris White of Wauwatosa, Wis., has painted and sold $750 worth of her paintings . . . all in spare time.

Send for Famous Artists Talent Test

To find other men and women with talent worth developing, we have created a special 12-page Art Talent Test. Thousands of people formerly paid $1 for this test. But now our School offers it free and will grade it free. People who reveal talent through this test are eligible for professional training by the School . . . right in their own homes. To get your copy of the test, without cost or obligation, simply mail the coupon today.

Famous Artists Schools
Studio 5245, Westport, Conn.

I want to find out whether I have art talent worth developing. Please send me, without obligation, your Famous Artists Talent Test.

Mr.
Mrs. _____ Age ____
Miss (please print)

Address _____

City _____ Zone ____

County _____ State ____

Better Homes and Gardens®

THE FAMILY IDEA MAGAZINE

January, 1961; Vol. 39, No. 1

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World's Most Amazing Adjustable Dress Form

GUARANTEES CUSTOM-FITTING CLOTHES ...OR NO COST!

A Newly Patented Single Form That Adjusts Easily to Regular Sizes, Half Sizes and Many Figure Variations from 8 to 20 Inclusive (Special Model for Sizes 20½-50). New . . . Easy-to-Use . . . Low Cost!

So Easy To Use Even a Beginner Can Make Custom-Fitting Clothes. Distinguished Italian-American Designer Creates Brand New Dress Form Called PERFECT FIT ADJUST-O-MATIC. So strong, it won't Crack, Chip or Break—Stores Away Easily!

None of that dreaded home-made look. Why pay $30 or more for a dress form? You'll create professional styles and precision fit with the aid of ADJUST-O-MATIC for a fraction of the cost — Even if you never made clothes before.

If you are one of the many women who "struggle along" on guesswork without a dress form — if you've hesitated to invest in a dress form that is useless once you gain or lose weight — if you feel that an adjustable form has too many complications without accuracy — here's exciting news for you!

Distinguished Designer Develops Most Flexible Dress Form Ever

After years of painstaking research, Luigi Cella, distinguished Italian-American designer for years, has finally developed the dress form called PRECISION FIT ADJUST-O-MATIC, the one dress form so handy and simple to use . . . so fool-proof to assemble with the clear step-by-step instructions included . . . so flexible and adaptable that you can virtually reconstruct *your own figure and that of other women in your family.* The Magic Secret, found only in ADJUST-O-MATIC, is a unique precision-accurate method of "dialing" your dimensions. Fit the 15 slide-together sections into each other . . . gently apply pressure with your fingers until your printed number shows through the magic windows in every measurement area—and ADJUST-O-MATIC virtually reconstructs your figure.

Takes The Guesswork Out Of Sewing

With your ADJUST-O-MATIC dress form you see in advance just how attractive and becoming your dress, skirt, coat, or blouse will look. Now you can fit, pin, hem, baste, alter perfectly. Your made-at-home clothes will have the custom-fitted look you desire.

ADJUST-O-MATIC adjusts easily to regular sizes and many figure variations from 8 to 20 (special model for sizes 20½-50). You can make literally dozens of different combinations . . . compensate for slight body defects . . . (allow for your own bustline variations) . . . then readjust to a completely different size and shape for other women in your family.

Now whether you make your clothes or buy them, you can be fashionable, stylish, comfortable and custom-fitted at all times. ADJUST-O-MATIC helps you expertly remodel last year's clothes into 1961 fashions more quickly, easily and expertly . . . make many different alterations . . . design your own styles or use any standard pattern.

Now you save needless hours fitting your clothes. Never again need you rip out seams because your skirt didn't hang properly the first time.

Never again need you struggle, strain, twist, turn, trying to get a perfect fit . . . or wear out-of-style clothes . . . or discard expensive alterable suits and dresses because you've gained or lost a few pounds.

You can make your adjustments right on the dress form — and slash your sewing time. ADJUST-O-MATIC helps solve your dressmaking problems and with such professional-type results you'll glow with pride and satisfaction as you show them off.

Flexible Rugged Material

Sturdy ADJUST-O-MATIC is constructed of a new material containing DuPont Neoprene and exclusively compounded for long life and durability. It won't disintegrate or fall apart, and laughs at the ruggedest treatment. Throw it on the floor—see how wonderfully well it stands up, won't crack, chip, or break.

Yet ADJUST-O-MATIC is so light, so versatile, so easy to use that you can fit your blouse, pin it, baste it—all while seated and ADJUST-O-MATIC takes up so little space, because it comes apart and stores away conveniently in any drawer, or on any shelf.

Amazing Trial Offer

We're so convinced PERFECT FIT ADJUST-O-MATIC will aid you to make beautifully tailored, professional clothes the first time you use it that we make this AMAZING NO RISK OFFER. Try revolutionary ADJUST-O-MATIC in your own home for 30 days. See for yourself how beautifully constructed it is . . . how you turn "old dresses into new" . . . make too small or too large alterable clothes fit you perfectly again . . . helps you make your own suits and dresses in as little as half the regular time . . . slashes your clothing costs . . . and helps you in so many other ways — marking hems, adjusting waist lines, changing necklines, and making all your clothes fit you as if they were made to order. If you are not 100% delighted, return it for full refund!

GUARANTEE

Put PERFECT FIT ADJUST-O-MATIC to every test. Prove to yourself why it's more versatile than dress forms costing many times more. Yet all that amazing PERFECT FIT ADJUST-O-MATIC costs is $4.95.

MAIL THE AMAZING TRIAL COUPON TODAY! If after using ADJUST-O-MATIC in your own home for 30 days, you don't agree that it will save you endless time, work, and money . . . if ADJUST-O-MATIC doesn't pay for itself the very first time you use it . . . if you are not 100% delighted, return it for full refund!

IMAGINE! This rugged adjustable steel stand that folds away in seconds for a collapsible form. Stand recommended for best results with dresses, coats, other full figure clothes. Only $1.98

U.S. PATENT NO. 2,922,555

REPLACEMENT OR REFUND OF MONEY
Guaranteed by Good Housekeeping
IF NOT AS ADVERTISED THEREIN

The staff of experts at Good Housekeeping Magazine examined EVERY word and EVERY line of EVERY paragraph in this advertisement with the same care that is exercised in the preparation of their editorial material. This was done so that they can offer you their assurance of truthful advertising claims.

Through the extensive use of their laboratory facilities and their staff of experts, Good Housekeeping is convinced that PERFECT FIT ADJUST-O-MATIC DRESS FORM is of good quality. Product claims in this advertisement are true representations of the benefits which this product makes available to the consumer.

HERE'S THE AMAZING SECRET

This photo of shoulder section shows you how MAGIC WINDOWS in every measurement area give custom fit at all times.

WHY PERFECT FIT ADJUST-O-MATIC GIVES YOU CUSTOM TAILORING EVERY TIME

- **Easy Size Selection; Adjusts to Figure Measurements**
- **Form Assembles To Your Own Figure**
- **Grows and Loses Right Along With You**
- **Scientific Guide Lines Insure Perfectly Centered Seams**
- **Conforms To Standard Patterns**
- **Can Be Used In Sections Or Full Figure**
- **Lightweight! Easy To Use Even When Sitting**
- **Imagine! 15 Take-Apart Sections Store Flat On Shelf Or In Drawer**

MAIL THIS AMAZING TRIAL COUPON TODAY

HARRISON HOME PRODUCTS CORP., Dept. 1-BH
8 KINGSLAND AVENUE, HARRISON, NEW JERSEY

Please rush revolutionary PERFECT FIT ADJUST-O-MATIC Dress Form that guarantees custom-fitting clothes for the entire family for 30-day NO RISK TRIAL. If after trying PERFECT FIT ADJUST-O-MATIC I am not delighted in every way, I will return it for full refund.

CHECK HERE ☐ Reg. Size (8 to 20) Recommended if bust is 30"-40".
☐ Large Size (20½-50) Recommended if bust is 41"-52".

☐ **SEND C.O.D.** When postman arrives I will pay him $4.95 plus C.O.D. Postage. Money Back Guarantee.

☐ **SAVE POSTAGE:** Send $4.95 with your order and we pay all postage. (West of Mississippi add 35c . Same money-back guarantee.

NAME .....

ADDRESS .....

CITY ..... ZONE ..... STATE .....

☐ **DRESS STAND:** Also send handy steel collapsible ADJUST-O-MATIC Dress Stand, only $1.98 additional.

CANADIAN CUSTOMERS: Dress Form $5.95. Dress Stand: $1.98. Order from Harrison Products, Ltd., 539 King Street, W., Toronto, Ontario.

No, there's NEVER A HOPELESS HOUSE-and this month's issue proves it!

If, somewhere in the pages ahead you see something that looks like your house, don't be surprised. We cover so many home improvement situations in this issue that you're sure to recognize one of them as your own. The only difference is, we show the completed job and you still may be in the planning and decision stages. First, you'll have to decide for yourself whether or not to improve the house you have. Normally, because you chose it in the first place, its shortcomings are few. Of course, the few are important, and yet can be remedied to your satisfaction with less difficulty than adjusting to a new situation. Also, remember that the price of land probably has gone up considerably since you invested in your present house.

Consider the advantages of its location—schools, shopping, long-time friends and neighbors. A new house with everything you have now plus the improvement you want would cost more, too, because building costs almost certainly are higher.

When you do decide to go ahead—whether now or later—start right here for everything you should know, from how much to how-to.

Where to get the money?

To make the most of any of the improvements shown in this month's *Better Homes & Gardens*, you have a choice of two main ways to finance your project. They are Modernization Loans and Personal Loans.

Modernization Loans—FHA loans of this type are now available for as much as $3500 and as long as five years. The fee is $5 per $100 of loan up to $2500, and $4 per $100 over that. But this fee is charged on the original amount, unlike mortgage interest which is calculated only on your declining balance each month. Thus, the $5 per $100 actually amounts to a true annual interest rate of about ten per cent. You can arrange an FHA loan directly with a bank or savings and loan association, even though you already have a mortgage and whether or not you are a depositor. Or, the contractor doing the work for you can arrange the loan. But keep in mind that fly-by-night contractors who rove from town to town have in recent years duped home-owners into signing FHA completion certificates before the jobs were actually completed, on the pretext these were receipts for materials. Better Business Bureaus still get complaints about this practice.

Some banks and other lenders also have their own non-FHA home-improvement loans. These often cost 50 cents to $1 more per $100 than the FHA charge, but in some cases, the bank's rate may be lower.

For bank home-improvement loans, it may pay to see if you can get the loan directly from the bank rather than through a contractor. Sometimes, banks give dealers a rebate; a direct loan will eliminate this.

Personal Loans—For small projects, you sometimes can beat the FHA modernization-loan rate by a personal loan. In some of the largest cities, banks charge as little as $4 per $100 for personal loans. In less-competitive areas, the charge is more generally $6. If you belong to a credit union, their rates range from $3.25 to $6.50 per $100—lower than FHA modernization loans in many cases.

Small-loan companies charge highest rates for personal loans—frequently about $12.50 per $100. Personal loans are suitable chiefly for smaller improvements since they usually have to be repaid in 12, 24, or at most, 36 months.

In addition to this month's idea-packed remodeling issue, you can get even more information—and personal help—from your local *Better Homes & Gardens* Idea Center dealer. A list of the dealers in your area is inserted between pages 80 and 81.

(Advertisement)

Hey, Mom!

What's only this big

But stretches this far?

It takes you for miles

But you never move an inch.

It fixes things up for you

But hardly ever needs fixing itself.

You use it all the time

Which is why it saves you time.

Give up? Then turn the page, Mom.

It's your telephone!

Nothing else you use so often does so much, yet costs so little. And the more you use it, the more valuable it is to you.

BELL TELEPHONE SYSTEM

professional quality for home use... KVP® FREEZER PAPERS

KVP Freezer Paper (the original freezer paper) is the same the professionals use. Resists puncturing, practically no moisture loss. Less costly than most other freezer wraps, too! Shop paper department for KVP Freezer Papers—Shelf Papers—Baking Cups—Purity® Cups and Plates.

KVP IS SUTHERLAND ...the paper people KVP SUTHERLAND PAPER COMPANY KALAMAZOO MICHIGAN

Never a Hopeless House

How much for materials?

Here are some approximate prices to help you estimate the costs of finishing some of your existing space. These figures will help give you an idea of the total cost and of the comparative costs of alternate materials before you get the exact prices from your building-materials dealer.

Wall Systems

Furring a masonry wall will cost about 20 to 23 cents per square foot of wall area, depending on system and materials you use. Prices quoted here may vary locally.

Studding grade lumber (2x4)	11 cents lineal ft.
Cement-based masonry paint (2 coats)	13 cents sq. ft.
Felt moisture barrier (15 pound)	1¼ cents sq. ft.
Gypsum wallboard (⅜-inch)	6 cents sq. ft.
Finished plaster walls	7 cents sq. ft.
Hardboard (¼-inch standard sheets)	16½ cents sq. ft.
(¼-inch special finish)	27-31 cents sq. ft.
Plywood (¼-inch 4x8 sheets)	
Fir	11 cents sq. ft.
Fir (with special finish)	23 cents sq. ft.
Phil. Mahogany (ribbon grain)	23 cents sq. ft.
Phil. Mahogany (rotary grain)	16 cents sq. ft.
Walnut	42 cents sq. ft.
Knotty pine (tongue-and-groove planks)	22 cents sq. ft.
Fiberboard (interior ⅜-inch)	7 cents sq. ft.
(½-inch)	9 cents sq. ft.
Asbestos wall panels (⅛-inch)	16 cents sq. ft.
(3/16-inch)	23 cents sq. ft.
Vinyl plastic coated wall paneling	91 cents sq. ft.
Corrugated fiberglass wall panels	69 cents sq. ft.

Floor Systems

Prices listed for floor materials below are for the material. Labor costs are about 15 to 20 cents a square foot.

Asphalt tile Group B colors	25 cents sq. ft.
Group C colors	30 cents sq. ft.
Group D colors	35 cents sq. ft.
Four-inch rubber cove base	40 cents lineal ft.
Vinyl asbestos tile	35 cents sq. ft.
Pure vinyl tile	90 cents sq. ft.
Cork tile	55 to 70 cents sq. ft.
Parquet blocks	65 cents sq. ft.
Hardwood strip floors (plywood subflooring)	20 cents sq. ft.
Quarry tile	$1.50 sq. ft.
Concrete floor paint	13 cents sq. ft.

Ceiling Systems

Labor and materials for installing ceiling on wood furring strips cost from 20 to 25 cents per square foot. Acoustical materials, applied to wood furring strips, are additional.

12x12x½ cane fiber perforated fiesta tile	18 cents
12x12x½ cane fiber perforated tile	16 cents
12x12x¾ cane fiber perforated tile	21 cents
12x12x9/16 cane fissured tile	23 cents
12x12x¾ fissured mineral tile	30 cents
and board of ½-inch fiberboard	11 cents
Translucent corrugated plastic panels labor and materials	$1.00 sq. ft.
Gypsum drywall ceiling	14 cents sq. ft.

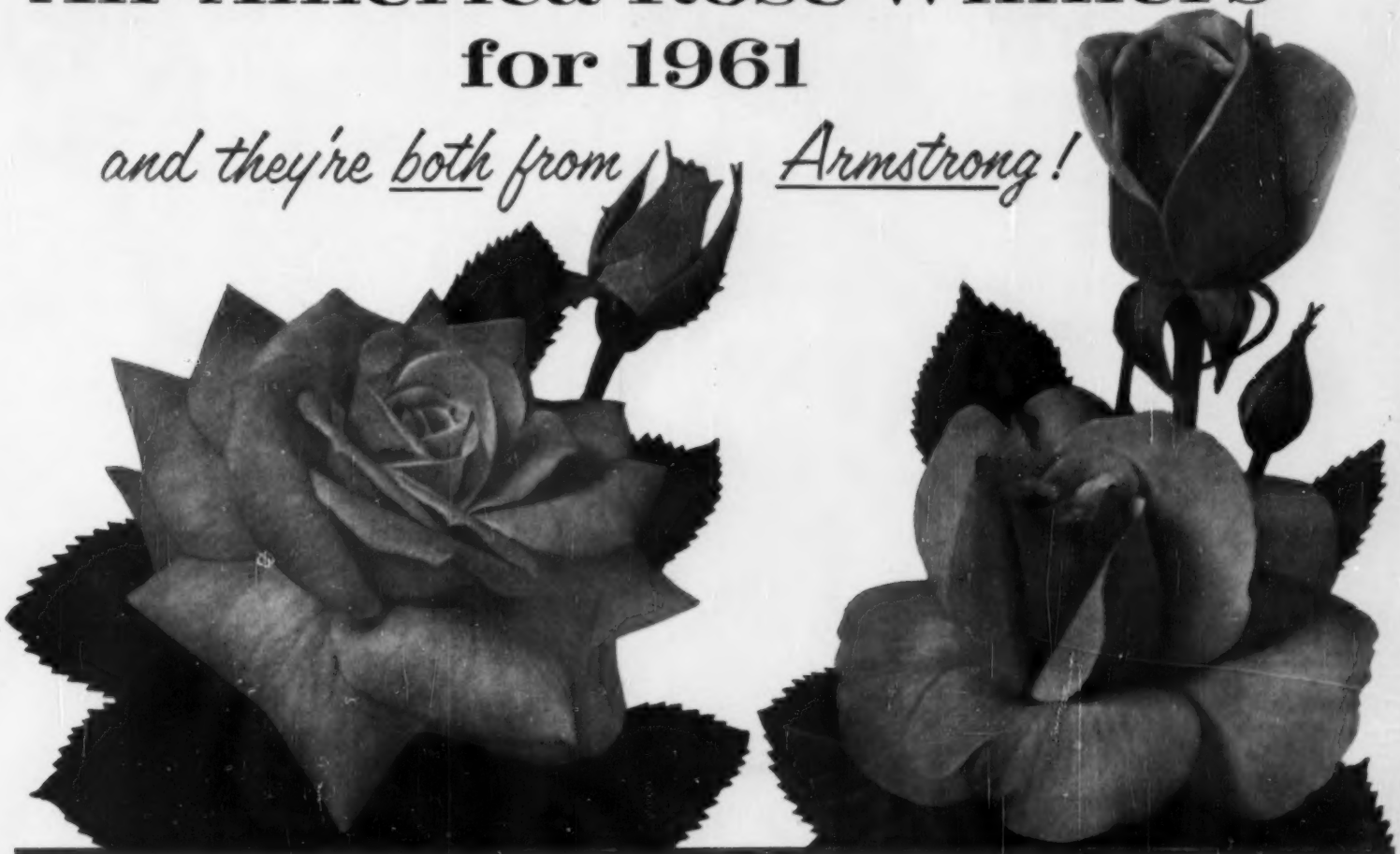
Insulation

Boards (⅜-inch 4x8 sheets)	.085 cents sq. ft.
(½-inch 4x8 sheets)	10 cents sq. ft.
Blankets (fiberglass Full thick 3-inch)	$6.18 70 sq. ft.
(Medium 2-inch)	$6.63 100 sq. ft.
Reflective (Full thick 3-inch)	about $9.00 70 sq. ft.
(Medium 2-inch)	about $10.00 100 ft.
Fill (Pellet rock wool 35-pound)	$2.00
(Vermiculite 4 cubic ft.)	$1.90

MAKE WAY FOR THE NEW KING AND QUEEN!

Introducing...The only two All☆America Rose Winners for 1961

and they're both from Armstrong!



Pink Parfait — A superb Grandiflora boasting a glorious profusion of perfectly-formed flowers with a delicate blending of pink and creamy pastels. Produces continuously . . . as much as 100 buds and blooms at a time. Plant Pat. 1904. Only $3.50 ea., 3 for $9.30.

Duet — A unique bi-colored Hybrid Tea with vigorous growth, luxuriant foliage. Blooms are soft salmon-pink on inner petal faces; contrasting orange-red on the outer. Provides armloads of long-stemmed roses all season long. Plant Pat. 1903. Only $3.50 ea., 3 for $9.30.

With 16 All-America Rose Winners to its credit—more than any other grower — Armstrong has done it again with PINK PARFAIT and DUET. To earn the coveted All-America Rose Selections award, these magnificent roses had to prove their superiority in 2 years of rigorous, competitive tests all over the United States — in all combinations of climate and soil. POSITIVE PROOF that PINK PARFAIT and DUET will grow vigorously and bloom beautifully in *your* garden—*wherever you live.*

And—because all Armstrong roses are grown in fertile California soil, on hardy Dr. Huey rootstock, with the know-how that comes from 70 years of intensive scientific research — the plants you receive from Armstrong have had the best start in life of any roses you can find.

Each is a full *2 years old*—better rooted, bigger and healthier—to provide a breathtaking display of glorious color this very season!

Reserve Your Prize Winners Today!

Because All-America roses embody the perfect combination of beauty and vigor, they are always in enormous demand. However, during the first year after introduction of new varieties, the number of available plants is quite limited. Nature cannot be rushed. To protect rose lovers from disappointment, we are accepting advance reservations for PINK PARFAIT and DUET. You need send no money now, unless you wish. We will ship the roses reserved in your name at the proper planting time for your area. But don't delay. To be *sure* you'll be able to display these Armstrong winners in your own garden this season, mail the coupon today!

GUARANTEED TO GROW AND BLOOM IN YOUR GARDEN . . . ANYWHERE IN THE U. S.

FREE! 1961 CATALOG OF ROSES

The world's most magnificent roses in 48 full-color pages—featuring PINK PARFAIT and DUET, along with other ever-popular All-America Winners. Many breathtaking varieties to choose from . . . Hybrid Teas, Floribundas, Tree Roses, Climbers *and more* . . . PLUS *outstanding money-saving special offers!* All roses tested, proved and guaranteed to grow anywhere in the U. S., or they will be replaced free. To get *your* 1961 Armstrong Catalog of Roses FREE, clip out and mail the coupon today.

Armstrong NURSERIES • ONTARIO, CALIFORNIA

MAIL COUPON TODAY FOR FREE CATALOG

Armstrong Nurseries, 1245 S. Palmetto, Ontario, California

☐ Please rush me your FREE 1961 Catalog of Roses.

Name _____ (please print)

Address _____

City _____ Zone ____ State _____

☐ Yes—I want to be among the first to grow your 1961 All-America Rose Winners. Reserve in my name the following bare root plants—guaranteed to grow and bloom—and ship at the proper planting time for my area.

____ DUET @ $3.50 ea., 3 for $9.30.

____ PINK PARFAIT @ $3.50 ea., 3 for $9.30.

☐ Bill me later ☐ Payment enclosed

Double Peach Sundae . . . light, lovely and festive with tree-ripened Del Monte Peaches

How about this for the right way to wind up a winter meal or a friendly gathering? And naturally you'll want DEL MONTE Peaches, for mellow flavor and glowing color.

Why naturally? Because you know DEL MONTE Peaches are tree-ripened. And that means we give Nature all the time she needs to produce the richness of color and flavor—and the tenderness, too—that set DEL MONTE Peaches apart from ordinary brands.

Just for the record, every time you choose DEL MONTE Peaches, you choose the best-liked brand of peaches in the whole wide world. Does it really ever pay to settle for less?

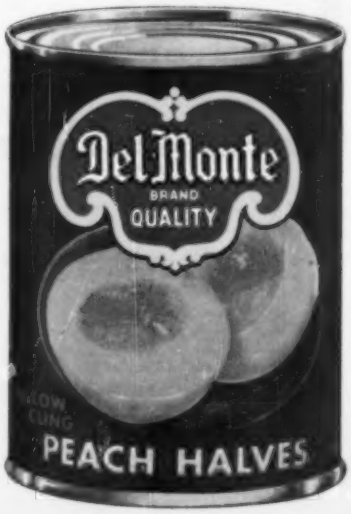
DOUBLE PEACH SUNDAE (Serves 6-8)

- 1 No. 303 can (1 lb. 1 oz.) DEL MONTE Sliced Peaches
- ½ cup granulated sugar
- 2 teasp. unflavored gelatine
- Dash of salt
- ½ cup water
- 3 tablesp. lemon juice
- 1 teasp. grated lemon peel
- 1¼ cups orange juice
- ½ teasp. almond extract
- 2 unbeaten egg whites
- 1 No. 2½ can (1 lb. 13 oz.) DEL MONTE Peach Halves, chilled

Drain sliced peaches, saving syrup. Finely chop peaches; chill thoroughly. In saucepan, mix sugar, gelatine, salt; stir in water, lemon juice and peel. Simmer 5 min. Stir in reserved peach syrup, orange juice and almond extract. Pour into refrigerator tray; freeze till almost firm in center. Cut semi-frozen mixture into squares; place in chilled mixer bowl. Add unbeaten egg whites; beat till fluffy (but do not allow to become watery). Fold in chopped sliced peaches; turn mixture into 2 freezing trays. Freeze till firm, stirring once or twice during freezing. At serving time, spoon sherbet into drained chilled peach halves. Top with melted currant jelly or raspberry syrup, if desired.

Del Monte® Peaches

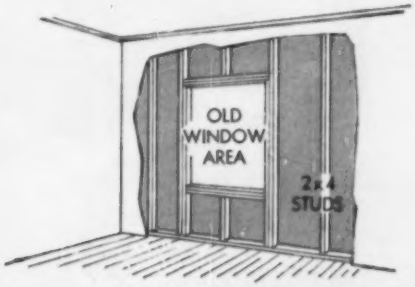
Halves or Sliced



Add a sliding glass door

Few things make a more dramatic change in a house than the installation of a sliding glass door. It opens up the interior to the outdoors—both visually and literally. Installing one of these doors is a fairly extensive job, but one which a homeowner can undertake himself if he has the time and the know-how.

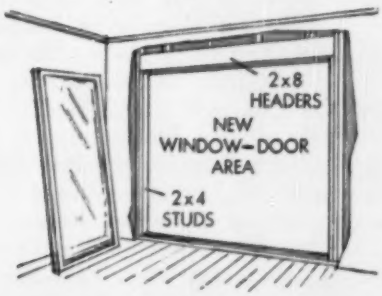
Time is very important on a project like this since you'll have a large hole in your house while you're in the process of changing. For an experienced contractor, however, it is a fairly easy and quickly done job.



Here's what the job involves: Both the interior finish and the exterior facings must be removed to expose the existing framing. The drawing above shows how the wall will look when the 2x4s are bared. The necessary amount of framing (2x4 studs) is removed to make the opening wide enough for the new door, and the new framing is put in.

You'll need to double up on the studs at each end of the new door unit and use 2x8s for the headers at the top of the new opening. If you have electrical wires in the area where the new glass door is to go, they can be easily changed by a professional.

The drawing below shows how the opening will look when it is ready to receive the tracks and framing for the door unit. Note that the plaster (and the exterior siding) are still as they were when torn out. The replacement of these two finishes is the last step of the job.



The cost of a new sliding glass door depends upon the size of the door, the kind of frame and glazing it has, and the type of wall which has to be cut through for installation. The door frames are available in aluminum, steel, and wood. Most manufacturers supply any size door with either single or sealed double glazing. One company is now furnishing an installation service designed to minimize expense and trouble for the homeowner.

Sliding screen panels that fit in an extra track (usually on the outside) are available for nearly all units.

Prices for doors range from about $195 for a 5-foot by 6-foot, 8-inch door with ⅝-inch sealed double glazing to about $950 for a 19-foot-wide model.

What do DOCTORS do for

TENSE, NERVOUS HEADACHES?

A SURVEY SHOWS 3 OUT OF 4 DOCTORS RECOMMEND THE INGREDIENTS IN ANACIN®

To obtain fast relief from pain of headache, neuritis or neuralgia – why not take what 3 out of 4 doctors recommend—the ingredients in Anacin!

Anacin gives a better *total* effect in pain relief than aspirin or any buffered aspirin. Here is *why*. Mere aspirin or even aspirin with buffering contains *only one* pain reliever and no special medication to relax nervous tension. But Anacin is a *combination* of medically proven ingredients, including special medication, which relieves pain incredibly fast, also relaxes nervous tension and releases painful pressure on nerves. Anacin Tablets are safer, too. They have a smoother action and do not irritate or upset the stomach. Buy Anacin today.

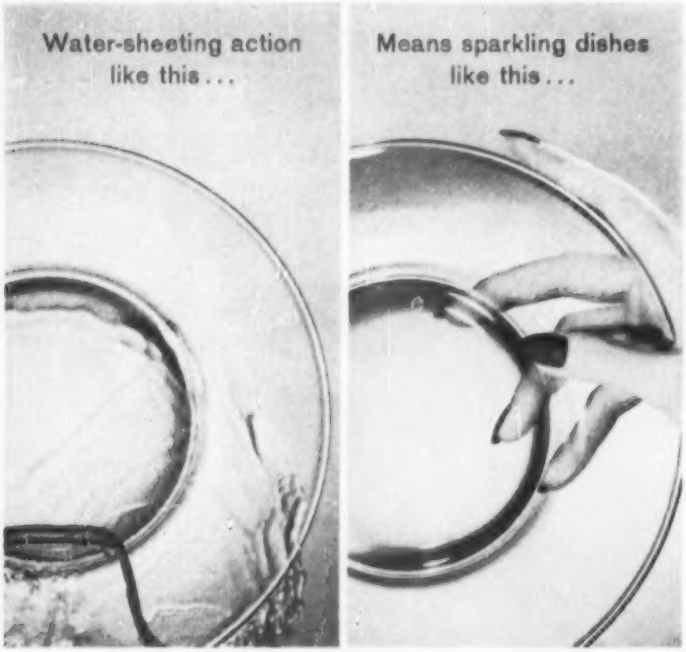
Better than aspirin or aspirin with buffering for **TENSION HEADACHES**

Most headaches are caused by tension that presses on nerves. Anacin contains *special medication* that relieves pain fast, relaxes tension and releases pressure. This special medication is *not* obtainable in aspirin or any buffered aspirin. That's why Anacin gives more complete pain relief.

★ *Largest Selling* PAIN RELIEVER

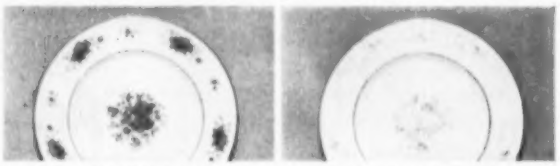
DISHWASHER NEWS FROM PROCTER & GAMBLE

Look! Cascade's dramatic water-sheeting action ends spots, streaks and film!



Only Cascade contains Chlorosheen to change water drops into clear-rinsing "sheets" that stop spotting as no other leading detergent can! You'll see a sparkling clean difference when you put Cascade in your machine. These dramatic photos show why. Notice how the water on the plate *at left* is rinsing off in clear "sheets" to slide away food particles and grease. No water drops left behind to dry into messy spots and film! Cascade's exclusive Chlorosheen is the secret. Cascade with Chlorosheen in your dishwasher will mean visibly cleaner dishes and silverware, visibly brighter glassware. For best results, always get Cascade.

Cascade is safer for fine china patterns, too!



WASHED 1000 TIMES IN CASCADE — WASHED 1000 TIMES IN ANOTHER DETERGENT

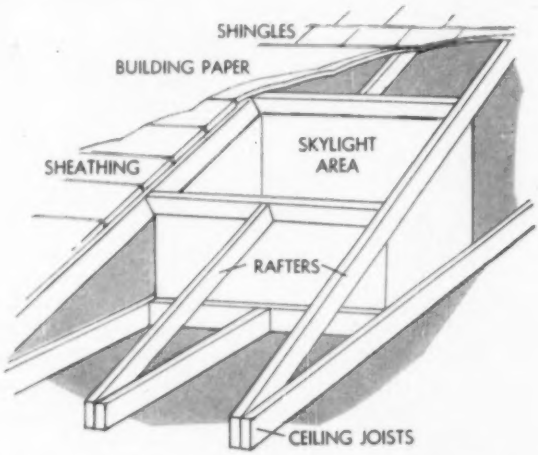
Here's a dramatic example of how Cascade protects finest china patterns as no other leading detergent can. Everyone knows even finest china patterns can fade with time and use as shown by plate *at right* washed with another dishwasher detergent the equivalent of every day for 3 years! But see *at left* Cascade preserves the clear-cut beauty of this pattern. No wonder Cascade is the only leading detergent recommended for safety by the American Fine China Guild.

CASCADE IS ENDORSED BY EVERY LEADING DISHWASHER MANUFACTURER

Install a skylight

One of the best ways to bring more light into an interior space is through a skylight. Using a prefabricated plastic skylight, you can install the unit yourself if you choose.

Cost depends on size and type of the unit. They range from $20 for a flat skylight 14½ by 14½ inches to $600 or more for one about 93 by 113 inches. Bubble dome skylights range from about $33 for the small size to about $650 for the large models. If you choose not to do the labor, installation cost will run from about $25 to $50, depending on the size of the unit and complexity of installation.



Locate opening in ceiling—If the rafters are exposed, cut a piece of cardboard to the size of the opening and select the best location. If the rafters are covered, locate them by drilling a small hole, probing with a wire so that you can center the skylight properly. Remove the ceiling finish to expose rafters and drive four nails through the roof from the underside at the corners of the opening space. These will guide your saw from above.

Cut opening in roof—Using the corner nails as a guide, mark the outlines of the opening with a knife or linoleum cutter. If your skylight uses a wooden or metal curb, check the size of the opening again by placing the curb over it. Remove the guide nails, drill a hole through the roof at one corner and start the opening with a keyhole saw, switching to a larger saw when you have clearance for it.

If the skylight spans more than one rafter space, you will have to put in headers, timbers the same size as the rafters that span the space between the rafters as above, to support the butt ends of the rafter you cut through. You will have to do the same with the ceiling joists if you have a pitched roof as above. If you have a flat roof, the same headers support the ceiling-roof joists and box in the opening. In the case of the pitched roof, you box in the opening from the ceiling joists and headers to the rafters and roof headers with plywood as shown above.

Skylights fasten to the roof two different ways. So-called self-flashing units are fastened atop roof shingles, over the opening, with screws or nails. The roofing is then built up over the perimeter of the flashing flange. For units that have a curb fastened to the opening in the roof, the roofing is cut back from the opening about three inches on all sides and flashing fitted under it. Nail flashing to roof, cover it with asphalt cement, felt, and gravel.

Look!
3 Cheese-Garlic Dressings no one can buy

...make one tonight with this GOOD SEASONS MIX

Good Seasons Cheese-Garlic Dressing. A fresh and creamy dressing, full of fine blue cheese and with an undertone of garlic! Takes seconds to mix. Easy directions on the Good Seasons envelope. You add your favorite oil, vinegar and a little water to the Mix. The water, or a substitute liquid, makes the blend smoother. (A continental chef's secret!) You can use many substitutes, vary the dressing to your own taste. See recipes below for delicious suggestions.

Cheese-Garlic and Olive Dressing. To make this, substitute sour cream or mayonnaise for the water when making your Good Seasons Dressing. Just before final shaking, add 1 tablespoon of chopped ripe or stuffed olives. Wonderful on a green salad. Add French fried onions (canned or prepared frozen), toss with this dressing—a triumph!

Cheese-Garlic Dressing with Wine and Chives. Men cheer for this one. Use wine—white, vermouth or sherry—instead of water. Final touch: add 1 or 2 teaspoons of minced chives or onions. Try it with a new salad of greens, sliced raw mushrooms (marinated briefly in dressing) and slivers of sweet red peppers. Delicious, also, with salads of tomatoes, avocados, sea food, or chilled, cooked vegetables.

do Fri. for Ryan

Get the new Good Seasons cruet, with measurements marked, where you buy the 7 Mixes: Italian, Classic, Cheese-Garlic, Exotic Herbs, Bleu Cheese, Garlic, Onion.

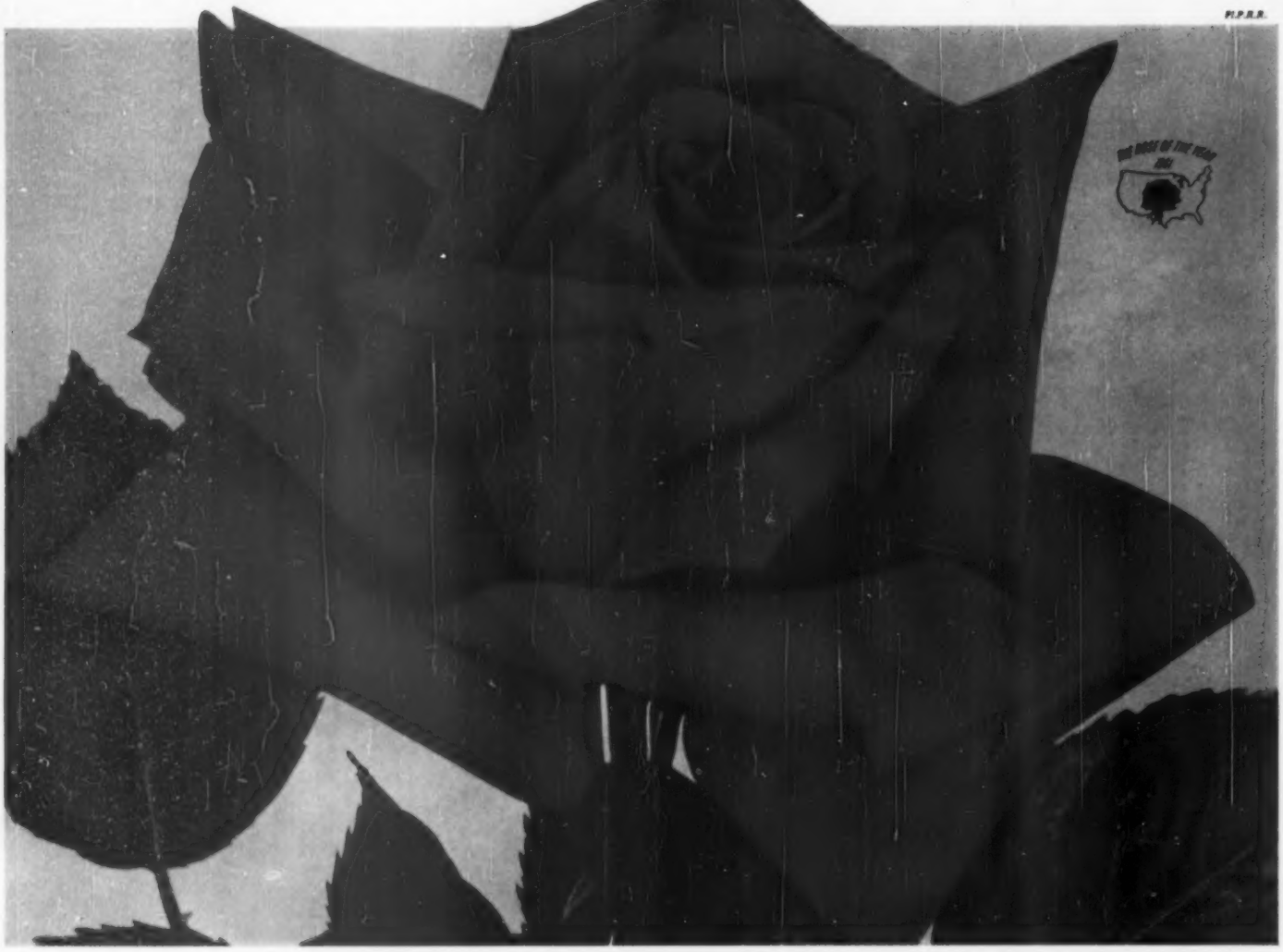
Recipes recommended by General Foods Kitchens

JACKSON & PERKINS

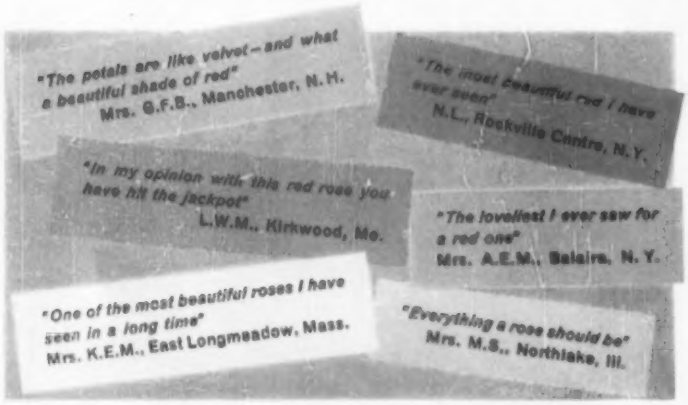
introduces with pride the most glorious red rose of our time

AMERICANA

The 1961 Rose of the Year



Overwhelmingly selected by 10,000 home-test gardeners!



A red as brilliant and stirring as the stripes in Old Glory!

Here it is . . . the most glorious red rose ever created . . . a rose so beautiful in color, form and fragrance that it was selected by 10,000 home-test gardeners as The Rose of the Year for 1961.

AMERICANA is the rose lover's dream come true! IT'S RED . . . a brilliant, fiery, *unfading* red that continues to glow until the last petals wither and fall. IT'S BIG . . . with blooms well over 6 inches across . . . huge blooms that last for days even in the hottest weather. And IT'S FRAGRANT – just the scent you would expect in the "perfect" rose. *AMERICANA* is but one of the dozens of prized roses you will see in the new Spring 1961 J&P Catalog. Mail the postage-free card provided above for your FREE copy!

The Most Beautiful Rose Garden You've Ever Had Starts Here —FREE

To get your FREE CATALOG

Fill in and Mail This Postage-Free Card

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First Class Permit No. 25, Sec. 34.9 P. L. & R. Newark, N.Y.

Jackson & Perkins Co.

15 Rose Lane

Newark, NEW YORK

To Receive Your

FREE CATALOG

—Fill In, Detach and Mail This Postage-Free Card Today!

IMPORTANT NOTE FOR WESTERN GARDENERS...

If you live in Arizona, California, Idaho, Montana, Nevada, New Mexico, Oregon, Utah, Washington or Wyoming — you will receive the special Western Edition of the J&P Rose Catalog . . . and you may order roses direct from our California office.

JACKSON & PERKINS CO.

15 Rose Lane, Newark, NEW YORK

Please send me, absolutely free, a copy of your big new Spring 1961 Rose Catalog — picturing and describing guaranteed-to-grow J&P Modern Roses and Perennials.

Print Name.....

Address.....

City.....Zone.....State.....

ORCHID MASTERPIECE *(Pl.P.R.R.)* Very first orchid-colored rose!

BRONZE MASTERPIECE *(Pl.P.A.F.)* Coppery old-gold buds – huge 6" bronze blooms.

NEW ROSES FOR 1961

PERSONALITY *(Pl.P.R.R.)* Golden yellow 6 in. blooms – overlaid with splashes of fiery red.

CASTANET *(Pl. Pat. #1840)* A new Floribunda – brilliant coral-orange blooms.

JUST fill in, detach and mail this postage-free card – and you will promptly receive, *absolutely free*, Jackson & Perkins brand-new Spring 1961 Rose Catalog. Yes, yours free – the one catalog that will enable you to plan, plant and grow the most beautiful rose garden you've ever had!

Within its 50 full-color pages you'll see many new 1961 roses – like the glorious *AMERICANA* (shown on the opposite page) and the four new roses described here – plus many more! You'll also see all the established J&P favorites – the greatest selection of prized Hybrid Teas, Floribundas, Tree Roses, Climbers, Miniatures, Grandifloras *ever* offered! There's a wide selection of hardy J&P Perennials, too – plus planting hints, money-saving offers, etc. All plants are guaranteed to live and bloom in your 1961 garden! Supply of catalogs is limited – so be sure to mail the postage-free card today!

Jackson & Perkins Spring 1961
CATALOG of ROSES
and Perennials

FREE

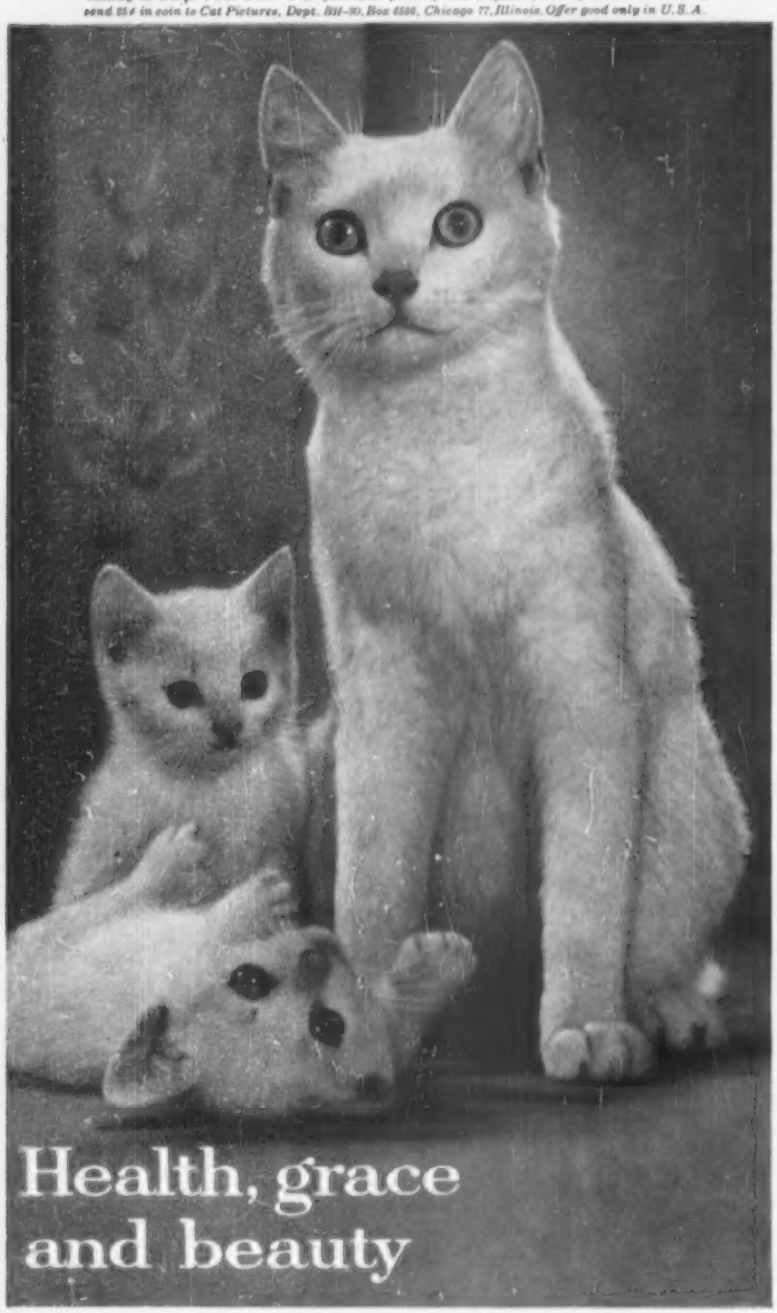
50 PAGES IN FULL COLOR

Originators of great new Roses since 1872

JACKSON & PERKINS CO.
World's Largest Rose Growers
Newark, NEW YORK

NOTICE TO WESTERN GARDENERS IF YOU LIVE IN ARIZONA, CALIFORNIA, IDAHO, MONTANA, NEVADA, NEW MEXICO, OREGON, UTAH, WASHINGTON OR WYOMING – YOU WILL RECEIVE A SPECIAL WESTERN EDITION OF THE J&P CATALOG

"Melody in White". For a 6¾" x 10" full-color print of this original photo by Walter Chandoha, send 25¢ in coin to Cat Pictures, Dept. BH-30, Box 6505, Chicago 77, Illinois. Offer good only in U.S.A.

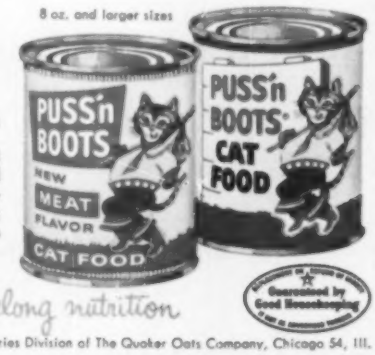


from their daily feeding of

PUSS'n BOOTS

Good nourishment from a balanced diet means healthy, happy cats like these. And a daily feeding of Puss 'n Boots gives quick results—in a glossier coat, more energy and a happier disposition. Start feeding Puss 'n Boots today, and see the difference.

8 oz. and larger sizes



Give your cat her choice: New Meat Flavor for cats who like meat; Original Fish Formula, for cats who like fish—each containing all the good nutrition for which Puss 'n Boots Cat Food has been famous for well over 25 years.

Once a day—Every day—for lifelong nutrition

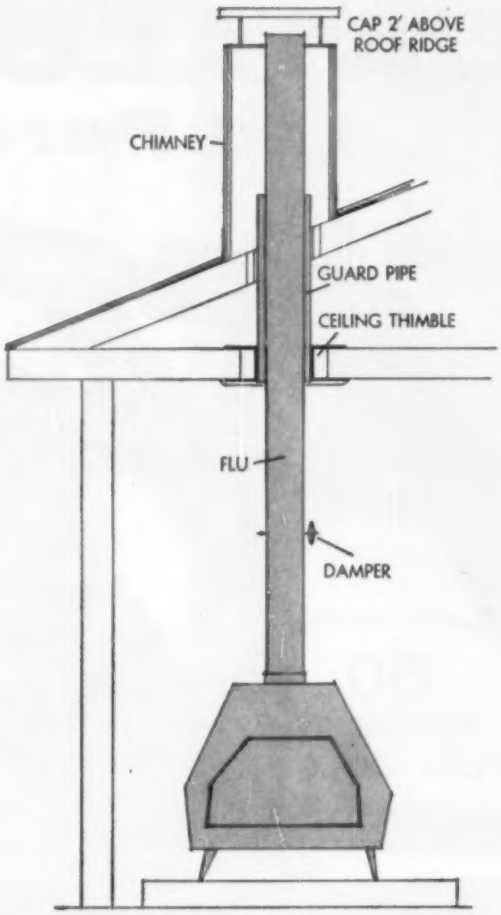
Guaranteed by Good Housekeeping

Coast Fisheries Division of The Quaker Oats Company, Chicago 54, Ill.

Add a prefab fireplace

There's something about a fireplace that appeals to the American temperament—and today's manufacturers make it easy to add one in your present home. Prefabricated fireplace units are available everywhere in a wide variety of styles, sizes, and prices. Installation is comparatively simple; if you're handy enough, you can probably do it yourself. Or, with the instructions supplied with most units, you can supervise the installation by a pro.

You'll need to plan a hearth platform of heat-resistant material. It can be brick, concrete, stone, marble, clay floor tile, or asbestos board.



For the flue, you'll need to cut a hole in both the ceiling and roof (if you have both). If your home is two stories, you'll want to plan the location of the fireplace so that the flue can be hidden in an upstairs closet or boxed in at any easily disguised spot.

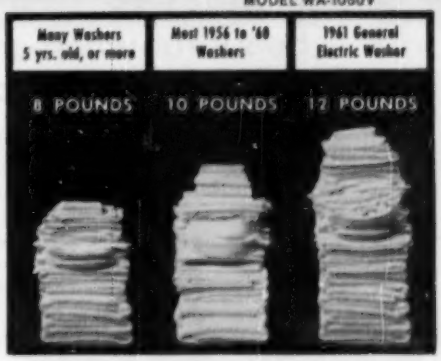
Where the flue passes through the ceiling, a "thimble" or "collar" ties the flue to the ceiling and masks the opening for a neat job. At the point where the flue goes through the roof, a roof jack (which adjusts to the pitch of the roof) helps make the joint. These openings should be accurately marked and cut with a drill and saber saw.

The guard pipe and outer chimney installation complete the job. Check local codes on how far up cap must extend.

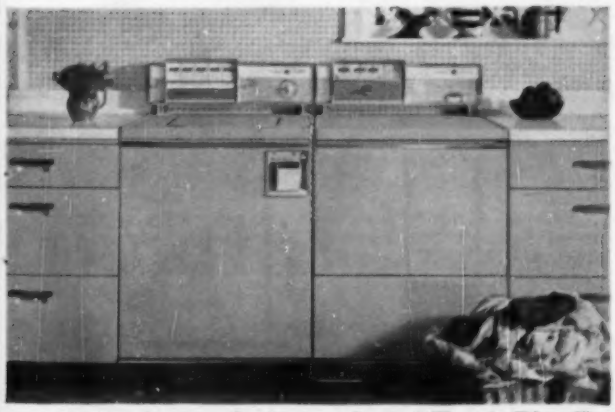
The cost? A lot depends on whether your house is one or two stories. The fireplace units also vary considerably. Generally, a prefab costs from $250 to $575, installed.

MODEL WA-1060V

The 1961 General Electric Filter-Flo® Washer fits like a 'built-in'...and washes a bigger-than-ever load...12 pounds!



COMPARE the new General Electric big capacity with that of older washers. The big 12-pound load saves you time, work, hot water, detergent!



NOTICE how neatly the new General Electric Filter-Flo Washer and matching High-Speed Dryer fit—like 'built-ins.' Washer hoses are built inside, plumbing connections fit in recess at rear. Put this pair (Mix-or-Match colors or white) in kitchen or other living area.

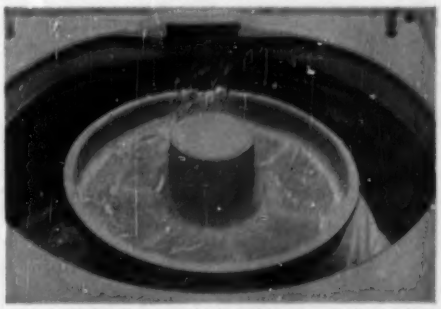
Put this General Electric Filter-Flo Washer just where *you* want it—and save floor space (about ½ foot in depth). It's counter height and depth: 36" high, 25" deep, fits neatly between cabinets, flat against the wall.

And it gets every piece in a whopping 12-lb. load truly clean. (That's 20% increase in capacity over previous models.) The new-design Activator®, driven by a more powerful motor, gives *piece-by-piece* washing action.

See your General Electric dealer for his prices and liberal terms for this new washer and matching High-Speed Dryer. General Electric Co., Appliance Park, Louisville 1, Kentucky.

Progress Is Our Most Important Product

GENERAL ELECTRIC



NO LINT FUZZ on clothes. Lint is caught in the filter, as the famous Filter-Flo Washing System cleans and re-cleans the wash water. Filter also dispenses detergent evenly throughout wash load.

Marlite areas: Walls and counters—Swiss Walnut Random Plank, Yellow Plank, Peg-Board. Ceiling—Polar White Blocks. Interior by Ving Smith, A.I.D.

New Marlite RANDOM PLANK

beautiful wood-grain paneling in six Trendwood® finishes

Perfect room for active youngsters. It reflects their happy carefree mood . . . and with Marlite paneling on the walls, it's a cinch to keep clean. You see—grease, fruit juices, crayon, ink won't affect this economical "wash and wear" paneling. The exclusive high-heat-baked plastic finish provides remarkable resistance to stains, mars and dents; needs no painting or further protection. And Marlite wipes clean with a damp cloth; stays like new for years. Easily-installed tongued and grooved Planks for a 12-foot by 8-foot wall cost as little as $52. Choose from attractive wood finishes, colors, marble and decorator patterns. Available in convenient sizes at your building materials dealer. Send coupon for full-color folder.

Marlite®
plastic-finished paneling

Marlite Division of Masonite Corporation
Dept. 133, Dover, Ohio

FREE IDEA FOLDER: Please send full-color folder showing attractive room interiors illustrating Marlite colors and patterns.

Name_____

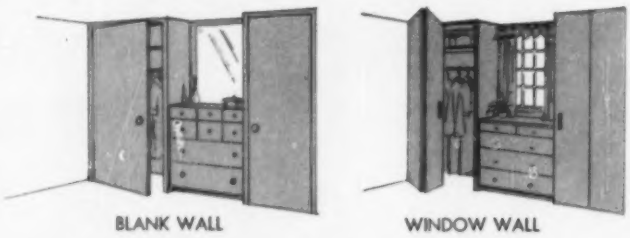
Address_____

City_____ State_____

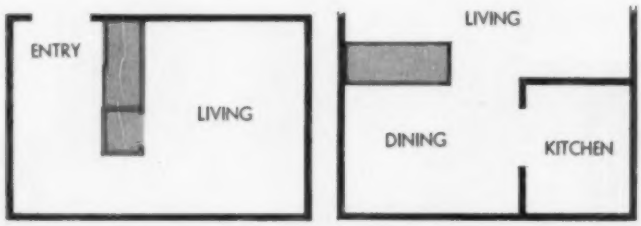
ANOTHER QUALITY PRODUCT OF MASONITE® RESEARCH

Add a new closet!

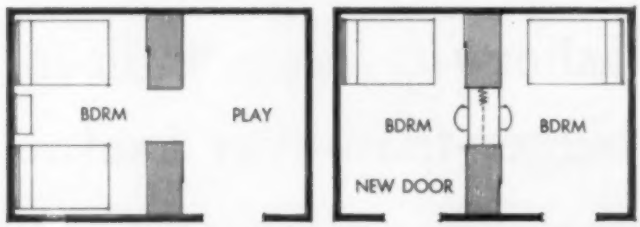
Take a look around your house with an eye to discovering places where you can add valuable storage space without sacrificing living space. At sides or ends of rooms—even on walls with windows—you can build shallow reach-in wardrobes which add loads of storage space while reducing room size by mere inches. You can do the same at stairwells, too. Or make new wardrobes serve double duty as room dividers. Storage wall dividers can even transform large but awkwardly arranged old rooms into smaller new ones.



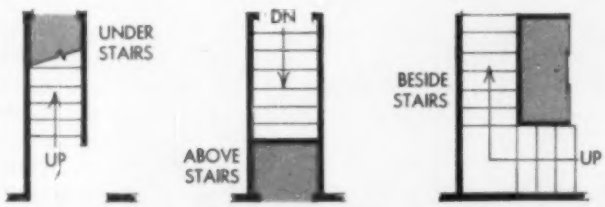
End-of-the-room closets can be added these two ways. They are simply plywood boxes with a small chest between. Doors can be by-pass sliding type, bi-fold, or conventional.



Use new storage closets as room dividers to break up large space and screen separate areas. The suggestions shown here create an entry hall and a dining area in living rooms.



Storage walls, built to the ceiling if you want, can be used to divide a large bedroom into smaller ones. Division can be partial, as at left, or complete, as shown at right.



Stairwell closets are easy to build under the stairs. Or they can be hung above the foot of the stairs, allowing plenty of headroom. You can build a coat closet beside a stairway, too, making an entry closet.

Lower East Coast... one of Florida's nine vacation regions

See uncommon beauty in this storied playground

Fort Lauderdale is a boatman's paradise with 165 miles of waterways within the city.

Beaches of the Lower East Coast are superb. Bask anywhere on a hundred miles of golden sand. Swim in effervescent surf. Troll the cobalt-blue waters of the near-by Gulf Stream from fully equipped charter boats. Deep-sea fishing is world-famous.

Most people know the Florida Lower East Coast for its storied resort life. Yet, its renowned facilities for fun are no more than a match for its uncommon beauty.

Its scenic waterways are spellbinding. You can cruise 100 miles, from Jupiter to Miami, never out of sight of enchanting tropical scenes. Flamboyant blooms all but hide handsome homes that line the shore. Overhanging palms dapple the waters with shadow.

Train your lens at sleek yachts and comic pelicans, at glistening beaches and sun-splashed cabanas. Cast in the tumbling surf for blues and pompano. Or troll the Atlantic for sailfish.

Stop at Miami Beach for matchless splendor and value. Hollywood, Fort Lauderdale, Pompano Beach, and Delray Beach delight people who like luxury on a simpler scale. Palm Beach and bustling West Palm Beach round out an unlimited choice of places to stay.

If you have associated Lower East Coast fame with high cost, be prepared for a revelation. Come down and enjoy its uncommon pleasures at only ordinary holiday tariffs.

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Here is salad dressing with the happiest of flavors. It's lively. It's pleasing. It teases the tongue. It takes a whole lot of spunky spices to create that Miracle Whip magic. We blend them together under lock and key. The result is a taste nobody's ever been able to copy—and nobody ever will. Inspiration on salads. Delightful inside any sandwich you can name. Better buy a big jar of Miracle Whip Salad Dressing and find out for yourself!

Cinnamon Apple Salad

6 tart apples	1 c. Kraft Miniature Marshmallows
1 c. red cinnamon candies	½ c. chopped celery
2 c. water	1 c. seedless raisins
Miracle Whip Salad Dressing	½ c. chopped pecans

This will be the apple of everybody's eye. Pare and core apples. Cook candies in water till dissolved. Add apples: simmer until tender, turning frequently. Chill thoroughly in syrup. Turn to color evenly. Now for the inside secret—blend ½ cup lively tasting Miracle Whip with remaining ingredients. (Miracle Whip's unique flavor and rich as country cream texture make even coleslaw and potato salad take on an exciting flair.) Drain apples. Place on salad greens. Stuff centers and top with additional Miracle Whip. You've got quite a salad. Adam never had a chance with flavor this good!

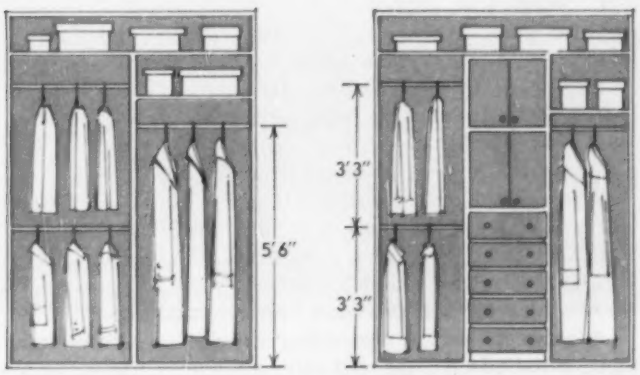
Remodel an old closet

When you decide to remodel an old closet, you need to plan it so that you get more storage in the same floor space. Do this by rearranging the layout of the floor plan or changing the vertical storage arrangement, or both. The shallow reach-in closet is one of the common types and here are two ways to improve it:

In the original plan, a single clothes pole ran lengthwise in the closet before the remodeling. From the standard narrow doorway, it was difficult to reach clothes hung in either extreme end of the closet.

The revised plan, left above, has clothes poles across the width of the closet. On one side of the door, pole is at a standard height, 5 feet 6 inches, for full-length clothes. On the other side, a pole is put across the closet at 6-foot height and another is put below it at 3 feet 3 inches. This side is for jackets, skirts, and other short clothing. The hanging space is increased by about one third and it is now possible to walk into the closet to reach any item you want. The shelf storage in the upper part of the closet hasn't been affected by this change.

The second way to treat the same closet requires more extensive remodeling but yields even more storage, as shown in the plan above (right) and in the drawings below. The use of sliding wardrobe-type doors allows you to design reach-in storage and utilize every inch of space in the area of the closet. The first step in this change is to enlarge the door opening to accommodate the sliding doors. After the opening has been framed-in, the interior can be planned to suit individual needs.



The reach-in wardrobe type designs above are only two examples of the many possibilities that can be worked with this closet. The design on the left has more space to hang clothes than the one on the right. There is more shelf space on the right to store such items as hat and shoe boxes, pocketbooks; and notice the drawers near the bottom on the right for shoe storage. Again, in both cases, part of the space to hang clothes is a split-level arrangement for short clothing. You could build in an unfinished chest in the vertical shelf space on the right, or perhaps put small doors on built-in shelves.

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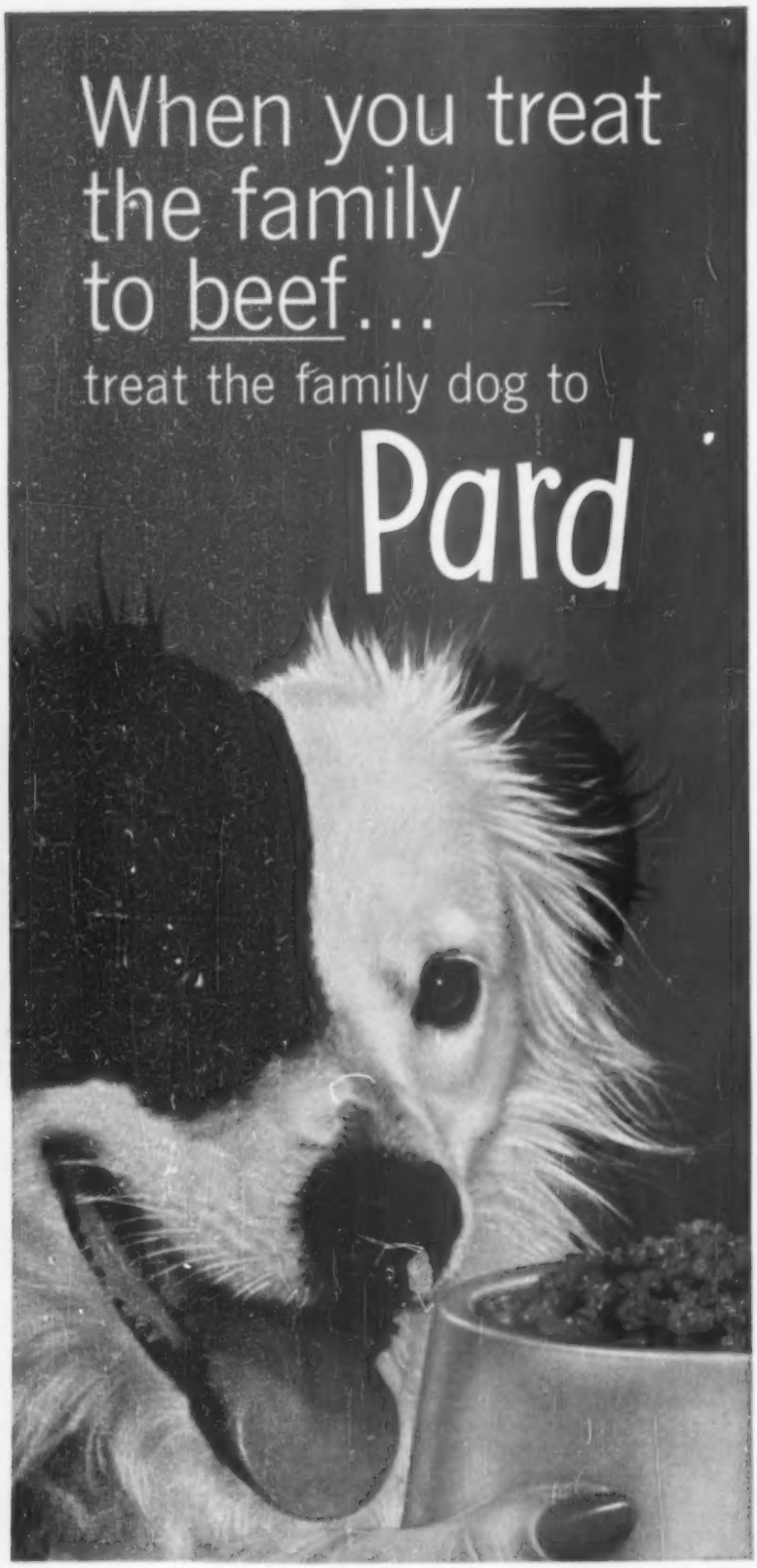
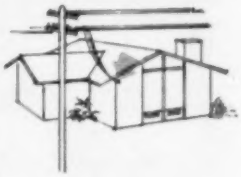


All the meat is beef in Pard

Beef gives your dog meat protein—the complete and perfect protein that builds strong, firm, healthy bodies. It's a lucky dog that gets Pard for dinner—because all the meat is beef in Pard. Treat your dog today to LICKIN'-GOOD PARD.

Remodel your wiring, too

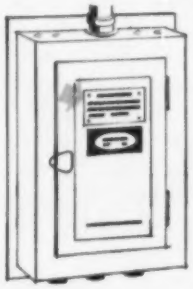
When making plans for remodeling your house, don't forget the electrical wiring. Even houses built only a few years ago may have wiring that is inadequate for the added space and electrical equipment called for in your remodeling plans and the power requirements of future years.



If you've noticed any of the obvious signs of "low housepower"—fuses blowing often, poor performance from appliances, flickering lights when motors cut in, then your wiring is overtaxed.

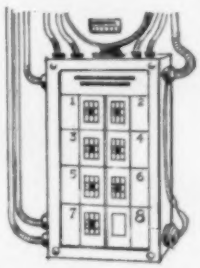
However, even if your system is working just under its maximum now, you won't be able to add anything new to the load without straining it to the danger point. For this reason, an extensive remodeling plan should include a thorough wiring check by a competent electrical contractor.

You can make a preliminary check of your present system yourself by following these hints: If you're planning for any equipment requiring 220 volts in your remodeling, check the power lines entering your house.



If there are *three* lines coming from the power company's pole to the service entrance on your house, then you're in pretty good shape. But if there are only *two* lines, you can count on a rewiring job.

An easy way to check your present wiring's capacity is to simply look at the name plate on your switch box, which shows the amperage and voltage; 60 amps is the accepted minimum, but you'll be better off for present needs with a 100-amp. box. And if you want to be prepared for future needs, a 200 amp. box is the thing.



Of course, if you increase the amount of power coming into the box, you'll have to upgrade the capacity of your wiring system, too. You'll have to increase wire sizes and/or add circuits to do this.

Here's where your electrical contractor can help. He'll analyze your needs and tell you what must be done. Much of your present wiring can be used in an expanded system; your contractor will take this into consideration.

A complete wiring remodeling should have these minimum standards: a three-wire service entrance, a main switch of at least 100 amps. a general purpose circuit for each 500 sq. ft. of floor space in your home, two or more appliance circuits, and plenty of convenience outlets.

Besides these, the kitchen and basement shop should have separate circuits for lighting and appliances.

How much will all this cost? It will vary, of course, but typical remodelings cost from $200 to $500.

These are really small figures when you consider the added property value, convenience, and safety.

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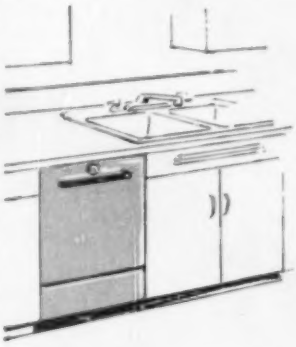
Add dishwasher, disposer

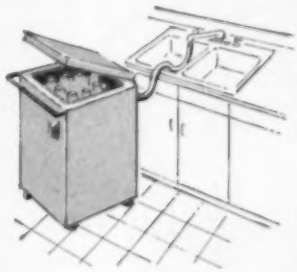
Here are the important facts to keep in mind when you consider addition of dishwasher or food waste disposer. Several types of dishwashers are available, so you first must decide which you prefer. Then, because sizes vary, measure proposed location in your kitchen to make sure your choice will fit. Check local electrical and plumbing codes. Find out installation costs before work starts.



Installation costs vary depending on wiring and plumbing required. Minimum for disposer varies across the country from $15 to $35, but may run you more in older homes if extensive changes are needed. Dishwasher minimum varies from $30 to $50, but may run above $100 when cabinet work is needed.

Satisfactory operation of both requires adequate voltage, and hot water.

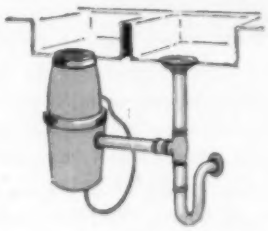
Of the six types of dishwashers, you're sure to find one that fits your kitchen. Undercounter built-in fits into standard cabinets. Most are 24 inches wide; some are 30. Choose front- or top-loading. With front load, allow four feet in front for room to walk if door's open. Mobile dishwashers require no installation. Just roll out, attach to faucet. Both front- and top-load are on the market. Newest variation is mobile unit you may build in later. A freestanding dishwasher is permanently installed just like the undercounter units, but has its own counter top.



Also available is a combination dishwasher-sink. There's a thin unit to set on counter or recess in wall. Faucet-dishwasher attachment's handy.

When you consider adding waste disposer, you'll find there are two types, although both are installed in the same general way and require about same under-sink space. Adapters and other special aids for installation in older sinks are available.

Good point to check is whether or not your city permits the connection of disposers to its sewerage system. You may use a septic tank if capacity is adequate. A continuous-feed type disposer permits scraping food in as it operates. Or you can fill and then turn it on. Separate control switch may go anyplace.



On top-control unit, starting switch actually is in the cover in the sink. Rotation of its top turns this type disposer on.

Today's waste disposers are a hardy lot, as are the new dishwashers. Both are quieter, much improved since they first came on the market. And even though installation in an older house may involve extra steps and thus mean some increase in cost, you'll increase resale value as well as everyday convenience for your family. Why wait?

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NESTLÉ'S MAKES THE COZIEST COCOA
real old fashioned flavor...ready instantly

Good morning! Nestlé's is the only instant cocoa with whole milk and sugar—made expressly to be enjoyed hot. It's the only instant cocoa you can make perfectly with water. And it's the only one with all these extra nutrients: Vitamins C, B_1, D_2 and Iron. Make it a *good* morning with the special chocolate flavor and cozy warmth of Nestlé's® EverReady®—the deluxe instant cocoa in the bright red package. Get some today!

IT'S INSTANT

Left: Nordic. Right: Mayflower 5-piece place setting—$7.95. Substantial savings on sets.

Yes, but you cannot tell by just looking! Carefree is translucent, real "company china"... yet so durable you can use it every day—even with a houseful of children. Truly the aristocrat of casual china, Carefree is made with the same skill and ingredients as famous Syracuse Fine China. And yours for little more than you'd pay for pottery or plastic.

- *Guaranteed against breaking, cracking or chipping within one year!*
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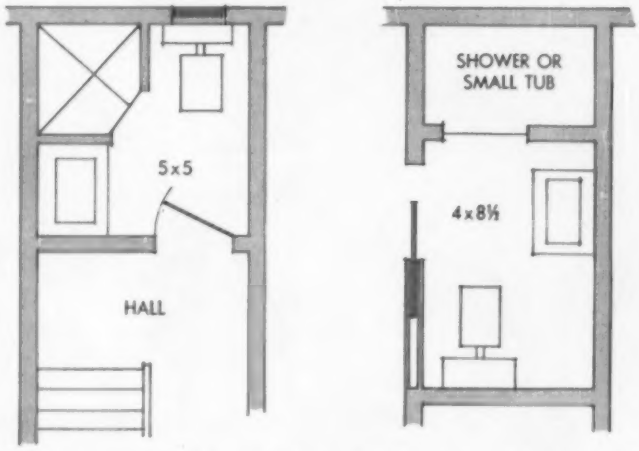
Send post card for color brochure and dealer's name Syracuse China, Dept CH-161, Syracuse 1, N.Y.

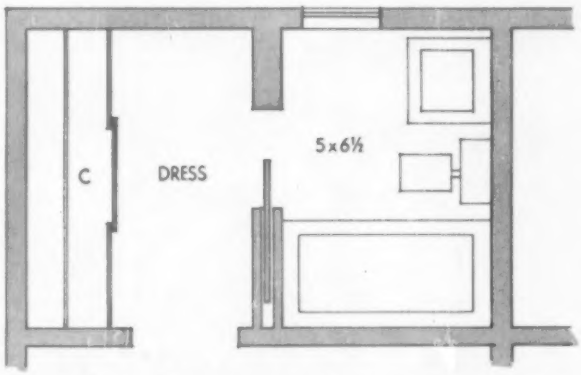
Add a small-space bathroom

If your remodeling calls for the addition of a bathroom, you'll be facing three problems—finding the space, arranging the fixtures efficiently, and fitting your budget to your plans. To help solve these, we've gathered this information for you. With it, you can start planning.

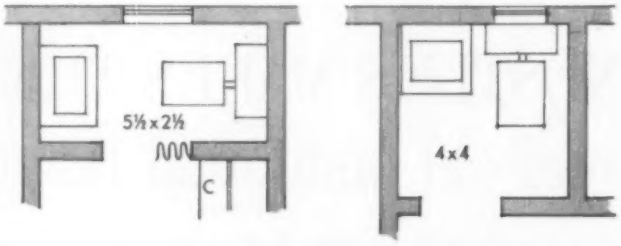
As you plan, remember that *location* is important—the closer the new fixtures are to existing water supply, drainage lines, and vents, the less it will cost you. A new upstairs or downstairs bathroom should be located directly above or below an existing bath.



Plan for end of a stairway hall (left) shows how to work with a small square space. Longer, narrow space (right) works efficiently with a sliding door.



This bath-dressing room combination works well in a long, narrow master bedroom of an older home. Sliding doors on both sides of the dressing area save floor space.



A half-bath in the children's sleeping area usually takes the pressure off an existing bathroom. The two fixtures required will often fit into an oversize closet (left); the folding door saves space and money.

Continued

Room designed by Jeremiah Goodman, A.I.D.

Tranquil and meaningful, this room's quiet dignity is more than architecture. It reflects an approach to living—serenely expressed by the Nakora® paneling. The wood itself—grain figures, color variations, textures—counts as its own decoration. Nothing artificial or superimposed, nothing but real wood, luxuriously finished to bring out its natural warmth. You can feel the difference! See Weldwood® paneling at your Weldwood lumber dealer's.

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See how the same wood paneling, Weldwood Nakora, harmonizes perfectly with either Japanese or Western decor. Or choose teak, oak, cherry—or any of 70 Weldwood real wood panelings as low as $28 for a 12′ x 8′ wall.

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Touch a snow-white handkerchief to dust catchers like this and see how clean Electric House Heating can be

Look how clean flameless electric house heating keeps the modern home

Already more than 850,000 families in every part of the nation are enjoying the clean comfort of truly modern heating at lower cost than most people believe possible

If dust is a problem in your home, you should know about electric house heating.

In a word, it's clean.

From home after home where electric house heating has been tried and found a blessing, you hear enthusiastic and constantly repeated comments like these:

"Dusting isn't nearly the nuisance it used to be..."

"Even drapes stay clean and new-looking..."

"Walls and ceilings keep a fresh-painted look longer than you'd ever think possible..."

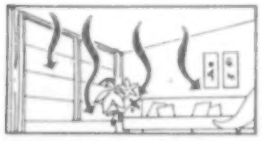
And there are other comments, too. Eagerly, people volunteer such information as, "There just aren't any cold drafts or hot blasts." "We've never felt so completely comfortable." "It's amazing—there's just no maintenance to pay for or worry about."

Clean, even electric house heating is well worth your looking into. Over and above providing you with comfort and convenience beyond your fondest dreams, it has the practical advantage of enhancing the value of your home. Modern today, it will be just as modern in your children's time.

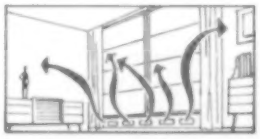
Give careful thought to electric house heating. If you're planning to build, buy or modernize, talk over electric house heating with your local electric utility company.

For brief, factual information on basic methods of modern electric house heating, look carefully at the diagrams below.

Flameless Electric House Heating is so clean
YOU LIVE BETTER ELECTRICALLY
Sponsored by Edison Electric Institute



Ceiling cable heat is invisible. Wires less than 1/8" thick are fastened to ceilings before plastering. Each room can have a thermostat.



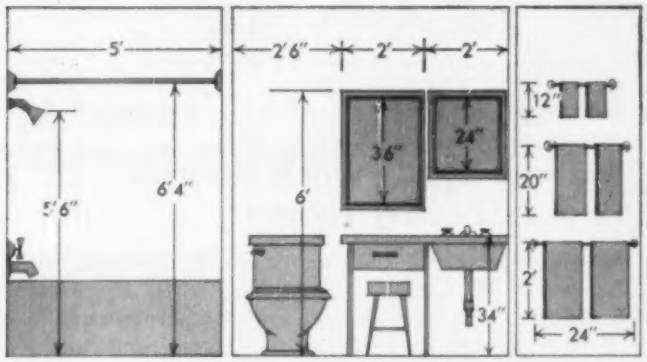
Baseboard units heat by both radiation and convection. All surfaces are warmed evenly, and control is by individual room thermostat.

Wall panel heaters have heating coils located behind a decorative grill. Small fans may be used with this thermostatically controlled unit.

Heat pump heats home in winter, cools it in summer. It's automatically reversible and maintains any desired year-round temperature.

Electric furnaces provide compact central heating systems which can be combined with central air conditioning for year-round use.

Add a small-space bathroom *continued*



These diagrams show you the minimum dimensions of standard bathroom fixtures and accessories. You can use them as a guide in planning the arrangement of your new bathroom. Average depth of fixtures is 28 to 30 inches.

With squared paper, make a scaled plan of the floor space you have available. Then draw in the necessary fixtures. You can do the same for each of the walls by making rough sketches similar to the ones above. This will help you locate towel racks and other accessories, too.

The cost tables below are approximate prices for almost everything you'll need. These costs show the range from the most minimum to the most luxurious for each item. When you establish a budget, you'll want to check local prices.

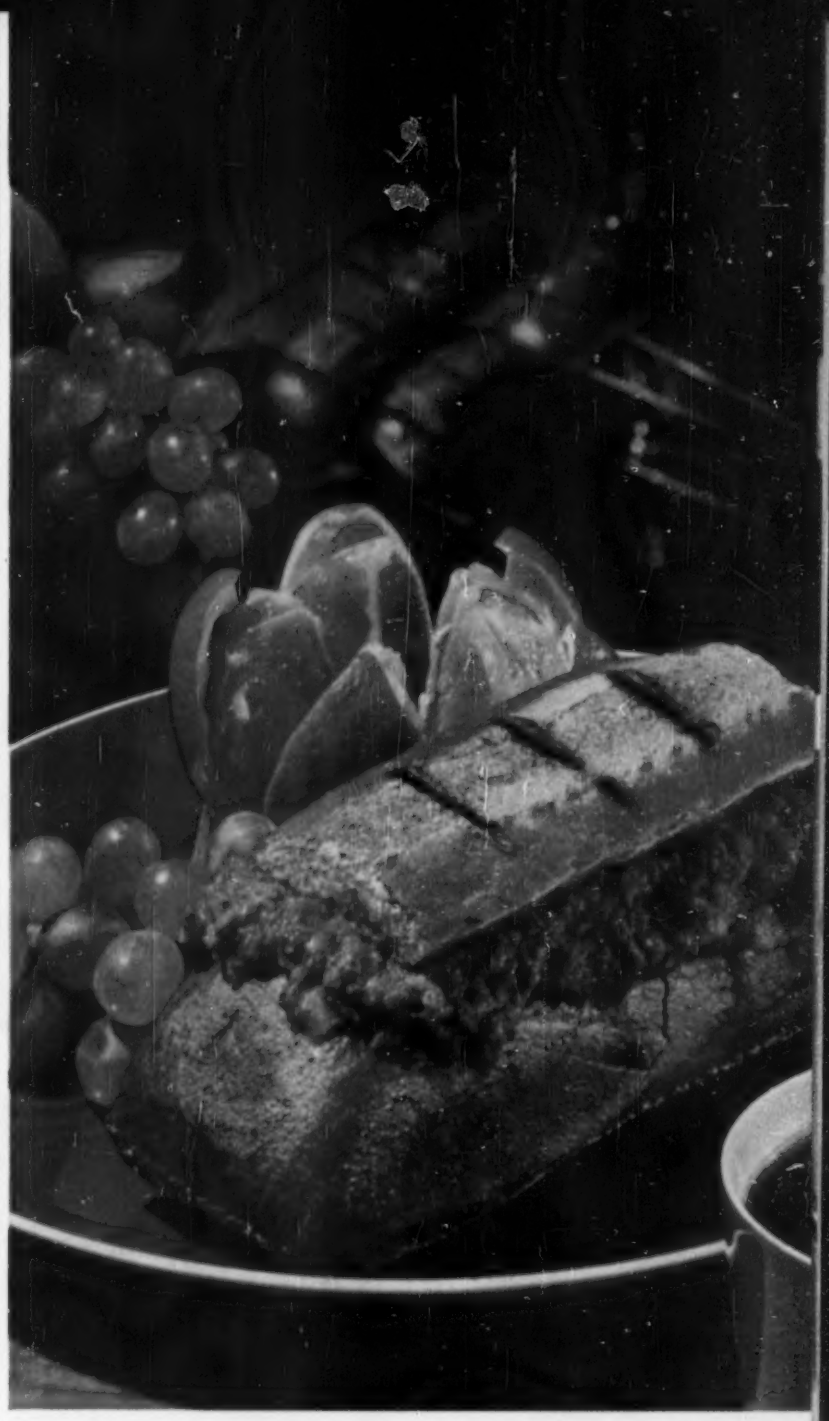
Fixtures and accessories

	(Price range) Low	High
Lavatory	$22.00	$135.00
Tub	$90.00	$200.00
Water Closet	$35.00	$197.00
Lavatory Cabinet (5')	$125.00	$200.00
Shower Enclosure (steel stall)	$75.00	$275.00
Medicine cabinet	$18.00	$150.00
Mirror	$25.00	$200.00
Add-on Shower	$22.00	$50.00
Duplex-outlets	$7.00/each	
Light switch and fixture outlets	$7.00/each	
Hot air heat ducts (average room size)	$35.00/run	
Flush doors, 2½x6⅔ feet	$10.00/each—hollow core	

Surfacing materials

Walls	Material only	Material plus labor
Ceramic tile	$1.25/sq. ft. $1.00 for trim	$3.00/sq. ft.
Plastic tile	$ .90/sq. ft.	$1.40/sq. ft.
Wallboard and paint	$ .10/sq. ft.	$ .25/sq. ft.
Plastic-finished hardboard	$ .45/sq. ft.	$ .55/sq. ft.
Counters		
Linoleum	$3.10 Back foot*	$4.50 Back foot
Plastic	$3.10 Back foot	$4.50 Back foot
Laminated plastic	$4.75 Back foot	$6.75 Back foot
Ceramic tile	$7.00 Back foot	$16.00 lineal ft. (includes 6'' splash)
*lineal foot measured at back		
Floors		
Asphalt tile	$ .20/sq. ft.	$ .30/sq. ft.
Rubber tile	$ .40/sq. ft.	$ .50/sq. ft.
Vinyl-asbestos	$ .25/sq. ft.	$ .35/sq. ft.
Vinyl tile (pure homogeneous)	$ .70/sq. ft.	$ .90/sq. ft.
Pure translucent vinyl	$1.70/sq. ft.	$2.00/sq. ft.
Linoleum (inlaid)	$3.90 sq. ft.	$6.50/sq. ft.
Ceramic tile	$1.25 sq. ft.	$2.00 with mastic $2.25 with concrete

Ceramic accessories (6 pieces) $35.00
5-foot sliding shower door (¼-inch glass) $70.00



HEARTHSIDE HAMWICHES

Mix 4½ oz. can UNDERWOOD DEVILED HAM, ¼ lb. grated cheddar cheese, 2 tbsp. chili sauce, ¼ cup chopped onion. Remove strip of crust from top of four French rolls — scoop out centers. Fill rolls — replace crust. Toast over hot coals, or under broiler 'til brown. Serves 4.

Cook-ins are fun—over an open fire, or in your broiler—with hot, crispy Hearthside Hamwiches. Flavor secret? Underwood Deviled Ham and its luscious "go-together" goodness. For wintry days, have plenty of Underwood Deviled Ham on hand.

P. S. The handy ham made from fine whole hams.

Try another fine Underwood product—UNDERWOOD LIVER PÂTÉ

FOR FREE PARTY RECIPES WRITE: ANNE UNDERWOOD, DEPT. B11, RED DEVIL LANE, WATERTOWN 72, MASS.

IDEAS IN ACTION

Never a Hopeless House

Make a hobby work counter in your family room

A wide counter and four, high stools accommodate the hobbies of Mr. and Mrs. Peter Merley and their sons, Dennis and Steven. The counter is surfaced with laminated plastic, which is easy to clean and difficult to mar or stain. Fluorescent tubes, attached to the bottom shelves of the upper cabinets, flood the work counter with light. Note the color scheme: the counter drawers match the colors of the upper storage cabinets.

Everything fits in this preplanned basement

OPPOSITE PAGE

This family room was a planned expansion when Adolph and Gertrude Cramer, Glencoe, Illinois, first started building their home. The fireplace and heating ducts were installed when the house was built. When their children grew older, they finished off the room you see here.

The recess in the wall (top photograph) for books, TV and hi-fi equipment brings all the quieter activities in the part of the room with the fireplace. A cold air duct meant lowering that part of the ceiling anyway. And, by building in this storage unit, and one at the other end, the Cramers needed less furniture.

Wide hallway (bottom photograph) opens up the room and offers extra usable space when it's music-lesson time. Note how the ceiling was kept low in the entire hall instead of just enclosing the duct work. This end of the family room takes any kind of children's play in stride. Here, Barbara and Sharon Cramer and Cathy Greenbaum get ready for still another job this room does with ease—the weekly meeting of their Girl Scout troop.

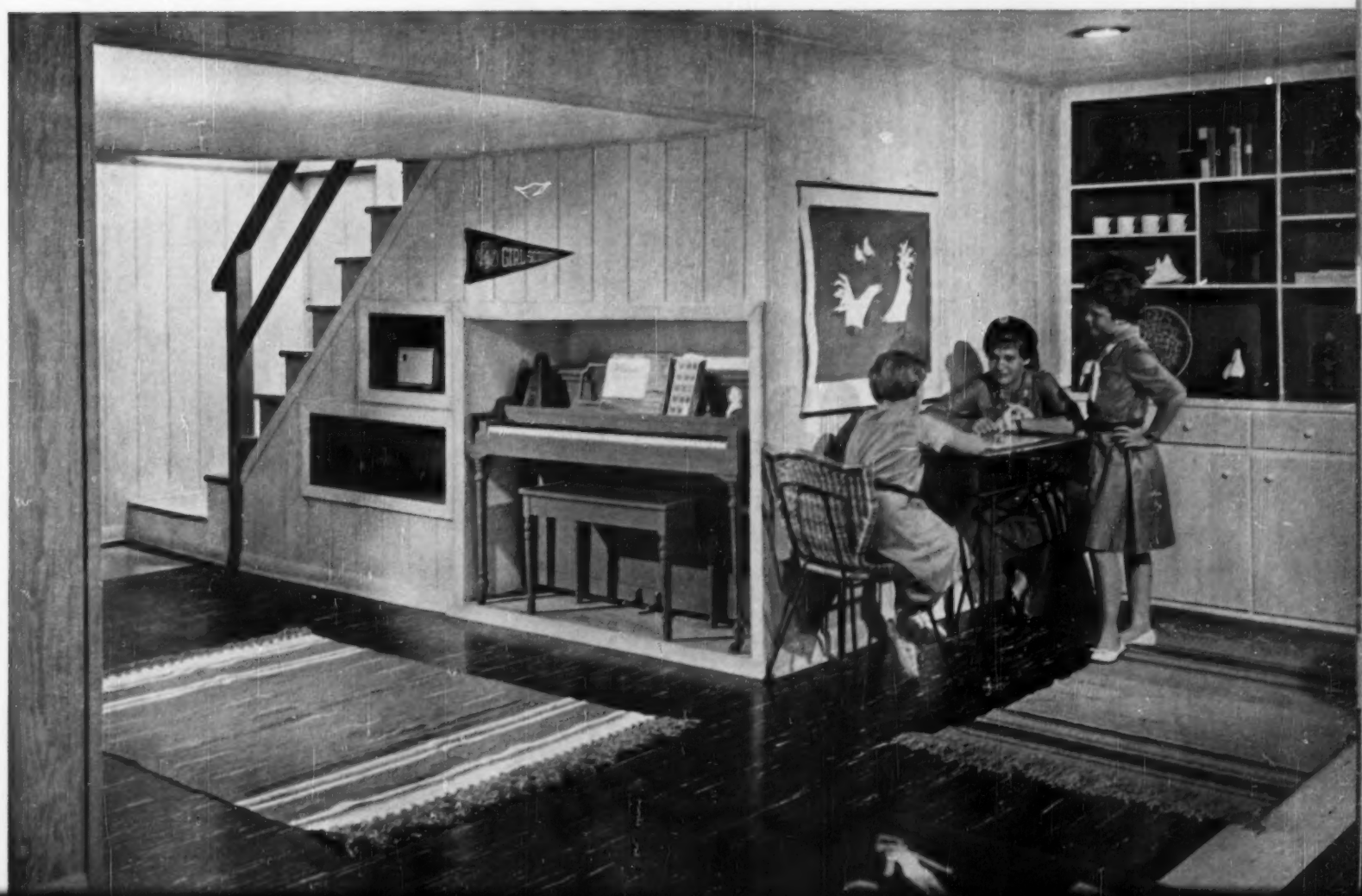
All credits for IDEAS IN ACTION are on page 95

Make an attic seem big with tall ceilings

The "half-story cramps" are missing in this older home in San Francisco. The owners, Mr. and Mrs. Charles Dreifus, Jr., finished the sloping roof line right up to the top. A flat ceiling, about the height of the tie beams, would have made this bedroom appear much smaller.

You can pick up other ideas for your own attic here, too. The desk-closet arrangement around the end windows could be adapted to any attic room. And, the trim good looks of the twin beds with their reading bolsters show how you can make good use of the knee walls.

S. DYRUP & CO



Split it in half

Clark and Jack Sisk need only to pull the folding wood door when they want to divide their bedroom. Counter unifies their rooms when the door is open. Black plywood conceals fluorescent tube attached to wall above.

Kids' mud room closet hangs on the wall

The children in the Paul Painter home keep all their "ready-to-go" things in this practical mud room unit. Boot shelves are hardware cloth so mud, slush can drip through and be washed down a drain in the tile floor.

FAR RIGHT

Now this stairway is bright all day

This whole stairway and the hall at the top were once dark both day and night. The small light fixture just didn't do the job, especially in the daytime. The Clifford Chaudrons installed a plastic skylight between two ceiling rafters—now the entire area is bright and cheery.

Add color with plastic

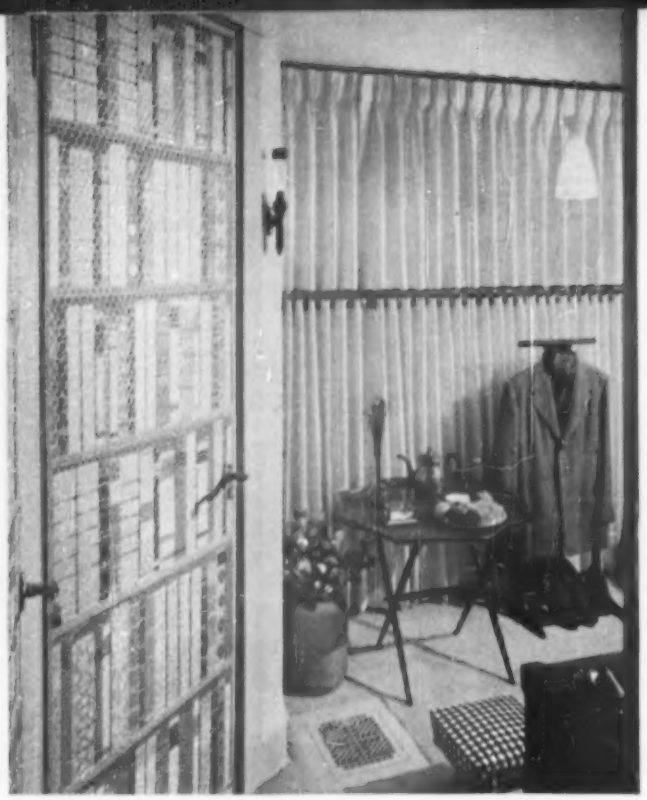
A new plastic material in a simple 2x3 frame brings color to this living room and forms an entryway. Springs in the top supports grip the ceiling; the "feet" are furniture legs. From the home of the Edward F. Robisons.

Can't build in closets? Use mobile wardrobes

Two, folding-door, steel wardrobes supply two girls with all the clothes storage needed. Note the pulldown lamps and the vanity shelf, which are attached to the cabinets.

Add access and a view

This room was once cramped and dark—an uninviting area for dining. Then the sliding glass door replaced the outside wall and its small window. Now the family has a wonderful view of the patio, and quick access to it.



A wallpapered door!

That bookcase is actually a wallpapered closet door. An old, paneled door was covered with a sheet of plywood, then the fool-the-eye wallpaper was pasted on. This treatment also adds color and decoration to the long hallway, which has many doors. Home of Dr. and Mrs. George Schmidt.

IDEAS IN ACTION

Never a Hopeless House

Mix low-budget materials and imagination in a basement →

The good-looking walls in this basement are spruce, but are "crating-lumber" quality. The boards were treated with a sealer, a driftwood stain, and white pigment to get this color. The lighting soffit effectively conceals a heating duct. From home of Mr. and Mrs. Henry Shames.

Make a boys' lair in available basement space

BELOW

Smart planning makes the most of this basement in the home of the Keith Montagues in Salt Lake City. Steel support post at the end of the plywood headboard was already here, but the upright closet poles make it "belong." Drapery closes when one boy studies late. Panels above working counter are translucent plastic, installed to hide tiny windows. Fluorescent tubes light panels at night.

Gain a garage workbench

You could plan a workbench-storage unit like this in almost any garage or carport. The 20-inch-deep counter is supported by the 4x4 posts at the front and actually protrudes outside the garage itself. Fixed windows top and bottom completely enclose the once-open carport.

A ready-made color scheme

Bright, new towels and ready-made cafe curtains spruced up this bathroom in a jiffy. Spring-socket rods hold the curtains in place without marring the walls. The shower curtain is 3 pairs of the cafe curtains sewed together. Home of Mr. and Mrs. John H. Greene.

Pole-mounted shelves make a tall storage headboard

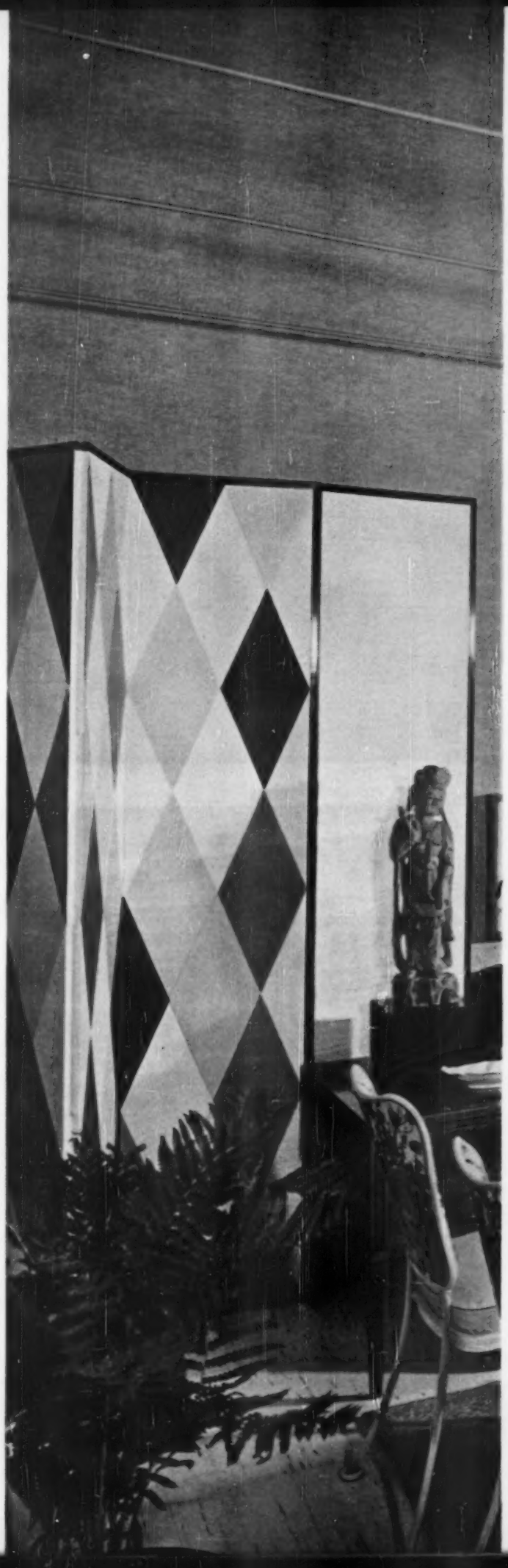
This headboard-divider separates a built-in wardrobe-dressing area from the rest of the room. Homeowner Frank Atlas created the strip lighting on the ceiling with six, 30-watt reflector bulbs plugged into an electric power strip.

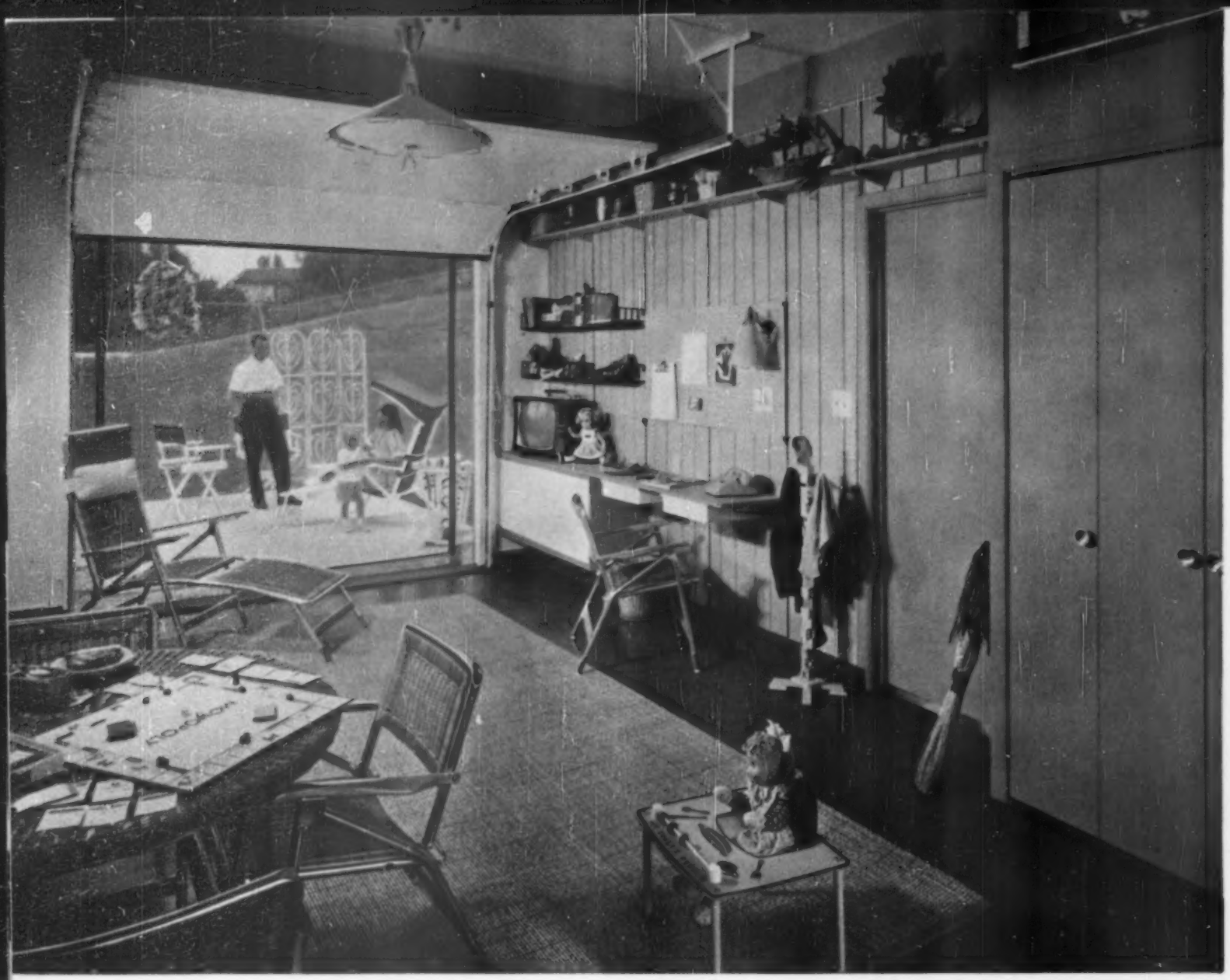
Evict the family car to get an extra room

This former one-car garage now gives the Robert McCall family this fine family room. White insulation board fits between original rafters, now stained. Steel rods replaced old tie beams. Burlap-covered wall disguises holes when pictures change.

Use a screen to direct traffic and simplify a dining room

This handsome wood-and-plastic screen separates the table and chair area of a dining room from the traffic and buffet area. Storage unit (left) is still easily accessible, and traffic to the kitchen is hidden. From home of Mr. and Mrs. Frank Bush.





IDEAS IN ACTION

Never a Hopeless House

Get extra part-time space from a garage

Here's how to expand into your attached garage and yet be able to retreat during the winter when car storage takes priority. Install an extra garage door in the back, then cover both openings with a new zippered screen.

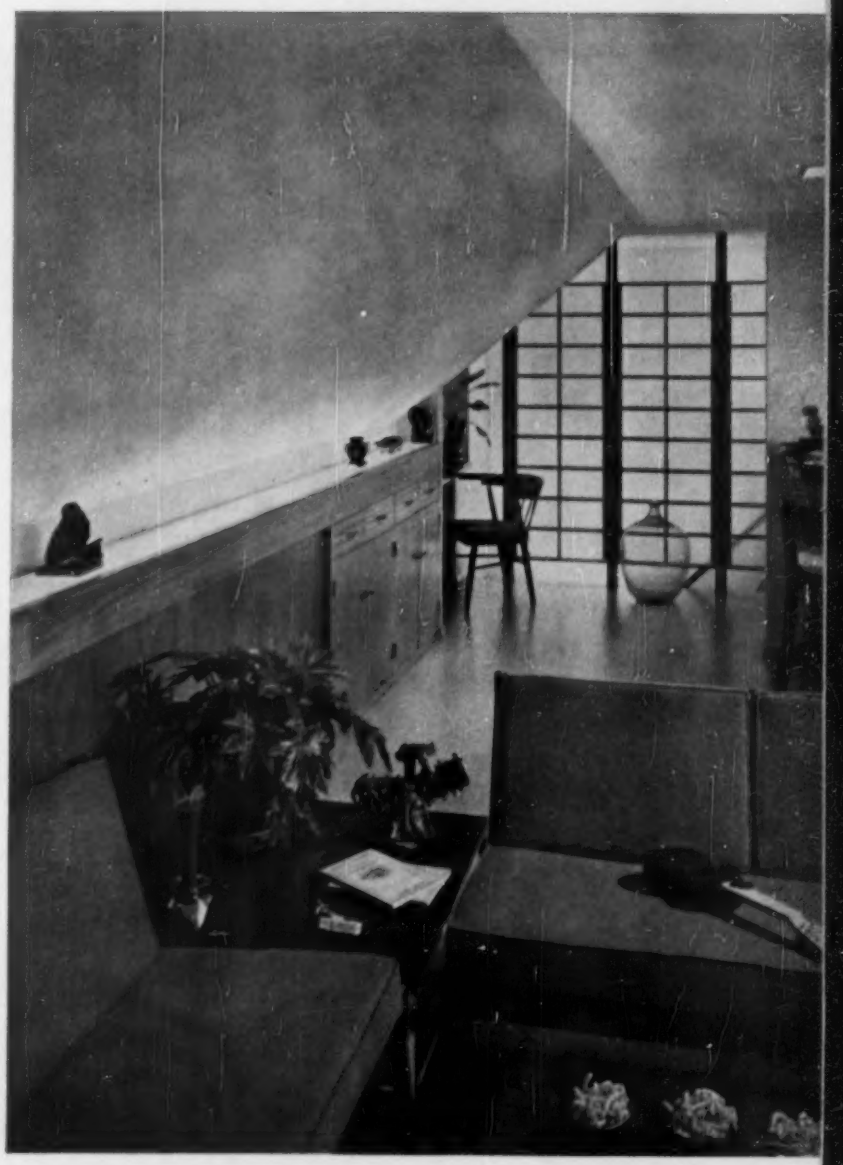
Inside, you'll want to use folding furniture and an inexpensive rug that can be rolled up. Plan your lights on the walls or use a pulldown fixture that will give your car headroom. More photographs on page 84.

Never overlook an attic for family room space

If your house has an unfinished upstairs and you need a spot for informal relaxing or youngsters' play more than you need bedrooms, that second floor may be just right. This family room does both jobs for the John C. Naylors. The large window (top photograph) replaced a small ordinary window at this end of the room.

There's plenty of storage in the knee wall cabinets that flank the TV. The cabinets extend into the room to make room for the 9-inch "lighting counter" on top. A dimmer switch controls the fluorescent tubes below.

Stairway screen at the other end of the room (bottom photograph) seems like another window. It was made of three fiberglass panels, held in a framework of mahogany strips. The curved refreshment bar (right) is accessible from the hall at the top of the stairs.



Bathroom beauty was built right in

FAR LEFT

Clever planning made efficient bathroom out of a cut-up room in an older home. Roy and Jackie Killeen of Webster Groves, Missouri put glass mosaic tiles on this plywood counter top. A ½x6 Philippine mahogany board forms the edge. The inexpensive shutter at the left end of the counter is the door to the medicine cabinet; the large mirror is simply attached to the wall.

Camouflage the size of a room with color

To make this narrow room look wider, the owner, Dr. Robert Radcliff, planned a subdued blue-and-gold color scheme that stresses widening, horizontal lines. Note especially these decorating tricks: the bold, horizontal stripes in the carpet; the extension of the end wall color around the corner onto the adjacent wall.

New closet planned to the last inch

FAR LEFT

This end of a new closet unit holds a bank of bright-colored drawers that save floor space by eliminating one piece of furniture from the room.

The closet unit has two regular clothes-hanging sections around the corner. They bracket a built-in desk (where you see the chair) and a shoji-covered window. Drawers were salvaged from an old dresser and the unit was planned to fit their width.

Tailor every closet to fit its use

This den closet was always full of toys and its top shelf crowded with games and books. Off came the typical slab door, in went some shelves, and on went the little shutters.

Now the toys still get their fair share of space without taking up the whole closet. And, the TV fits neatly into the middle with its own shutters. The slab door went to make a low table at the other end of the room.

Use a corner to add a fireplace

Before Dr. and Mrs. L. W. Hayes began remodeling their home, this corner was as ordinary as any you've seen. They covered the window with a handsome shoji, then built the little platform. It is surfaced with ceramic tile. Teak flooring and mosaic tile behind fireplace are easy to install.

The easily added fireplace is the kind that comes in a package. Light fixture sets off the whole corner.

Smartness comes easy in this bathroom

An 8x8-foot bath gains new convenience, style with smart use of materials, new equipment. Even the laundry fits in here with a 27-inch-wide washer-dryer under counter.

Cabinets are pregrooved plywood, floor is ceramic tile preset in rubber backing (easy for do-it-yourselfing), plastic laminate wall-covering kit waterproofs area behind folding shower door over new contour tub.

Begin with the fireplace

The updating of this living room started with redoing the fireplace. Next, the new wall covering, window screens, and acoustic tile. Then the William Langs made the tile hearth, carpet squares.

Make a window bigger

To disguise a small window, Dr. and Mrs. George Schmidt devised this floor-to-ceiling shutter treatment. Complete installation is attached to a wood frame.

More about disguising windows page 78

IDEAS IN ACTION

Never a Hopeless House

Lavatory in the bedroom

A cabinet-lavatory in this boys' bedroom makes dressing for school easier and quicker. To free a corner for this installation, the closet door was replaced with a lightweight, vinyl folding door. A space-saving pole lamp provides adequate light for the dressing area.

Add a touch of elegance

BELOW RIGHT

Stock stair balusters were used to make these dividers that define the dining room in the home of Mr. and Mrs. Sidney Davidson. Set the balusters in a simple frame and prefinish the whole unit before you install it. Small molding at the floor and ceiling holds the frames.

Kids are for basements

You can almost see the wear-and-tear being saved from the rest of the house. And this basement in the home of the Albert Leonards can take it. The tile and tough paneling make upkeep easy. Metal strips come with the wall panels to hold the easily movable shelves and cabinets.

Kitchen in a garden setting

By Mary Coughlin

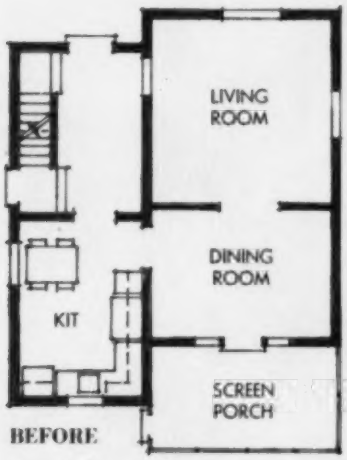
Best trade you can make! Swap dinky dining room and cooped-up kitchen for a big family room-kitchen combination with an exciting garden view. For ideas to copy, meet the Donald Clarks of Detroit, Michigan.

To get space for comfortable cooking, eating, and lounging, they tore out the wall between kitchen and dining room, then included screened-in porch. For a view plus privacy, they fenced in back yard, built a deck, reflecting pool, and created a Japanese garden.

Photographs: Hedrich-Blessing

No longer isolated in boxed-up kitchen, Mrs. Clark can enjoy family and friends as she cooks. Kitchen is planned in a step-saving U-shape, too. Their Japanese garden is on view out the kitchen window and through door at left of the eating area. Here, new lighting was added behind the glass panel above cabinets. A dimmer control can change the lighting three ways —pink, blue, or white—to suit mood. For more work space at counter, cooking top folds back when not in use.

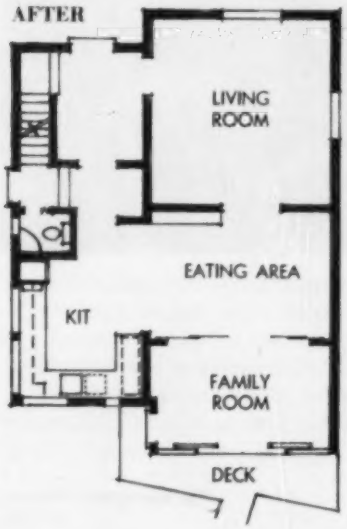
Smart ideas for family room include a built-in desk, sliding doors so room can be shut off from kitchen. Notice decorative effect above glass wall. It's two layers of translucent plastic with paper decoration between. For privacy, the Clarks enclosed the backyard garden in shoji-type panels.



BEFORE

Study your room arrangement to see if you, too, couldn't gain space for a comfortable kitchen and family room combination by removing a wall. Here, kitchen and dining room were shut off, a screened-in porch was usable only in mild weather.

AFTER



Kitchen planner: Charlotte Clark Kitchens, Inc. Landscape architect: James Scott, Scott-Alger Associates

Pick up tricks here for creating the feeling of spaciousness in what is actually a small lot. View from garden toward family room shows this is actually a small two-story on 50-ft. lot. Deck redwood; pool concrete.

Fewer corners... more kitchen

By Eleanor Pettet

Here's a kitchen that grew inside its old boundaries! By trimming off extra in-and-out wall jogs, Mr. and Mrs. C. P. Ferring gained the space needed to transform an awkward kitchen into a working wonder.

Photographs: Kranzten

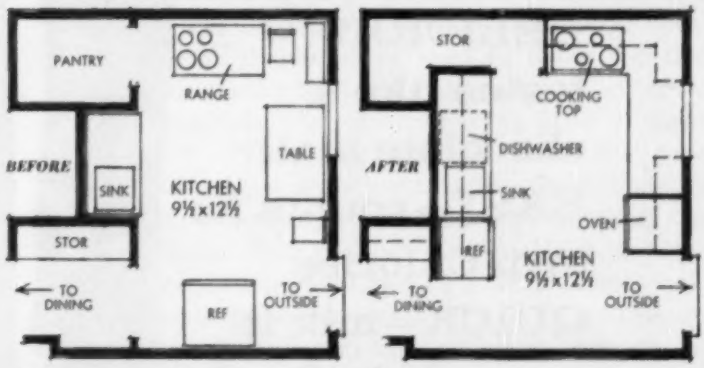
Angled beams and a coat of gold paint overhead "lower" the high ceiling. For a longer sink counter and fewer corners, the pantry entrance switches to the range wall, adds new louvered door.

New-found inches let the refrigerator move into the scheme of things near sink, away from outside traffic. Quaint brass bell minus clapper shades sink light.

ABOVE

The soft glow of stained-glass colors adds a light and airy look. The window was shortened so that the cooking top, built-in mixer, and oven could be welded into a wealth of unbroken work area.

The louvered doors below the cooking top? Vent the heat from the undercounter radiator hidden in corner. Coppery range hood keeps air fresh, sweet.



The floor areas are identical, but storage capacity is greater when walls are longer and straighter. The U-shaped plan, which rounds up the scattered appliances, is best use of this space.

DELICIOUS—
tastes like a chocolate malt
EASY—counts its own Calories
QUICK—mix it yourself in 3 minutes

REDUCING—
a low 1,000 Calories a day
SAFE—meets minimum food requirements
LOW COST—
10c a meal

Shaping up like the fellow across the page? Then you owe it to yourself—and to your family—to try Better Homes & Gardens New Liquid Diet right away. This completely sustaining, all-in-one reducing diet is designed with both men and women in mind—over-upholstered ones, that is. ¶ On our diet you won't have to worry whether you are really getting enough to eat, because highly skilled nutritionists have already worried about that. They have come up with a total of nutrients that agrees with the daily minimum approved by authorities in food and nutrition. You won't have to count Calories on your fingers—this diet adds up to the low sum of 1,000 automatically each day. ¶ Except for the first day you are not likely to experience the slightest hunger pangs. Though this diet looks like a mere milk shake, it is deceptively satisfying. And it tastes so good that you can't feel sorry for yourself. You stir up our formula at home for the astonishing cost of only 2 dollars a week—about 30c per day! ¶ From here on (at least for the 2-week span considered sound as a starter, there is no meal planning for the diet, and just the simplest preparation and cleanup you can imagine. ¶ How to begin? With a visit to your physician. This is to be sure that you and the diet are on good terms. He knows your system better than you do, and if there should be any hurdle it cannot take, he will alert you. If you get the go-ahead, start at once by refrigerating a 1-quart glass container of water (its iciness is a part of your diet's pleasing flavor). Then with this recipe (at right) for one day's new way of living in hand, go to market. ¶ Look for the can of chocolate-flavored malted-drink mix where you'd find cocoa. Be sure the label says the mix is vitamin-mineral fortified (your body will need all those nutrients). On a near-by shelf you will spy packages of nonfat dry milk. (Drugstores, also, carry both products.) Round up the salad oil and the oranges, and your diet is practically in the bowl! ¶ You can mix up a day's or week's supply at one time, if kept refrigerated. Or mix only enough for a meal. What about mealtime? Divide your diet into three meals a day, if you like. Or you might have more fun on a new schedule of six daily servings: (1) breakfast with as much black coffee as you like, (2) "elevenses" as the British call it at 11 o'clock, (3) lunch—this might be a good hour to have the orange, (4) teatime and a bracing cup of hot brew with lemon—no sugar or cream, (5) dinner and a demitasse, (6) a bedtime snack. Note: Don't forget to eat that orange every day—it's so important for vitamin C! ¶ This diet is a great traveler—goes on a dry run anywhere. Put a generous ¾ cup of the dry mixture in waxed paper, clear plastic wrap, or foil and slip it in a regular envelope that will slide smoothly into pocket or purse. Then all that is needed is a cup of ice water from the office cooler or your hostess' refrigerator. ¶ There is a solid side to this liquid diet, too. Although you won't miss solid foods nearly as much as you may imagine, you'll still like to sink your teeth into something. So do consider these calorie-low delicacies—stalks of icy celery (no salt, please, but eat the leaves for tang)—cucumber, green-pepper slices—radishes (there's bite for you)—young, green onions—thin slivers of carrot and crisp lettuce leaves. Remember cool water cress, Bibb lettuce, escarole, and romaine for their nippy taste. All of these, and fluffy sprigs of parsley along with other garden herbs in season, can stand on their own flavor merits for nibbling sans dressing or with a splash of lemon juice or vinegar, or a special dieter's dressing. ¶ What about the results of this diet? As far as loss of weight goes, if you have always eaten quite lightly, you'll probably shed about 2½ unbecoming pounds a week. If on the other hand, you have had rather a free-wheeling approach to eating, the calorie drop will be marked enough that you may lose up to half a pound a day. But a new figure is just one of the benefits. You will be happier, looking trim and slim. And if overeating used to make you feel uncomfortably full, you will now notice an up-and-at-'em difference. ¶ How to taper off? After your 2-weeks' stint, it's time for a chat with your doctor again. Perhaps he will suggest you drink two meals of our Liquid Diet and eat one meal. Or to drink one meal and eat two for a while. Those solid meals must be sensible ones, of course, or those pounds you lost will climb back on. As with every sound diet, the big objective is to return you to the family table, slimmer and with a lighter grip on your fork.

½ cup chocolate-flavored vitamin-mineral fortified malted-drink mix

2¼ cups instant nonfat dry milk*

4 teaspoons salad oil

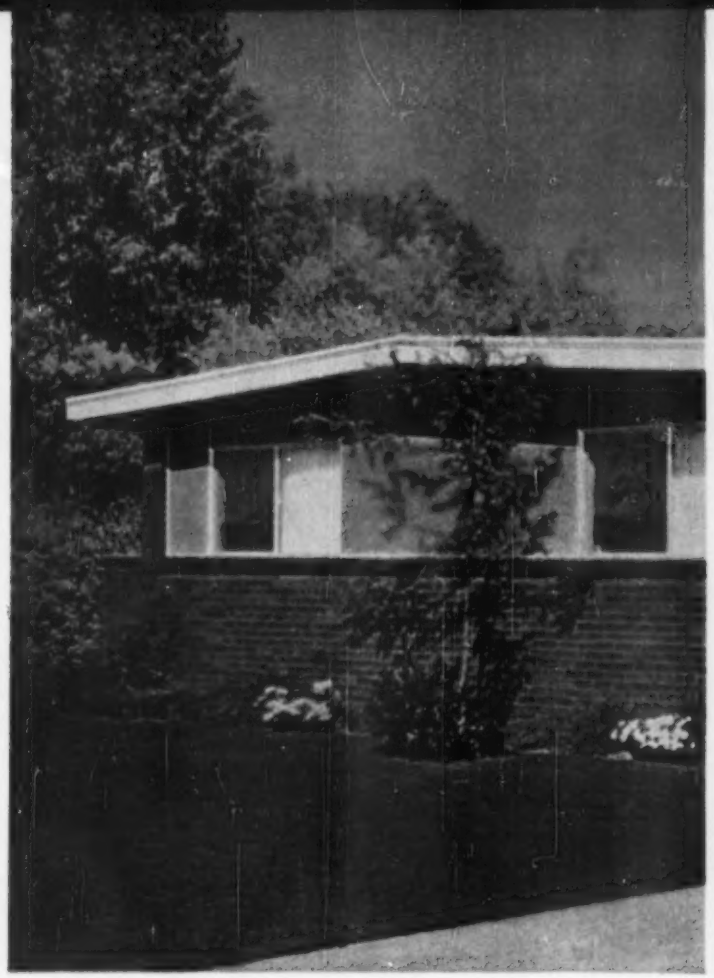
1 quart ice-cold water

With spoon, thoroughly combine the *vitamin-mineral* fortified malted-drink mix, the nonfat dry milk, and the salad oil. Pour the ice-cold water in a mixing bowl; sprinkle dry mixture on surface of water. Stir to blend, or whip with electric or rotary beater until frothy—if the mixture is polka-dotted with brown flecks, it doesn't matter. (Or whir up your liquid diet in electric blender.) Keep chilled. Mixture may separate; always shake before use. Makes 1 quart.

Daily amount:
1 quart Liquid Diet plus 1 small orange, sliced or in sections equals about 1,000 Calories.

*If package suggests 3 tablespoons nonfat dry milk to 1 cup water, use only 1¼ cups nonfat dry milk in preparing Liquid Diet above.

This house makes its own privacy



THIS MONTH'S Five Star home suits even Texas-size tastes for wide open living space on a very tight budget. Designed by Donald A. Honn, A.I.A., it offers the expansive private spaces—both inside and out—that every family wants for comfortable living. An up-to-date floor plan makes use of every inch; good exterior styling has charm without gimcracks; and building materials are all low maintenance.

By John Normile, A.I.A.

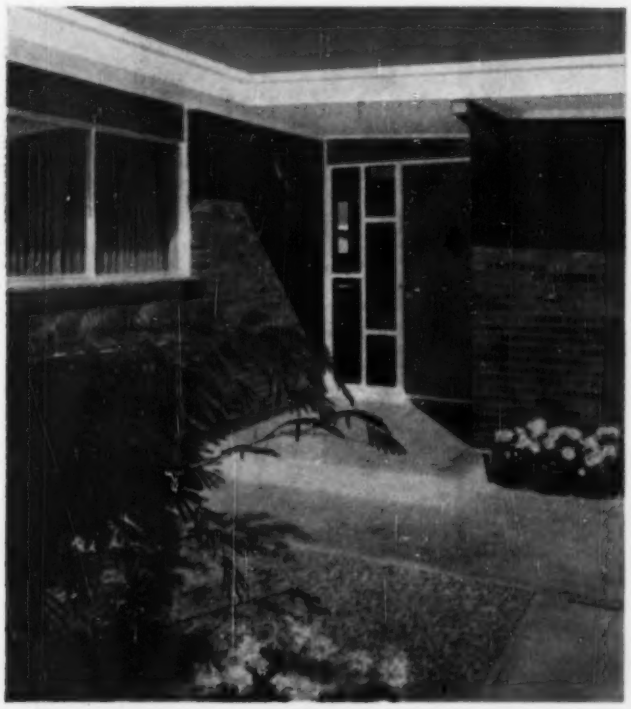
More on page 80

No through-the-kitchen traffic here; the strategically located entry puts family and guests into a convenient traffic pattern from either front door or garage. For a basement, stairway tucks into storage room. And what a luxury to have two baths in just 1200 square feet. Bedrooms are sized for multipurpose use.

Continuous open ceilings and little division between dining and living rooms make them seem larger than they are. Placed at the back, these rooms look out onto their own private garden view; fences enclose the rear yard. The bottom window sashes slide up for ventilation.

No complicated roof lines confuse this sparkling, welcoming exterior. All the windows you see in this picture are in the bedrooms. They are small enough to keep the rooms private yet large enough for plenty of light and air. Their placement, too, makes sense for furniture arrangement inside. Note the wall projection by the driveway that hides the bicycle clutter.

Photographs: Bill Hedrich, Hedrich Blessing. Builder: Jennings and Lewis, member Lubbock, Texas chapter, NAHB



Interesting glass panels beside the front door make a handsome, impressive entry. And the roof overhang protects the small porch. With this house, you could later convert the garage to a family room and put a carport out front. This area would then become a garden court.

There's no "back-yard" feeling in this outdoor living area. It is convenient to the living and dining rooms just inside, and this side of the house is as handsome as the front. Big toys can be put in the garage through a rear door. It's convenient for garden tools, too. Mom can see activities here directly from kitchen.

Cook-it-yourself parties!

By Myrna Johnston and Foods Staff

Each supper has an evening's entertainment built in. Part of the fun is in the chefing—everyone does his own. Another happy part is in the flavor! So come along to our parties: Beef Fondue—Oriental Hot Pot—Sukiyaki—and Cheese Fondue.

Beef Fondue breaks the ice

Skiers and skaters—and shy guests—thaw out under the spell of Swiss hospitality. Set the stage with soft candlelight, a crackling log in the fireplace, a buffet of appetizers, Beef Fondue, and dessert.

With Beef Fondue, there's the gay clamor of folks chatting and cooking and eating all at the same time. The copper beef-fondue cooker on the white table holds hot cooking oil. (Or use an electric saucepan.) Each guest is outfitted with a divided plate for his supply of cubed tenderloin and dipping sauces, a long-handled fondue fork, and a dinner fork. Here's what to do: With your fondue fork, spear a cube of beef and hold it in the cooker till browned. Now switch to the dinner fork and dip this luscious morsel in one of these—Garlic Butter, Anchovy Butter, Tomato Steak Sauce, Horseradish Cream, or Caper Sauce. Eat your cube of beef (wonderful!), then fix the next bite. Accompany Beef Fondue with crusty slices of French bread.

Appetizer-dessert table. To start the feast, how about sizzling Bacon Bites (stuffed green olives are inside) and Hibachi Cheese Biscuits? Again, guests fix their own, stringing these tidbits on skewers. To polish off the meal, there are Dessert Pancakes, rolled up with Whipped Orange Butter, and offered with maple syrup, Cinnamon Honey, marmalade, and extra Orange Butter.

More on next page

Dick Bayer

Cook-it-yourself

Cook up an Oriental Hot Pot

Midnight supper, perhaps for New Year's Eve or after the show, can be exotic in a hurry. The foods are sliced ahead, the sauces made, then all stowed in the refrigerator. When guests are hungry, the hostess simply heats the broth and sets out the makings.

Genghis Khan hot pot is another name for this Chinese specialty. Or maybe you've seen it on restaurant menus as volcano soup. We show an honest-to-goodness Mongolian cooker with a charcoal chimney in the center, but any chafing dish or electric skillet will do as well.

What's cooking. Everything on the tray is raw, of course—chunks of eggplant, crosscut strips of sirloin, halved mushrooms, thin slices of chicken breast, squares of Chinese cabbage, shucked shrimp. Fresh spinach to simmer along with the other foods is ready in the big red bowl. The broth is chicken bouillon that boasts a faint overtone of ginger. Individual bowls of fluffy rice are served at the same time as the Hot Pot.

The how-to. You pick out a few choice tidbits at a time and drop them from chopsticks, bamboo tongs, or fork into the lazily bubbling broth. In a few minutes, fish them out to dip into zesty sauces on your plate, like Peanut or Red Sauce, Chinese Mustard or Ginger Soy.

Traditionalists poach eggs in the broth when it has taken on subtle flavor from the foods that have simmered in it. At the very last, the hostess may ladle the broth as a soup. It's delicious! Dessert? Skip it, or serve a fruit bowl and candied ginger with coffee or tea.

Sukiyaki. Chopsticks, anyone? ⟶

The hostess (or host) starts things off by cooking the first four servings, then continues with the next four or lets a guest take over. Soon everyone's begging for a turn at the *wok* (really your electric skillet). A Sukiyaki party, like the Hot Pot shindig, can go on all evening—folks add a few bites more to the cooking sauce at whim of appetite. Seconds taste like firsts, tempting and hot. And tardy guests fare as well as the early arrivals.

Food drama. For the beauty of a still-life picture, line up the foods in stark simplicity—a row each of bias-cut celery, spinach, sliced mushrooms, bean sprouts, slivers of tenderloin, green-onion cuts, squares of bean curd, water chestnuts, a nest of "cellophane" noodles. Recipe tells how to toss-stir-cook the Oriental way—fast and short so foods stay crisp.

The go-withs. Hot rice, each kernel snowy and separate, is a must. We give recipes for the Far East method and the American version. Offer green tea with Sukiyaki, and pour tea again to go with almond cookies.

Pocket change buys plain wood chopsticks for the crowd. Afraid of fumbling? Aw, come on, see our directions and give 'em a try. Your guests will have the time of their lives. Nice thing about the etiquette, it's polite to hold your rice bowl under your chin!

Recipes start on page 68 ***More on next page***

Allen Strock

Cook-it-yourself

Can't be formal–it's Cheese Fondue!

The Swiss national dish, that's the honor bestowed on Cheese Fondue. And no wonder! The flavor is subtle and rich, yet this delicacy is created from a few simple ingredients in a matter of minutes. The eating is a friendly ritual—folks all dip from the same cooking pot.

A man is the cook, according to tradition. But the Swiss won't care if the hostess takes over. The key to perfect fondue is in constant stirring and in adjusting the heat so mixture barely bubbles. To follow ancient custom, always stir in the same direction with big swoops of a wooden cooking fork. Some experts stir in a figure-8 pattern.

Guests take a turn with the cooking *while they eat.* Here's how: Spear a chunk of bread so tines go through the soft part first, then through the sturdy crust to anchor firmly. Now dip it in the melted cheese and keep the fondue in motion until your neighbor is ready to continue the chain stirring. Twirl your fork as you withdraw your morsel of cheese-coated bread. Terrific eating and fun to boot.

Oops! Lose your bread in the fondue pot? If you were the first to drop it, in the old country you'd probably have to pay for the meal. A happier forfeit is often permitted—a kiss to the friend of your choice. When nearly all the fondue has been eaten, the cheese at the bottom will brown. Gourmets consider this crisp crust a special treat, so remove from heat and lift it out to divide among the guests.

Cheese Fondue solos as the meal—the Swiss say to skip the salad, and no cold drink, please. At the very last, offer freshly brewed *hot* coffee or tea, or steaming mugs of fragrant apple juice.

Gear for Cheese Fondue. An earthenware casserole with handle and a metal-topped stand with alcohol burner or canned heat offer Continental atmosphere. A chafing dish can double as a fondue cooker. You'll want a wood fork for silent stirring, long-handled forks for guests to use.

Cheese Fondue

¾ pound natural Swiss cheese, cut in julienne strips (about 3 cups)
1 tablespoon enriched flour
1 clove garlic, halved
1¼ cups cooking sauterne
Dash freshly ground pepper
Dash nutmeg
3 tablespoons cooking sherry
French bread or hard rolls, torn or cut in bite-size pieces, each with at least one side of crust

• • •

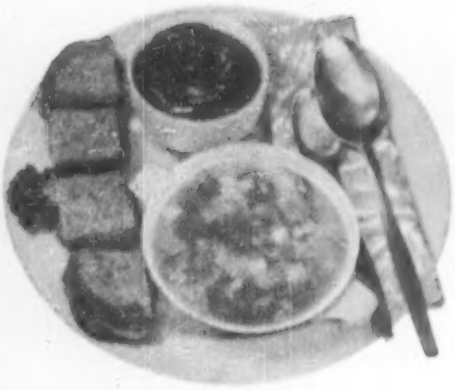
Toss cheese with flour to coat. Rub inside of fondue cooker vigorously with cut surface of garlic. Pour in sauterne and warm just till air bubbles start to rise (don't cover, don't boil). Remember *to stir all the time* from now on: Add a handful of cheese. Wait till cheese has melted (keep stirring!) before tossing in another handful. After all the cheese has been blended in, and mixture is bubbling *gently*, stir in seasonings and sherry. (Omit salt, as cooking wines contain it.) Now invite guests to dunk. Each spears a cube of bread on a long-handled fork and dips into the melted cheese. (If fondue becomes too thick, pour in a little *warmed* sauterne.) Makes 5 or 6 servings.

Frank and Dorothy Williams

21 SOUP 'N SANDWICH LUNCHES
delicious, nutritious... so quick and easy!

Every time you have a sandwich . . . have soup! That's the way to add good natural nourishment to every lunch, every day. Add the goodness of sun-ripe vegetables, with one of Campbell's vegetable soups. Add the nourishment of beef or fish or chicken with one of Campbell's meat-based soups. Add the wholesomeness of milk, with one of Campbell's cream soups. Soup makes any meal better. It tastes good. And it's *so* good for you!

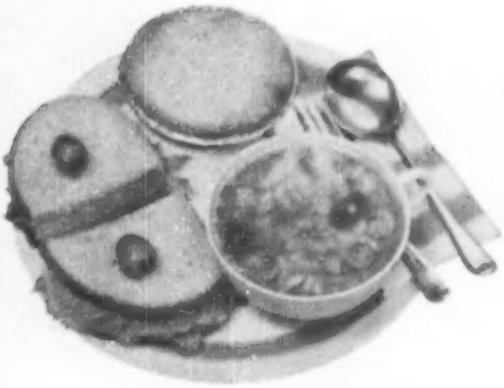
Have you had your soup today? *Campbell's* (Mm! Mm! Good!)



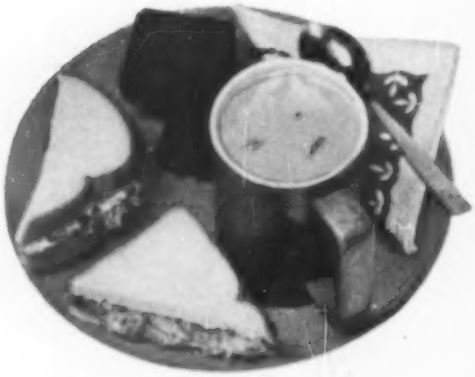
4. Vegetable Beef Soup
Deviled Ham Sandwich Pudding

5. Bean with Bacon Soup
Tomato-Lettuce Sandwich Cookies

6. Chicken Vegetable Soup
Cream Cheese-Jelly Sandwich Cherries



10. Chicken Gumbo
Ham Sandwich Swanson Apple Pie



11. Cream of Asparagus Soup
Chicken Salad Sandwich Brownies

12. Scotch Broth
Bologna Sandwich Orange

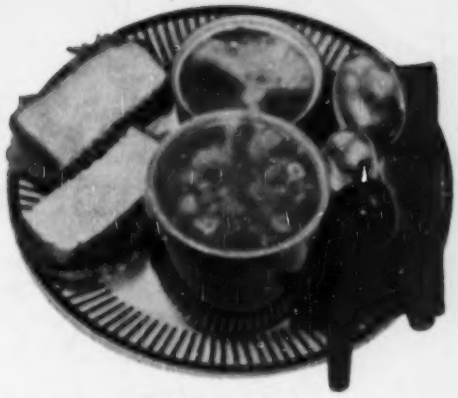
16. Cream of Celery Soup
Tuna Salad Sandwich Pear

17. Cream of Chicken Soup
Egg Salad Sandwich Melon Wedge

18. Clam Chowder
Grilled Cheese Sandwich Grapes

1. Tomato Soup
Peanut Butter Sandwich Apple

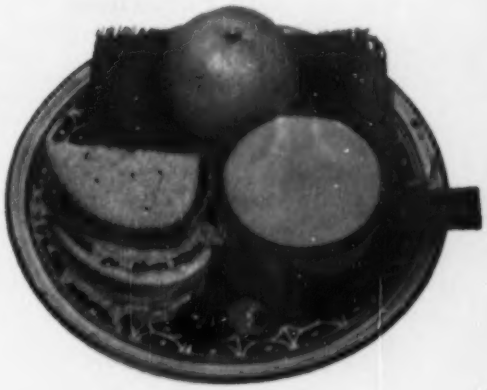
2. Chicken Noodle Soup
Bacon and Lettuce Sandwich Coconut Cake



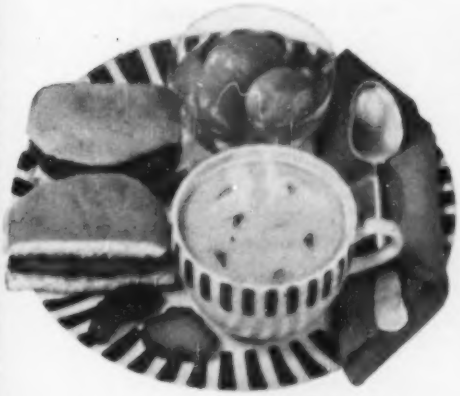
3. Vegetable Soup
Roast Beef Sandwich Custard

7. Tomato Rice Soup
Meat Loaf Sandwich Ice Cream

8. Cream of Vegetable Soup
Hot Dog Fruit Cocktail



9. Green Pea Soup
Corned Beef Sandwich Orange



13. Cream of Mushroom Soup
Hamburger Apricots

14. Minestrone Soup
Salami Sandwich Sliced Peaches

15. Turkey Noodle Soup
Sliced Egg-Lettuce Sandwich Gelatin

19. Beef Broth
Hero Sandwich Cake

20. Vegetarian Vegetable Soup
Salmon Salad Sandwich Swanson Cherry Pie

21. Chicken with Rice Soup
Swiss Cheese Sandwich Banana

HEARTY MEALS—when it turns colder, there's nothing so nice as a homey dish in the oven or on top of the range

Better Homes & Gardens TEST KITCHEN

42 Taste-tested Recipes

Old Favorites with Flair

Family-style Beef Loaf
Potatoes Margaret
Carrots with Basil
Celery Sticks *Olives*
Rye Slices
Butter or Margarine
Frosty Ambrosia
Coffee *Milk*

Potatoes Margaret

Sour cream makes the difference—gives a nice tang. Buttery crumbs toast on top—

1 cup dairy sour cream
½ cup milk
1 tablespoon instant minced onion
5 cups sliced cooked potatoes (5 or 6 medium potatoes)
Salt and pepper
1 tablespoon butter or margarine
2 tablespoons fine dry bread crumbs

Combine sour cream, milk, and onion. Place *half* the potatoes in a greased 10x6x1½-inch baking dish. Sprinkle generously with salt and pepper. Add *half* the sour-cream mixture. Repeat layers. Melt butter, add crumbs and toss to mix; sprinkle over top. Bake in moderate oven (350°) 20 to 25 minutes, or until hot. Makes 6 servings.

Homespun Goodness from your Skillet

Skillet Pork Chops
Buttered Peas
Cranberry Waldorf Salad
French Bread
Double-chocolate Pudding
Hot Coffee

Cranberry Waldorf Salad

A shimmery cranberry and apple salad to accent pork chops. Good eating—

1 pint bottle (2 cups) cranberry-juice cocktail
1 3-ounce package lemon-flavored gelatin
¼ teaspoon salt
1 cup diced unpared apple
½ cup chopped celery
¼ cup broken California walnuts

Heat *1 cup* cranberry-juice cocktail just to boiling. Dissolve gelatin in it. Add remaining juice and the salt. Chill till partially set. Stir in apple, celery, and nuts. Pour into 4 to 6 individual molds. Chill till firm. Unmold on lettuce.

Chicken Bake—Special Dinner

Hot Tomato Bouillon
Yorkshire Chicken
Green Beans Almond
Tossed Salad
Poppy-seed Rolls *Butter*
Spicy Baked Apples with Vanilla Ice Cream
Hot Tea

Yorkshire Chicken

Batter puffs around chicken as it bakes—

⅓ cup enriched flour
2 teaspoons salt
1½ teaspoons sage
¼ teaspoon pepper
1 2½- to 3-pound ready-to-cook broiler-fryer chicken, cut in pieces
¼ cup fat
1 cup sifted enriched flour
1 teaspoon baking powder
1 teaspoon salt
3 well-beaten eggs
1½ cups milk
¼ cup butter or margarine, melted
¼ cup snipped parsley

Combine first 4 ingredients; coat chicken. Brown in hot fat; place in 2-quart casserole. Sift 1 cup flour, the baking powder, 1 teaspoon salt. Combine eggs, milk, butter, parsley; add to flour mixture, stir smooth. Pour over chicken. Bake in moderate oven (350°) about 1 hour. Makes 4 servings.

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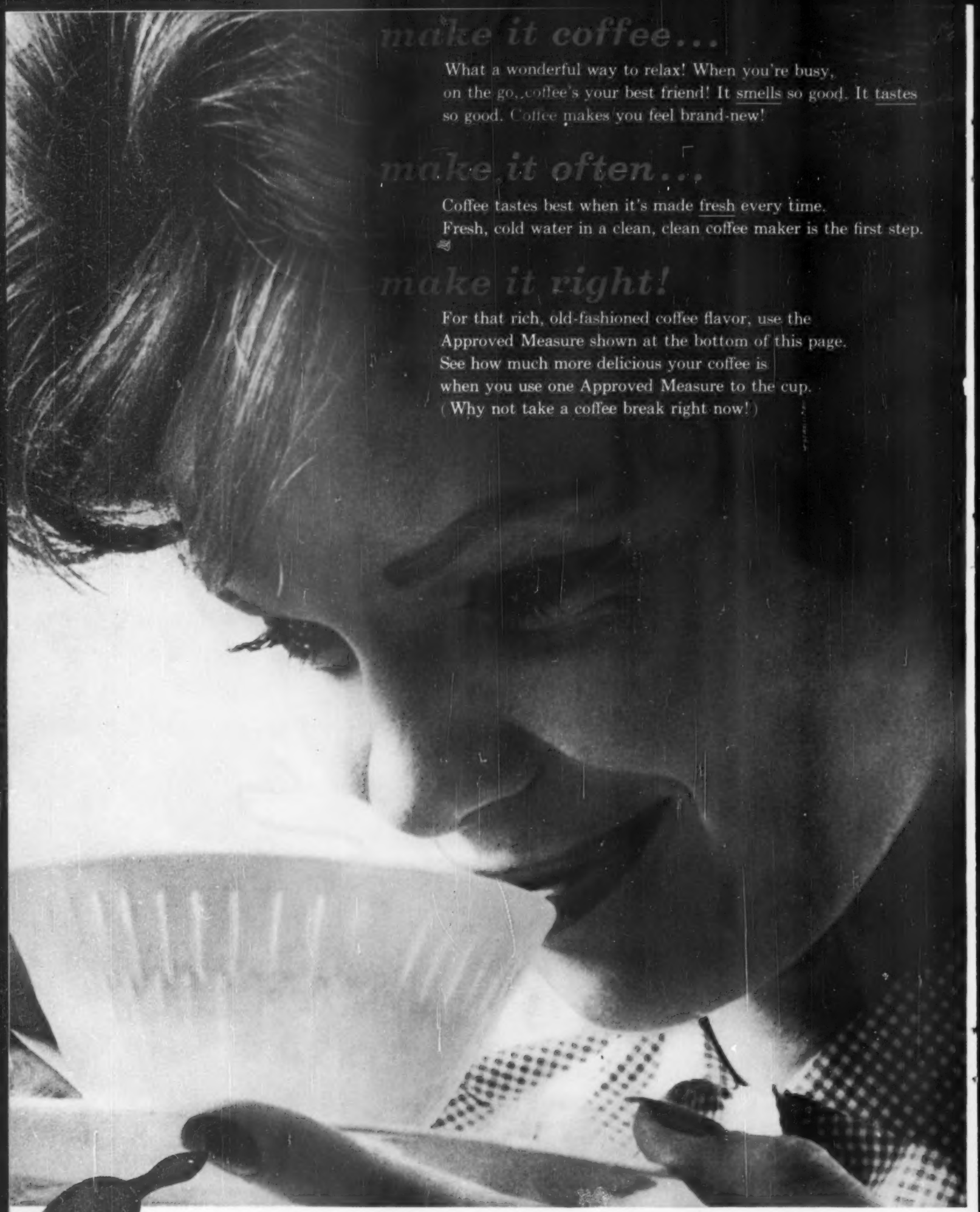
FRUIT TO BE FANCY WITH

Shortly before this picture was made, this frozen fruit was taken from a package labeled *Birds Eye Mixed Fruit*—something new and something special. ■ This fruit, every bite of it, got its sun and water on the fertile West Coast: Elberta Freestone peaches from the Yakima Valley; raspberries and cherries—both dark sweet and red Montmorencies—from the orchards of Gresham, Oregon; boysenberries and white grapes from sun-drenched California. ■ This is fruit to be fancy with—frozen by Birds Eye so you can enjoy it all year 'round. Here, we spooned it over sherbet. ■ With *all* Birds Eye products, the idea is extra quality. That's why—Better Buy Birds Eye.



For your Coffee Brewing Institute **Approved Measure** in bright red, yellow or blue plastic, with a folder of coffee-making suggestions, send ten cents to **PAN-AMERICAN COFFEE BUREAU**, P. O. Box 33, Old Chelsea Sta., N. Y. 11.

Hearty meals

Begins on page 62

Carrots with Basil

These bake same length of time as the Family-style Beef Loaf (see page 76)—

6 whole medium carrots
¼ cup water
Dash salt
Dash fresh-ground pepper
½ teaspoon basil
1 to 2 tablespoons butter or margarine

Place carrots in small baking dish. Add water. Sprinkle with salt and pepper. Cover and bake in moderate oven (350°) 1½ hours or till done. Drain. Add basil, and butter. Makes 6 servings.

Frosty Ambrosia

Variation of a favorite dessert ends the meal on a light note—

Partially thaw one 13½-ounce can frozen pineapple chunks. Toss with 2 bananas, sliced, 1½ cups diced pared oranges, and ¾ cup flaked coconut. Serve while pineapple is frosty. Makes 6 servings.

Skillet Pork Chops

Potatoes and onions simmer together with the chops to give delightful flavor—

4 pork chops, about ½ inch thick
2 tablespoons enriched flour
½ cup grated Parmesan cheese
½ teaspoon salt
¼ teaspoon pepper
4 cups thinly sliced potatoes (4 medium potatoes)
2 medium onions, thinly sliced
3 beef bouillon cubes
¾ cup hot water
1 tablespoon lemon juice

Trim excess fat from pork chops. Heat fat in skillet until you have about 2 tablespoons drippings; remove trimmings. Coat chops with flour; brown slowly on both sides in the hot fat. Combine cheese, salt, and pepper. Sprinkle *2 tablespoons* of the mixture over the meat. Cover with potato slices, sprinkle with *2 tablespoons* more cheese mixture. Add onion slices. Dissolve bouillon cubes in hot water; add lemon juice and pour over all. Sprinkle with remaining cheese mixture. Cover, simmer (don't boil) about 40 minutes, or till meat and vegetables are done. Garnish with parsley. Makes 4 servings.

Double-chocolate Pudding

Fluffy and rich. But oh so easy—

1 package chocolate pudding
½ 6-ounce package (½ cup) semisweet chocolate pieces
1 teaspoon vanilla
1 cup heavy cream, whipped

Cook pudding according to package directions, but *adding ¼ cup more milk.* While mixture is hot, add semisweet chocolate pieces, stirring till melted. Cool. Add vanilla and beat until mixture is fluffy. Fold in whipped cream. Spoon into sherbets. Top with additional chocolate pieces. Chill thoroughly. Makes 6 to 8 servings.

Green Beans Almond

The buttery topper is good on frozen green beans, too—

1 1-pound can (2 cups) julienne-style green beans
¼ cup slivered blanched almonds
¼ cup butter or margarine
¼ teaspoon salt
1 to 2 teaspoons lemon juice

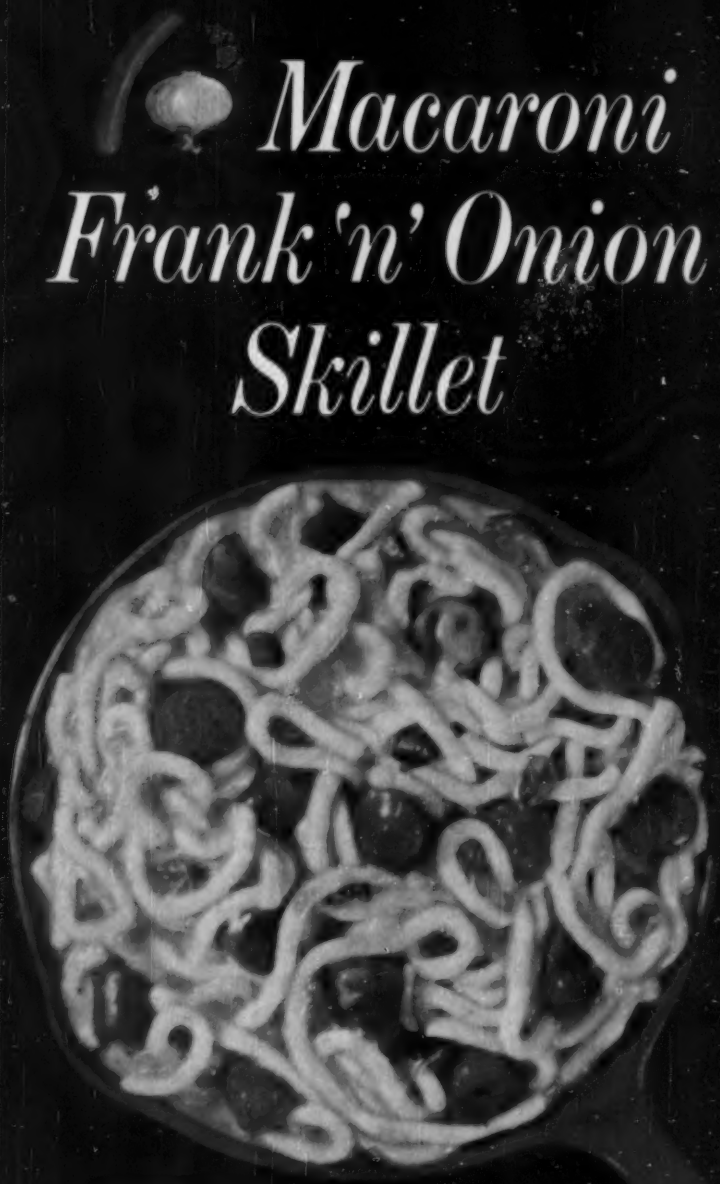
Heat the beans; drain. Meanwhile cook almonds in butter over low heat till golden, stirring occasionally. Remove from heat and add salt and lemon juice. Pour over hot beans. Makes 4 servings.

Spicy Baked Apples

Mincemeat filling makes these wonderful. Try them hot from the oven with cream or ice cream—

6 baking apples
6 slices unpared orange
½ cup prepared mincemeat
• • •
½ teaspoon cinnamon
½ teaspoon nutmeg
2 tablespoons butter or margarine
1 cup brown sugar
1 cup water

Core apples and pare each about ¼ of the way down. Arrange orange slices in bottom of a 10x6x1½-inch baking dish. Place an apple on each orange slice and fill centers with mincemeat. Combine remaining ingredients in small saucepan; bring to boiling. Pour hot syrup around apples. Bake uncovered in moderate oven (350°) 45 minutes or until done, basting occasionally. Serve warm. Makes 6 servings.



New Recipe

Hearty, one-dish meal—almost ready-to-serve

A new dish in minutes from two stand-by foods: Franks from your refrigerator and FRANCO-AMERICAN Macaroni from your pantry shelf. In skillet, cook ½ cup sliced celery, ¼ cup chopped green pepper, and 2 tbsp. chopped onion in 2 tbsp. butter or margarine until tender. Add 3 frankfurters, in 1-in. pieces; brown. Mix in 1 can Franco-American Macaroni (which already has its own smooth cheese sauce). Heat, stirring now and then. 2 to 3 servings.

A happy combination of macaroni, cheese, with cream and butter too.

FRANCO-AMERICAN
MACARONI WITH CHEESE SAUCE

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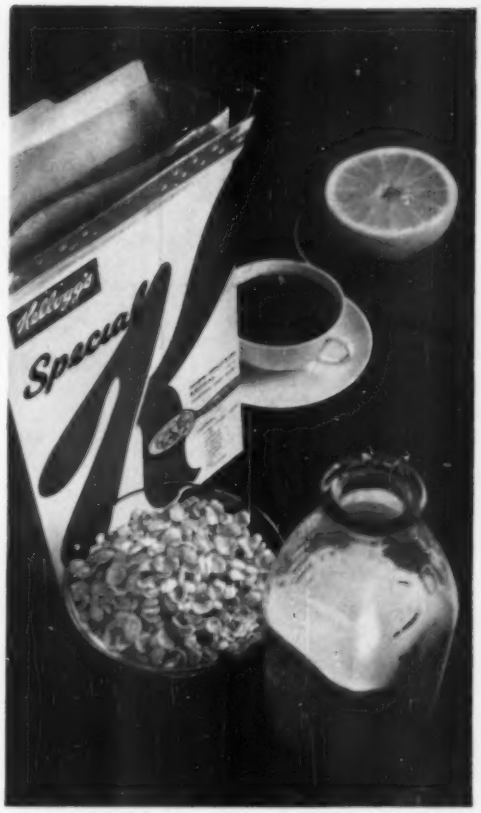

© 1961 by Kellogg Company

The temptation is great, when you are conscientiously counting calories, to skimp on breakfast—or skip it altogether. According to the best information on common sense weight control, this is perhaps the worst thing you can do.

A breakfast of only juice and coffee can sabotage your whole reducing program. It gives you too few calories to carry you through the morning—and shortchanges you completely on protein.

The result is all but inevitable. You are so empty and droopy before noon that there is usually the compulsion to overeat the rest of the day.

Why Breakfast Is Vital

When you wake up in the morning your body is run down. If breakfast is a "minus meal," your body simply has no fuel to help it get going.

No matter how low a calorie quota you have set for the day, the leading nutritionists agree that you should get 20 per cent or more of those calories at breakfast. Your need for protein, vitamins and minerals is also great. Body cells and tissues must be supported, even though excess fat is being torn down.

Eating sensibly at breakfast helps you eat sensibly at lunch and dinner.

New Special K Breakfast

A breakfast that can satisfy the demanding requirements of common sense weight control has been worked out by ranking nutritionists at an outstanding university and diet specialists at Kellogg's of Battle Creek.

This breakfast is built around a unique cereal food—Kellogg's Special K.

Special K, a good-tasting, high-protein cereal, was "invented" by this same team several years ago. When served with milk, Special K provides a significant amount of complete protein—as well as other dietary essentials—first thing in the morning.

The Special K Menu

Half a medium-size grapefruit—or 4 ounces of orange or tomato juice

1 ounce (1½ cups) Special K with 1 teaspoon sugar

4 ounces skim milk

Black coffee or tea

This complete protein breakfast adds up to 240 calories.

A Bonus in Well-Being

The Special K Breakfast is an easy-to-get breakfast. (It's ready before your coffee is cool enough to drink.) And most folks agree that it is quite delicious, too. It is crisp and light and has a substantial feel in your mouth. It is appetizing to the eye. In short, the Special K Breakfast is one that can be enjoyed week after week, month after month.

And because Special K with milk gives you complete high-quality protein, it also gives you a feeling of well-being. Your body has been pleasantly nourished so you aren't plagued by hunger an hour or two later.

Moderation Is the Answer

With sensible watching of the foods you eat at other meals—cutting down instead of cutting out—there is no reason why the Special K Breakfast can't help you reach the weight you want—and keep it.

Isn't that important enough to make you want to give the new Special K Breakfast a good try? If you have any questions on weight control, your doctor, of course, is your best source of information.

Kellogg's of Battle Creek

Money for your recipes

Pickles and relishes; summertime pies

AUGUST'S bounty of vegetables and fruits is an inspiration for making pickles and relishes. We'd like your best recipe. Send one, also, for summertime pies. Two Cooks-of-the-Month will receive $20 each. Nineteen other winners will receive $5 each. Selected winning recipes will be pictured in the Prize Tested Recipes pages next August. The winners of these 21 prizes will receive a framed *Better Homes & Gardens* Certificate of Endorsement and six copies of the endorsed recipe.

Hints to help you

Pickles and relishes. Bet you know how to make crisp cucumber pickles—big or little, whole or sliced. Or, is your specialty watermelon pickles, spiced peaches or pears? What about vegetable relish (fresh or the kind you put up in jars)? Suggestions:

dill pickles
piccalilli
green tomatoes
mustard pickles
frankfurter relish
pickled beets
corn relish
tomato chop-chop

Summertime pies can be those wonderful fruit pies—blueberry, peach, pear, or plum. Or, you may choose to "cook cool" with a mile-high chiffon pie, or a pretty parfait or ice-cream pie. Use a pastry crust—or call on a quick crumb, cooky, or coconut crust. Ideas:

peach lattice pie
lime chiffon pie
frosty chocolate-mallow pie
raspberry parfait
glazed blueberry pie
mocha chiffon pie

THIS MONTH'S WINNERS

(*See recipes on pages 75 and 76*)

Cooks-of-the-Month

Best Meat Loaves: Mrs. D. W. Bailey, Sacramento, Calif.
Self-frosted Cakes: Mrs. Alvina DuVall, Santa Clara, Calif.

Other Winners

Mrs. Chesley Douglas, Jr., Menlo Park, Calif.
Mrs. James McCaslin, Saginaw, Mich.
Mrs. Pearl Schmidt, Golden Prairie, Sask., Canada
Mrs. James E. Short, Augusta, Ga.
Mrs. J. W. Sikorski, Sioux Falls, S. Dak.
Mrs. V. Trunecek, Cleveland, Ohio

Honor Roll

Mrs. Reeves E. Akin, Polson, Mont.
Mrs. Ford Byington, Grand Ledge, Mich.
Mrs. Walter Choquette, Pawtucket, R. I.
Mrs. J. Roy Hanson, Portland, Ore.
Mrs. B. L. Hatfield, Bucyrus, Ohio
Mrs. Z. C. Jones, Newton, Iowa
Anne Kekich, Los Angeles, Calif.
Mrs. Mary B. Lavender, Van Nuys, Calif.
Mrs. Luella E. Maki, Ely, Minn.
Mrs. Alice Mitchell, Welch, W. Va.
Mrs. M. O. Muterpaugh, New Castle, Ind.
Mrs. Donald Nelson, Petoskey, Mich.
Mrs. C. A. Simpier, Bremerton, Wash.

Contest rules

1. Write your recipe clearly on one side of the paper and mark it "August Pickles and Relishes" or "August Summertime Pies." If you wish, send a recipe for each of the two categories.
2. Print your full name and address in upper right corner of paper.
3. Give measurements in *level* cups, tablespoons, teaspoons.
4. Specify brand names of the *nationally* known food products you use as ingredients so we can test your recipe with the same brands.
5. Include 50 to 100 words about the origin of the recipe you submit.
6. Recipes submitted become property of *Better Homes & Gardens*.
7. Entries must be postmarked by midnight, January 31. In cases where duplicate recipes are submitted, the one with the earliest postmark will be judged. All judges' decisions will be final.
8. We reserve the right to adjust and edit winning recipes.
9. Address the recipes you enter to 5401 Test Kitchen, *Better Homes & Gardens*, Des Moines 3, Iowa.

Hamburger-Spaghetti Meal – DELICIOUS, EASY, LOW COST

1—Saute 1½ lbs. hamburger in 1 Tbs. butter, 2 cups of chili sauce, salt, pepper. Cook ½ lb. thin spaghetti; place half in buttered 2-qt. casserole. Cover with mixture 1 cup cottage cheese, ½ cup sour cream, ½ cup minced onions. Top with remaining spaghetti. Sprinkle on 2 Tbs. melted butter. Cover whole thing with meat-chili sauce combination. *Can do early and refrigerate.* **2**—Bake 35 min., 375° F. **3**—Last 15 min. add sliced tomatoes with ¼ cup minced onion, 1 Tbs. sugar, seasoning.

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Cook-it-yourself

Begins on page 54

Beef Fondue

Guests will say, "Delicious!" as they cook tenderloin cubes and dip them in a variety of sauces and butters—

Salad oil for cooking
1½ pounds trimmed beef tenderloin, cut in ¾-inch cubes
Garlic Butter
Anchovy Butter
Tomato Steak Sauce
Horseradish Cream
Caper Sauce

Pour salad oil in a beef-fondue cooker or *deep* chafing dish* to depth of about 1½ inches. Place over direct heat on range and bring to 425° or just below smoking point. Then take to table and place over alcohol burner or canned heat. Have beef cubes at room temperature in serving bowl. Set out small bowls of several or all of the special butters and sauces. Each guest spears a beef cube with fork, then holds it in the hot oil until cooked to desired doneness—it doesn't take long to learn the length of time. He then dips it in a sauce on his plate.

Better Homes & Gardens Test-Kitchen note: When salad oil cools so meat no longer cooks briskly, heat oil again on range. Treat hot oil with respect—be ever so careful in moving the pan.

*An electric saucepan is ideal—it is deep, and the oil can be heated at the table and kept at proper temperature.

Garlic Butter

½ cup butter, softened
1 clove garlic, minced

Whip butter and garlic till fluffy.

Tomato Steak Sauce

1 8-ounce can (1 cup) seasoned tomato sauce
½ cup bottled steak sauce
2 tablespoons brown sugar
2 tablespoons salad oil

Mix ingredients. Bring to boiling. Serve hot. Makes about 1½ cups.

Horseradish Cream

1 cup dairy sour cream
3 tablespoons drained prepared horseradish
¼ teaspoon salt
Dash paprika

Combine ingredients. Keep chilled.

Caper Sauce

¼ cup drained chopped sour pickles
2 tablespoons drained finely chopped capers
1 cup mayonnaise or salad dressing
1½ teaspoons prepared mustard
1½ teaspoons snipped parsley

Dry chopped pickles and capers on paper towels. Add to mayonnaise; stir in mustard and parsley.

Anchovy Butter

1 2-ounce can anchovy fillets
½ cup butter, softened
2 tablespoons olive oil
½ teaspoon paprika
⅛ teaspoon freshly ground pepper

Drain anchovies; place in blender or mixer with remaining ingredients; beat smooth.

Bacon Bites

Little hot appetizers you can grill on table hibachi or in broiler (portable electric model or kitchen range)—

For each, wrap a large stuffed green olive in half a slice of partially cooked bacon; tack with toothpick. String on skewers and broil, turning frequently, until bacon is crisp—takes just a few minutes.

Hibachi Cheese Biscuits

Let each guest toast his own skewer of little appetizer biscuits—

Cut refrigerated biscuits (from a tube) in thirds, and roll each piece into a ball. Dip in melted butter or margarine, then in grated Parmesan cheese. String on skewers, leaving about ½ inch between balls. "Bake" over *hot* coals, *turning constantly*, until browned and completely done, about 7 minutes. Eat right now! One tube of refrigerated biscuits makes 30.

Dessert Pancakes

Prepare 1 cup packaged pancake mix following method on label, but using 1¼ *cups milk*, 1 egg, and 1 tablespoon salad oil or melted shortening. Bake on griddle as directed on package. Keep pancakes warm. Just before serving, spread each with Whipped Orange Butter; roll up. Place in chafing dish to serve; drizzle cakes with a little orange juice and sprinkle with sugar for a sparkling finish. Offer Cinnamon Honey, warm maple-flavored syrup, marmalade, and additional Orange Butter. Makes about ten 5-inch pancakes.

Whipped Orange Butter: Let ¼ pound (1 stick or ½ cup) butter stand at room temperature for 1 hour. With electric mixer at lowest speed, mix until large chunks smooth out. Gradually increase mixer speed to high, and whip until butter is fluffy (takes 8 to 10 minutes). Stir 1 tablespoon grated orange peel and 2 tablespoons orange juice into the whipped butter. Cover until ready to use. (If made ahead and refrigerated, remove from refrigerator an hour before using.) Makes about ¾ cup.

Cinnamon Honey: Mix 1 cup honey with ½ teaspoon cinnamon and dash nutmeg; heat.

Far-East Rice

If you want to be authentic, it takes a bit of doing, but you'll have fun—

Wash 1 cup uncooked rice in a bowl or pan, swishing the grains around in the water with your hand; repeat washing in 3 or 4 changes of water to remove starch on outside of grains. Drain in sieve. Put washed rice in a 2-quart saucepan; add 1½ cups cold water (if any rice clings to sides of pan, scrape down). No salt? That's right—but foods served with the rice are salted. Cover pan—now you won't lift lid till rice is done. Bring to a vigorous boil over high heat. Now turn heat as low as

Here's a package of sure success!

The fragrance of fresh hot rolls, the pride of bringing them to the table . . . all yours! Perfect for sure, because here's flour and yeast made just *for* rolls. Recipes are on package. Have fun!

Pillsbury Hot Roll Mix

Pillsbury HOT ROLL MIX

♫ Nothing says lovin' like something from the oven and Pillsbury says it best! ♫

possible; cook 3 minutes. Bring back to boiling; cook 5 minutes while *gradually turning heat down*. Continue to cook 15 minutes. Remove from heat. Keep pan covered and let steam 7 minutes. Fluff with chopsticks or fork. Makes 3 cups.

American-style Rice

Fluffy rice every time—and so easy—

1 cup uncooked rice
2 cups cold water
½ to 1 teaspoon salt

Put rice, water, and salt in a 2-quart saucepan; cover with a tight-fitting lid. Bring to a vigorous boil; then turn heat as low as possible. Continue to cook 14 minutes. Do not stir or lift cover. Turn off heat; allow rice to steam, covered, for 10 minutes more. Makes 3 cups.

Oriental Hot Pot

A typical Chinese dish that guests will like to try their hand at. No talent required—just handsome arrangement of the foods to be cooked—

1 pound raw shrimp, peeled and deveined
2 chicken breasts, skinned, boned, and sliced *very thin*, across grain
½ pound beef sirloin sliced *very thin* (across the grain)
½ head Chinese cabbage *or* 1 lettuce heart, coarsely cubed
1 cup cubed eggplant *or* 1 5-ounce can (⅔ cup) water chestnuts, drained and thinly sliced
1½ cups halved fresh mushrooms
4 cups small spinach leaves (stems removed)
3 14-ounce cans (5¼ cups) chicken broth
3 chicken bouillon cubes
1 tablespoon monosodium glutamate
½ tablespoon grated gingerroot or ½ teaspoon ground ginger
Chinese Mustard
Ginger Soy
Peanut Sauce
Red Sauce
Hot cooked rice

Shortly before cooking time, arrange the meats and vegetables on large tray or platter; use a bowl for spinach if necessary. Set out dunking sauces. Provide bamboo tongs, chopsticks, or long-handled forks as cooking tools for guests.

Heat chicken broth in electric skillet or chafing dish (or use Mongolian cooker—directions below). Add bouillon cubes to hot broth and stir to dissolve; add monosodium glutamate and ginger. Heat to simmering. For cooking, have broth *barely* bubbling. Each guest picks up desired foods with chopsticks or whatever, drops them into the bubbling broth. When his tidbits are cooked, he lifts them out and dips into the sauces on his plate. Serve Hot Pot with rice. Makes 4 servings.

To use Mongolian cooker (see picture, page 56): Fill chimney of cooker with charcoal and add charcoal starter. Pour cold chicken broth into cooker. Cover cooker, then light charcoal. When broth is hot, continue as above.

Peanut Sauce

½ cup chunk-style peanut butter
1½ tablespoons soy sauce
1 tablespoon water
½ teaspoon sugar
2 drops Tabasco sauce
1 clove garlic, minced
½ cup water

Thoroughly combine the first 6 ingredients; slowly stir in the ½ cup water, mixing until smooth. Makes about 1 cup.

[*Turn to page 71*

Coming in February. . .

★ *Unbelievable cars of the future*
★ Glorious new roses
★ What your family must do about high health costs
★ Genius with packaged foods
★ *Pages sewing ideas*

Lipton CHICKEN NOODLE SOUP

Home-cooked taste the new mix way

or

How to make 4-hour soup in 7 minutes.

1. Wonder of a mix! See the *uncooked* noodles... and those goldeny bits? They'll flower into a rich chicken broth.

2. Uncanny how the kitchen fills with old-time aroma of chicken broth... in just seven delicious minutes, the new mix way!

3. Lipton does the paring, picking, peeling. Puts all this goodness in a convenient mix. With honest-to-garden parsley.

4. Enriched egg noodles plump up to just-right tenderness when you simmer them. They don't get soggy in a packet of mix.

5. Turkey Finale. Get all the goodness without the nuisance! Simmer carcass in water. Add soup mix last 7 minutes.

6. You get a family-size pot of soup from each packet of mix. Makes four servings at less than 4 cents apiece.

7. Egg Drop Soup. Prepare Chicken Noodle Soup thickened with 1 tbsp. cornstarch. Stir in 1 slightly beaten egg.

Who'd ever want "warmed up" soup now that **LIPTON** *home cooked taste the new mix way* is here?

Cook-it-yourself

Continued

Chinese Mustard

¼ cup boiling water
¼ cup dry English mustard
½ teaspoon salt
2 teaspoons salad oil

Stir boiling water into dry mustard. Add salt and salad oil. For yellower color, add a little turmeric.

Ginger Soy

Plenty of flavor snap here!—

½ cup soy sauce
1½ teaspoons ginger

Combine soy sauce and ginger. Bring to boiling and serve hot.

Red Sauce

Horseradish and Tabasco are the zest—

3 tablespoons catsup
3 tablespoons chili sauce
1½ tablespoons prepared horseradish
1 teaspoon lemon juice
Dash Tabasco sauce
Salt and pepper to taste

Combine all ingredients, mixing well. Makes about ½ cup.

Sukiyaki

You cook just 4 servings at a time. So speedy that one recipe can follow another, with guests as relay cooks—

2 to 4 ounces dry bean threads* (optional)
• • •
Few small pieces beef suet
1 pound beef tenderloin, sliced paper-thin (across the grain)
• • •
2 tablespoons sugar
1 teaspoon monosodium glutamate
½ cup soy sauce
½ cup beef stock or canned condensed beef broth
• • •
2 cups 2-inch lengths bias-cut green onions
1 cup 2-inch bias-cut celery slices
½ cup thinly sliced fresh mushrooms
12 to 16 ounces bean curd* (optional), cubed
• • •
1 5-ounce can (⅔ cup) water chestnuts, drained and thinly sliced
1 5-ounce can (⅔ cup) bamboo shoots, slivered or diced, drained
5 cups small spinach leaves or 2-inch lengths (stems removed)
1 1-pound can (2 cups) bean sprouts, drained
• • •
Hot cooked rice

Prepare bean threads ahead by soaking 2 hours in cold water; drain.

Just before cooking time, arrange meat and vegetables attractively on large platter or tray. Have small containers of sugar, monosodium glutamate, soy sauce, and beef stock handy. For "toss-stirring" you'll want to use two tools at once—chopsticks or big spoon and fork.

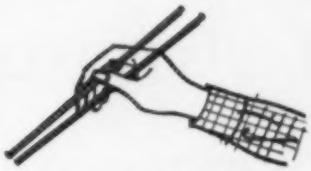
Preheat large (12-inch) skillet or Oriental saucepan; add suet and rub over bottom and sides to grease; when you have about 2 tablespoons melted fat, remove suet. Add beef and cook briskly, turning it over and over, 1 or 2 minutes or just till browned. Now sprinkle meat with sugar and monosodium glutamate; pour soy sauce and beef stock over. Push meat to one side. Let soy mixture bubble.

Keeping in separate groups, add onions, celery, and mushrooms. Continue cooking and toss-stirring *each group* over high heat about 1 minute; push to one side. Keeping in separate groups, add remaining vegetables in order given, bean threads, and bean curd. Cook and toss-stir each food just until heated through. Let guests help themselves to some of everything, including sauce. Serve with fluffy rice. Pass cruet of soy sauce. Makes 4 servings.

Note: For more batches, leave remaining sauce in pan and add soy sauce, beef stock, and seasonings by guess. Let guests cook as they please.

*Dry bean threads (*shirataki*) are also called "cellophane" noodles or Japanese vermicelli. This product and bean curd (*tofu*) may be found at Japanese food shops. The bean threads and canned bean curd may be obtained from American mail-order houses that specialize in Oriental foods.

How to use chopsticks



Chopsticks are held a little above the middle, with small ends down and tips even so they'll meet like tweezers. First get the knack of holding the top stick alone. Grip it like a pencil, but *loosely* between the *tips* of your index and middle finger; anchor *gently* with your thumb—whole hand must be relaxed. Now practice moving this stick a few times till you get the feel of it.

Next slip lower stick into position. Place it *lightly* in the V formed by your thumb and index finger, and letting it rest on the first joint of your ring finger. (Resist the temptation to touch lower stick with middle finger.) Make note of this: The lower stick *never moves*. O.K., now, pick up a bite. Awkward at first, but bet you won't go hungry!

Etiquette: Use one set of chopsticks for cooking and fishing out morsels from Hot Pot or Sukiyaki pan, use a second set for eating. If only one set is provided for each guest, simply reverse your chopsticks (large ends down) when you cook or help yourself to food.

SMART COOK . . .

The Best Cook in Town lets the toast rest a minute so she won't mash its face with the butter knife. . . . Offers a choice of Worcestershire sauce or maple syrup with fried mush on a winter morning. . . . Crumbles Roquefort over the top of a just-baked apple pie and slips it back into the oven for a happy moment. . . . And NEVER lets herself get nervous, trying to dot-with-butter. She just melts and dribbles it, instead.

Heaven on Earth: That's when ribs or chicken-leg bones are elastic enough for you to chew out the marrow —with a nod from your dentist and Amy Vanderbilt, of course.

The Sophisticated Cook rolls a dozen hard-cooked egg yolks, first in grated onion, then in parsley or paprika. Red ones and green ones, she strews the little balls over the tossed salad on her New Year buffet.

The greatest thing that could *ever* happen, says the bride in the block, is for a new meatcutter to move into your supermarket and start peeling the calves' liver.

America's cooks now use nine times more garlic than they used in 1930. More power to them, says almost everybody. *And they've got it.*

The Grand Gourmet is the only soul around who won't paw the lettuce bin for the firmest head. Feel for one that *gives* a little, he suggests loftily. It's leafier.

Every man thinks *his* wife is the only woman in the world who ever lets the eggs boil dry.

—*Elizabeth Clarkson Zwart*

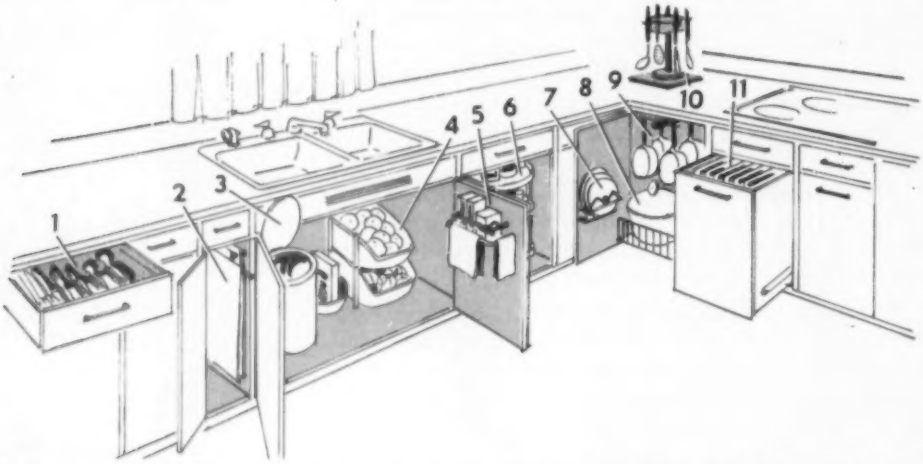
WHY GIVE UP BUTTER?
SPREAD IT ON RY-KRISP

WEIGHT-WATCHERS:
LOOK. Ry-Krisp spread with butter has fewer calories than a slice of "diet bread" *without* butter. (A whole double Ry-Krisp cracker contains no more than 21 calories.)

Kitchen storage plus

Do you sort, reach, and juggle each time you open your kitchen cabinets? These add-in organizers will rescue you from your plight. Choose from a variety of "ready-mades," or if you are a handyman, design and then build in your own ideas. Many of the items shown fit right into your present cabinets without complicated installation; some must be attached to cabinet walls. After you revamp the space, deck the shelves with a colorful paper or a "blanket" of washable vinyl to cushion landing surfaces and quiet kitchen clatter. Outfit the inside of your cabinets for convenience and you'll find more storage for your kitchen supplies.

Especially for wall cabinets—1. Bilevel rack coated with vinyl boosts china storage. 2. Half-depth shelf lines up glasses or cups in unused space gap. 3. Cups hang from hooks attached to the shelf above. 4. Door shelves double the number of visible packages. 5. Foil and kitchen-wrap dispenser brackets to end of cabinets or on a door. 6. Metal divider files pie tins and baking pans. 7. Stackable square canisters take little room on counter or shelf. 8. Cook book rests on narrow ledge, steel spring holds your place. 9. Cork bulletin board glues or tacks to face of door. 10. Towel ring takes the place of a drawer pull, keeps towels handy for quick use. 11. Spice shelves step up, let you arrange containers with all labels in full view; ends upsets.



Ideal for undercounter cabinets—1. Plastic drawer divider or cutlery tray slips into a standard drawer. 2. Three-bar towel rack for fast drying, fastens to a cabinet wall, slides in and out. 3. Waste container glides under sink, lid pops up as you open door. 4. Self-stacking vegetable bins put spare nooks into active use. 5. Utility basket holds dishwashing supplies. 6. Revolving shelves end continual unloading for back row contents. 7. Handy pan and lid file corrals the unstackables. 8. Glide-out shelf carries the loads on the bottom shelf. 9. Pull-out pan hangers have individual hooks for an easy selection. 10. Cook's tools hang on revolving caddy which stows away on cabinet shelf or sits neatly on counter top. 11. Vertical dividers in deep drawer store your serving trays, cooky sheets, and baking pans in handy upright order.

Here are some of the fine products created for your enjoyment by

GENERAL FOODS KITCHENS

Jell-O Desserts
Kool-Aid Soft Drink Mixes
Log Cabin Syrup
S.O.S. Soap Pads
Minute Rice
Swans Down Cake Mixes
General Foods Kitchens Cookbook
Post Cereals
Maxwell House Coffee
Birds Eye Frozen Foods
Baker's Coconut
Sanka Coffee
Good Seasons Salad Dressing Mixes
Yuban Coffee
Tuffy Plastic Mesh Ball
Baker's Chocolate Products
Certo and Sure-Jell Pectins
Calumet Baking Powder
Minute Tapioca
La France Instant Bluing

The carpet's not here—but the company is

Back from their honeymoon a week. The apartment's a sight. But why wait to invite friends to dinner? ■ General Foods Kitchens understands the young impulse . . . to entertain at the buzz of a doorbell. We know because you told us . . . the way to add glamour in a hurry is to serve a festive dessert. ■ There are more ways to dish up easy-to-fix Jell-O Desserts than you can shake a spoon at. Over the years, our creative cookery people have developed 4,140 recipes for Jell-O Desserts . . . sent them to you in leaflets, letters and advertisements. ■ Keep your eye on General Foods Kitchens for exciting new ways to use all our products. Creating recipes is one of the most pleasant things we do.

GENERAL FOODS KITCHENS

Jell-O is a registered trade-mark of General Foods Corporation

Kitchen-weary? Cheer up! Here on this page you'll find six light and delightful ways to keep the family's sweet-tooth happy...desserts made with fragrant, luscious peaches...*cling* peach desserts that know how to finish a meal with a flourish. Yet the usual preparation time runs about 5 minutes! So ready, set, open a can and go!

(You'll note we mostly heat the peaches. Heating brings out the half-sweet, half-tangy flavor of cling peaches to the fullest, and does not change their shape or glorious color.)

Look what you can do with cling peaches!

Hot with Cream: Heat cling peach slices with their own syrup in saucepan or baking dish; top with cream.

Coconutty Clings: Drain cling peach slices. Heat, sprinkle with coconut, brown sugar, chopped nuts. Broil until coconut is lightly toasted. Serve hot!

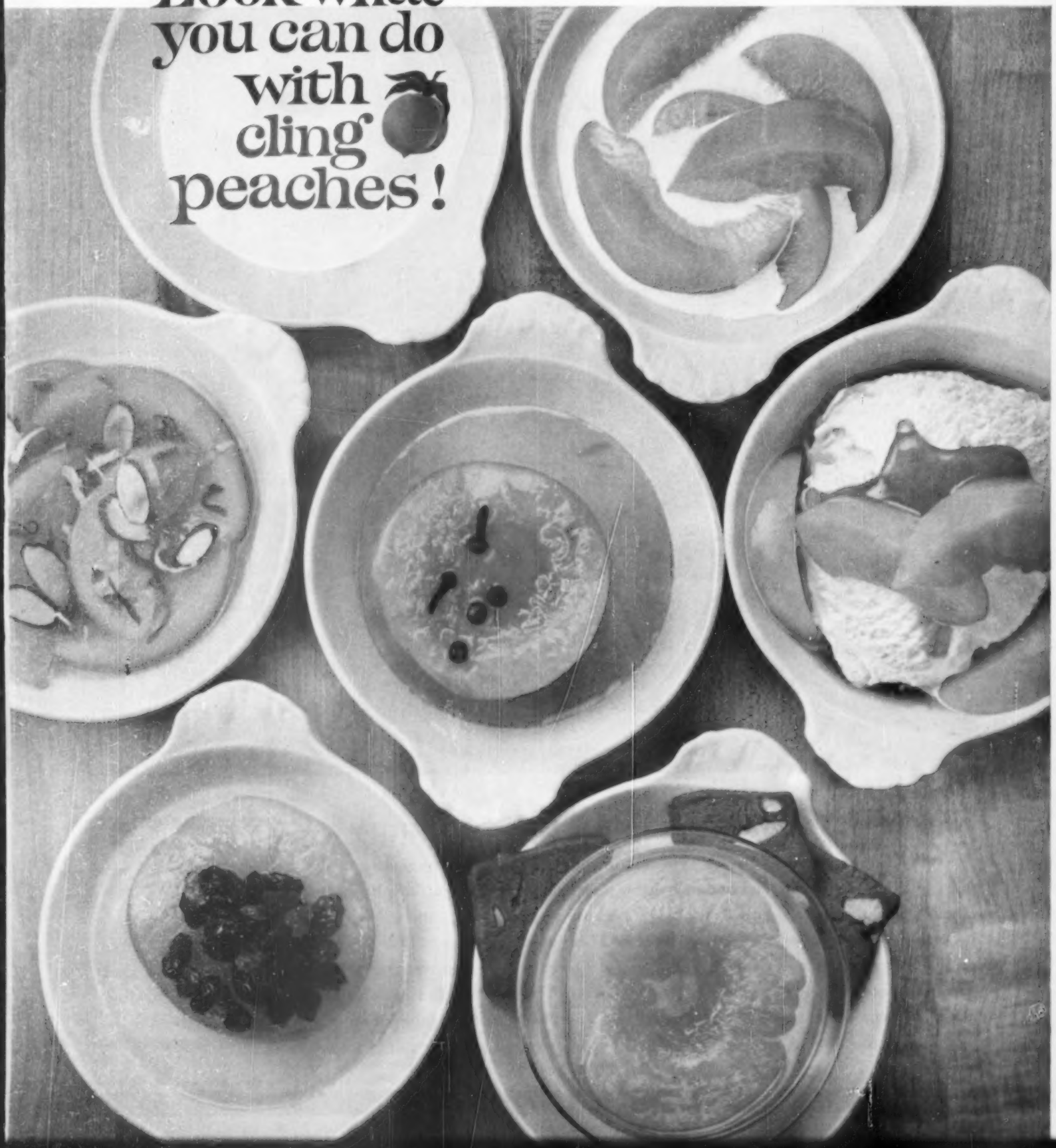
Orange-Clove Peaches: Drain cling peach halves, drizzle with orange juice. Sprinkle with grated orange rind, brown sugar, dash of salt; add whole cloves, whole allspice. Bake 350°F.-20 mins. —basting once. Serve hot!

Sunny Sundae: Drain cling peach slices and simmer in maple syrup. Pour, hot or cold, over vanilla ice cream.

East Indian Peach Bake: Chop raisins coarsely, add honey, dash of wine vinegar and chopped preserved ginger. Spoon into drained peach halves, cover and bake (400°F.-20 mins.) Serve hot!

Instant Peaches: Serve golden cling peaches straight from the can with a plate full of your favorite cookies. A truly instant dessert!

CLING PEACH ADVISORY BOARD



Prize Tested Recipes

Better Homes TEST KITCHEN

Self-frosted Cakes

File under Cakes

Banana Cream Cake

A feathery cake with a jiffy sour-cream frosting that bakes atop—

½ cup shortening
2 cups sifted enriched flour
1½ cups granulated sugar
1½ teaspoons baking powder
1 teaspoon soda
1 teaspoon salt
½ teaspoon nutmeg
1 cup mashed *ripe* banana
¼ cup milk
1 teaspoon vanilla
2 eggs
½ cup finely chopped California walnuts

• • •

1 cup dairy sour cream
½ cup brown sugar
¼ cup broken walnuts

Stir shortening just to soften. Sift in dry ingredients. Add banana, milk, and vanilla. Mix till all flour is dampened. Then beat vigorously 2 minutes. Add eggs and beat 2 minutes longer. Stir in finely chopped nuts. Bake in a greased and floured 9x9x2-inch pan in moderate oven (350°) 35 to 40 minutes or till done. For **Sour-cream Frosting:** Mix sour cream and brown sugar; spread over warm cake in pan. Sprinkle with broken nuts. Bake 5 minutes longer or till frosting is set. Cut cake in squares; trim with sliced bananas. *Mrs. Alvina DuVall, Santa Clara, California*

Cut along dotted lines

Photographs: Scott

Best Meat Loaves

Caraway Meat Loaf

Here's a meat loaf that's deliciously different. Caraway seed and red wine vinegar give it a special old-world flavor—

1 tablespoon caraway seed
1 tablespoon instant minced onion
3 tablespoons red wine vinegar
1 pound ground beef
½ pound ground fresh pork
1½ cups soft bread crumbs
¾ cup milk
1 egg
1½ teaspoons salt
Dash pepper

In large bowl, soak caraway seed and onion in vinegar 10 minutes. Add remaining ingredients; mix thoroughly. Shape in loaf in shallow baking dish. Bake in moderate oven (350°) 1½ hours. (If you wish to score loaf, press top with handle of wooden spoon or knife after baking ½ hour.) Makes 8 servings. *Mrs. D. W. Bailey, Sacramento, California*

Add these pages to your COOK BOOK

File under Meats

Marmalade Ham-loaf Squares

- 1½ cups packaged herb-seasoned stuffing
- 2 cups milk
- 1½ pounds ground fresh pork
- 1½ pounds ground ham
- ½ cup chopped onion
- ¼ teaspoon salt

• • •

- 1 cup orange marmalade
- 2 tablespoons vinegar
- 1 teaspoon dry mustard
- ¼ teaspoon cinnamon
- ¼ teaspoon cloves

Soak stuffing in milk 5 minutes; add meats, onion, and salt; mix well. Lightly pack into 9x9x2-inch baking dish. Bake in moderate oven (350°) 1¼ hours. Spoon off drippings. For **Marmalade Glaze:** Mix remaining ingredients; spread over loaf. Bake 10 minutes longer. Allow to stand a few minutes before cutting in squares. Top with orange cuts, if desired. Makes 9 to 12 servings.

Mrs. V. Trunecek, Cleveland, Ohio

Italian Meat Loaves

- ¾ cup medium cracker crumbs
- 1 cup milk
- 1½ pounds ground beef
- 2 eggs
- ½ cup grated Romano cheese
- ¼ cup minced green pepper
- ¼ cup minced onion
- 1 tablespoon Worcestershire sauce
- ½ teaspoon salt
- ½ teaspoon garlic salt
- ¼ teaspoon basil
- Dash pepper

• • •

- Catsup

Soak cracker crumbs in milk; add remaining ingredients except catsup; mix well. Shape in 6 individual loaves; place in shallow baking pan or jelly-roll pan. Spread catsup over loaves; sprinkle with a small amount additional Romano cheese and basil. Bake in moderate oven (350°) 45 minutes.

Mrs. James E. Short, Augusta, Georgia

Family-style Beef Loaf

A moist, "meaty" loaf with fresh tomato flavor. Bacon is the baked-on topper—

- 2 pounds ground beef
- ½ cup dairy sour cream
- 1 cup quick-cooking rolled oats
- 1 1-pound can (2 cups) tomatoes
- 1½ teaspoons Worcestershire sauce
- 2¼ teaspoons salt
- Dash pepper

• • •

- Bacon slices

Thoroughly combine all ingredients except bacon. Lightly pack into 9½x5x3-inch loaf pan. Place bacon slices across top. Bake in moderate oven (350°) 1½ hours. Let stand a few minutes, then turn out on platter. Makes 8 to 10 servings.

Mrs. Chesley Douglas, Jr., Menlo Park, California

Add these pages to your Better Homes & Gardens Cook Book

Peanut Cake Quick

- 1 package loaf-size yellow-cake mix
- ¼ cup peanut butter
- ¼ cup light cream
- 1 cup brown sugar
- ½ cup flaked coconut

Prepare and bake batter from cake mix according to package directions. Blend peanut butter, cream, and brown sugar; spread over warm cake. Sprinkle with coconut. Broil 4 to 5 inches from heat about 4 minutes or till frosting is lightly browned.

Mrs. Pearl Schmidt, Golden Prairie, Sask., Canada

Pineapple Crunch Cake

- 1 9-ounce can (1 cup) crushed pineapple
- ⅓ cup shortening
- ½ cup sugar
- 1 teaspoon vanilla
- 1 egg
- 1¼ cups sifted enriched flour
- 1½ teaspoons baking powder
- ¼ teaspoon salt

• • •

- 1 recipe Coconut Topper
- 3 tablespoons melted butter or margarine

Drain pineapple *well*, reserving ½ cup syrup. Thoroughly cream shortening, sugar, and vanilla. Add egg; beat well. Sift together dry ingredients; add to creamed mixture alternately with reserved syrup, beating after each addition. Pour *half* of the batter into greased and floured 8¼x1¾-inch round ovenware cake dish; spoon pineapple over. Cover with remaining batter, then Coconut Topper. Drizzle all with butter. Bake in moderate oven (350°) about 35 minutes or till done. Top with pineapple chunks. Serve warm with whipped cream. **Coconut Topper:** Mix ½ cup flaked coconut, ⅓ cup brown sugar, ⅓ cup chopped walnuts.

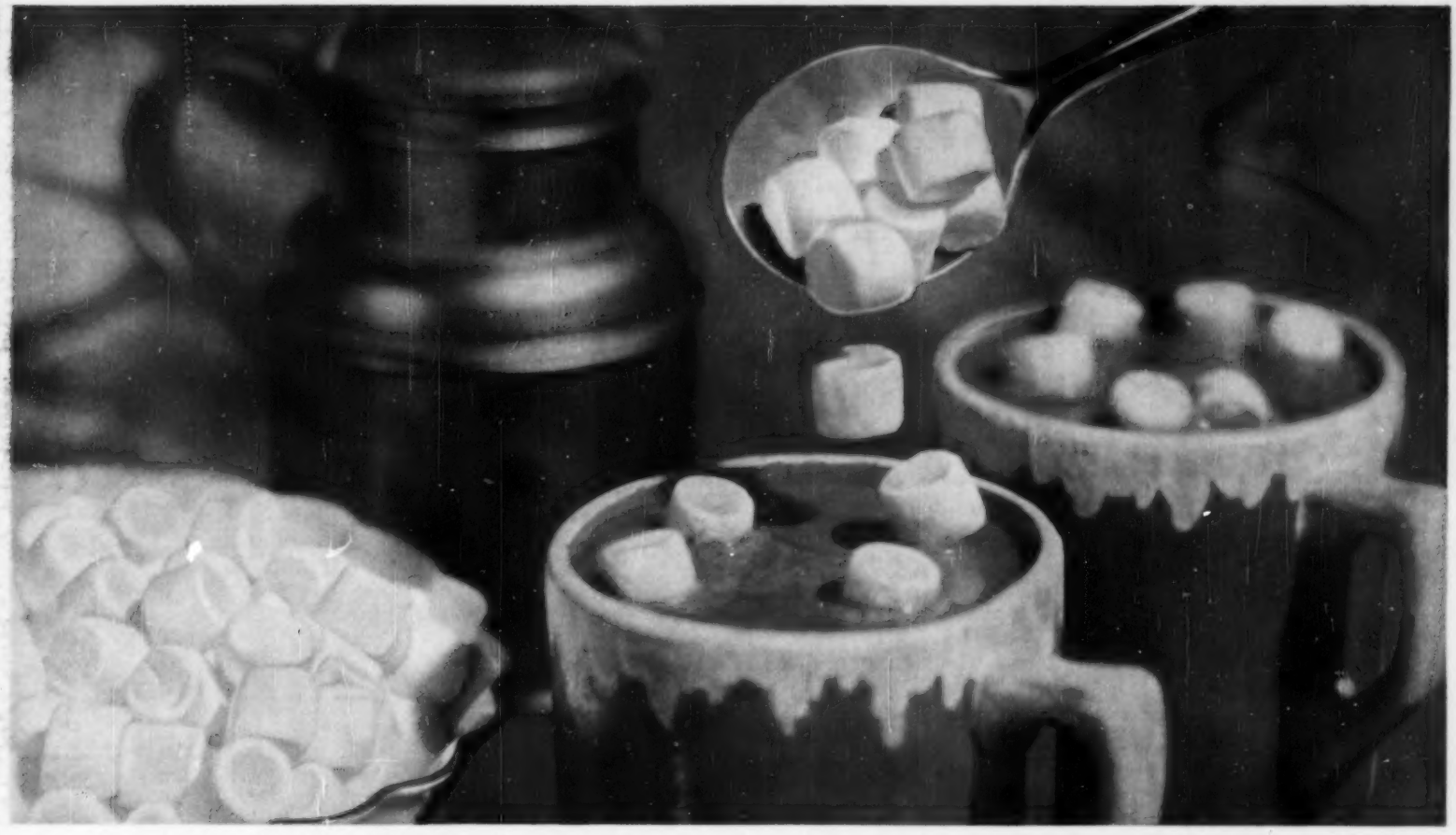
Mrs. James McCaslin, Saginaw, Michigan

Prune Spice Cake

- ½ pound (1½ cups) dried prunes
- 2 cups sifted enriched flour
- 1½ cups sugar
- 1¼ teaspoons soda
- 1 teaspoon salt
- 1 teaspoon cinnamon
- 1 teaspoon nutmeg
- ¼ to ½ teaspoon cloves
- ½ cup salad oil
- 3 eggs
- 1 recipe Crumb Top
- ½ cup broken California walnuts

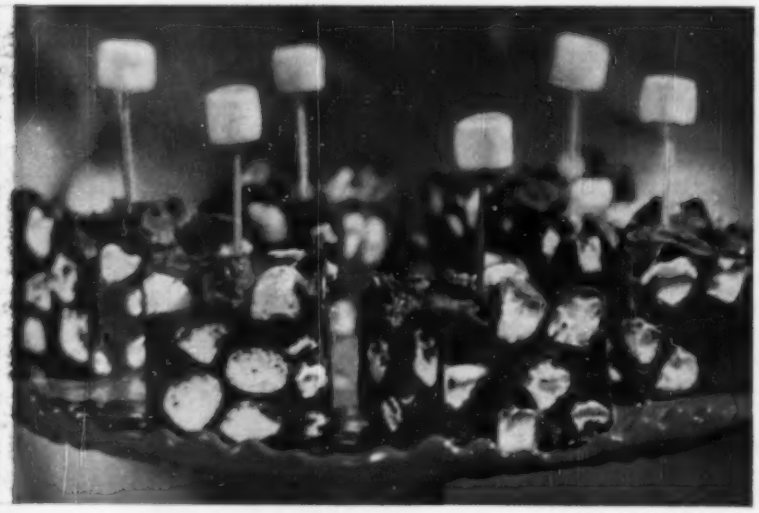
Cover prunes with water. Cover and simmer 20 minutes or till tender. (Do not sweeten.) Drain, reserving ⅔ *cup of the liquid* (add water, if necessary.) Pit and chop prunes. Sift together dry ingredients; add reserved prune liquid and the salad oil. Mix to blend. Beat vigorously 2 minutes. Add eggs; beat 1 minute longer. Stir in prunes. Pour into greased and floured 13x9x2-inch baking dish. Sprinkle with Crumb Top, then nuts. Bake in moderate oven (350°) 35 minutes or till done. Serve warm. **Crumb Top:** Mix ½ cup sugar, 2 tablespoons flour; cut in 2 tablespoons butter till crumbly.

Mrs. J. W. Sikorski, Sioux Falls, South Dakota



Better-than-ever Hot Chocolate. Make hot chocolate using a ready mix or cocoa. Or dairy chocolate milk. Then float lots of Kraft Miniature Marshmallows on each cup. (Wonderful on Kraft Chocolate-Flavored Malted Milk, too.) Takes 10 Miniatures to equal one regular size marshmallow, so be generous! They seem made for hot chocolate—just the right size to make drinking easy. And they melt quickly into a light fluffy topping that tastes delicious. Really coaxes youngsters to drink up!

Fun for young fry with Kraft Recipe-size Marshmallows –the good kind that stay soft!



Marshmallow Chocolate "Philly" Fudge. Terrific! Recipe is fail-proof. You'll find it in free booklet of wonderful recipes—just write Kraft Miniature Marshmallows, P. O. Box 1513, Dept. B, Chicago 77, Ill.

Chocolate Marshmallow Pudding. Prepare 1 package of chocolate pudding according to package directions. Fold in 1 cup of Kraft Recipe-size Marshmallows. Sprinkle marshmallows over top of each serving.

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Disguise the size of a window

You don't have to knock the wall out to make a window look bigger than it is. Drapery hardware, fabric, wallpaper, and other common materials can be used to camouflage the actual size of a window.

To add either width or height to a window, without marring the plaster, use extender plates attached to the window casing (note drawings below); to get both height and width, combine an extension traverse rod with a vertical extender plate. Cover the wall space above the window glass with a standard roller shade, a venetian blind, or a fabric valance.

Other ways to fake width and height: flank a tall, narrow window with louvered wood shutters or surround a small window with a wide wallpaper border; cover the window glass with tier curtains. To make the window seem taller, you could hang a curtain tier over the wall space above the window. (Note the first drawing in the column at right.)

A "misplaced" window, that is, one installed with little regard to location or view, can often be completely hidden. Hang floor-to-ceiling draperies over the window and part of the wall for a big-window effect. Use a drapery fabric that cuts light filtration, so the actual window opening won't show through. Another disguise for a "misplaced" window, especially good if you need more light in a room: hinge together light-diffusing plastic panels and hang them from a ceiling track to cover the entire wall. Hang tube lights from the ceiling to fake daylight coming through the false window wall.

A pair of small windows can look like one big window, if you hang a mirror on the wall between the windows and add a pair of side draperies. Another method: hang sill-length draperies at ceiling height, alongside the windows; add a wide roller shade or venetian blind to hide the wall areas and to control light.

A high strip window can be "lowered" with floor-length curtains installed at sill level; add a valance at the window top. (Note fourth drawing.) Or use a wide venetian blind to cover the window opening; make side draperies the same length as the others in the room. Arrange furniture below the window to detract from its height. (Study the last drawing.)

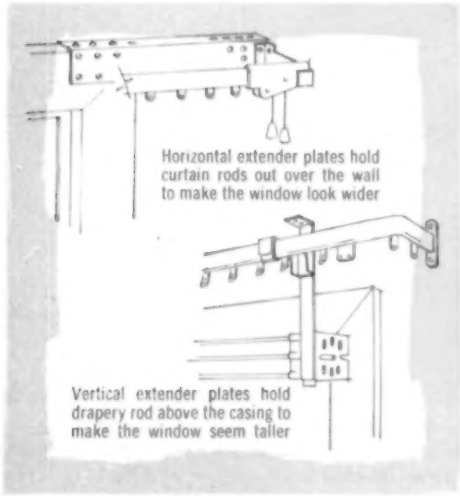
Make an artificial window to break the monotony of an overly wide wall area, as in a long narrow room or in a hall. Hang draperies over a blank wall or paste up a scenic mural and decorate around it just as if it were a window with a view.

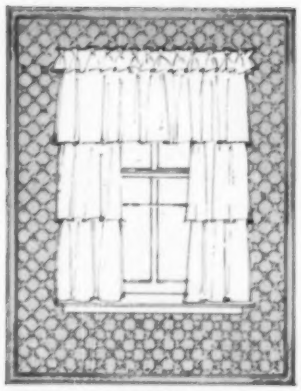
Some do's and don'ts to remember as you plan your new window treatments: when measuring the windows and wall areas, use a firm stepladder; don't substitute a chair and a stack of books.

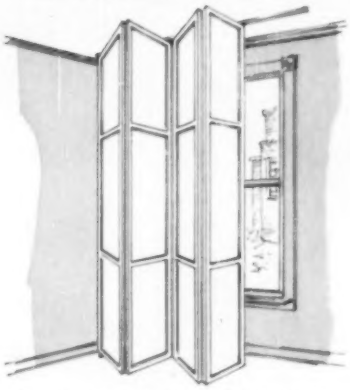
Measure with a yardstick, steel tape, or a folding rule, not a cloth tape.

Measure for rods and install them before measuring for new curtains, draperies, panels, and so forth. Allow for the thickness of your rugs when measuring for floor-to-ceiling drapery treatments.

If you can't decide on the best treatments for your problem windows, ask advice in your store's drapery department.



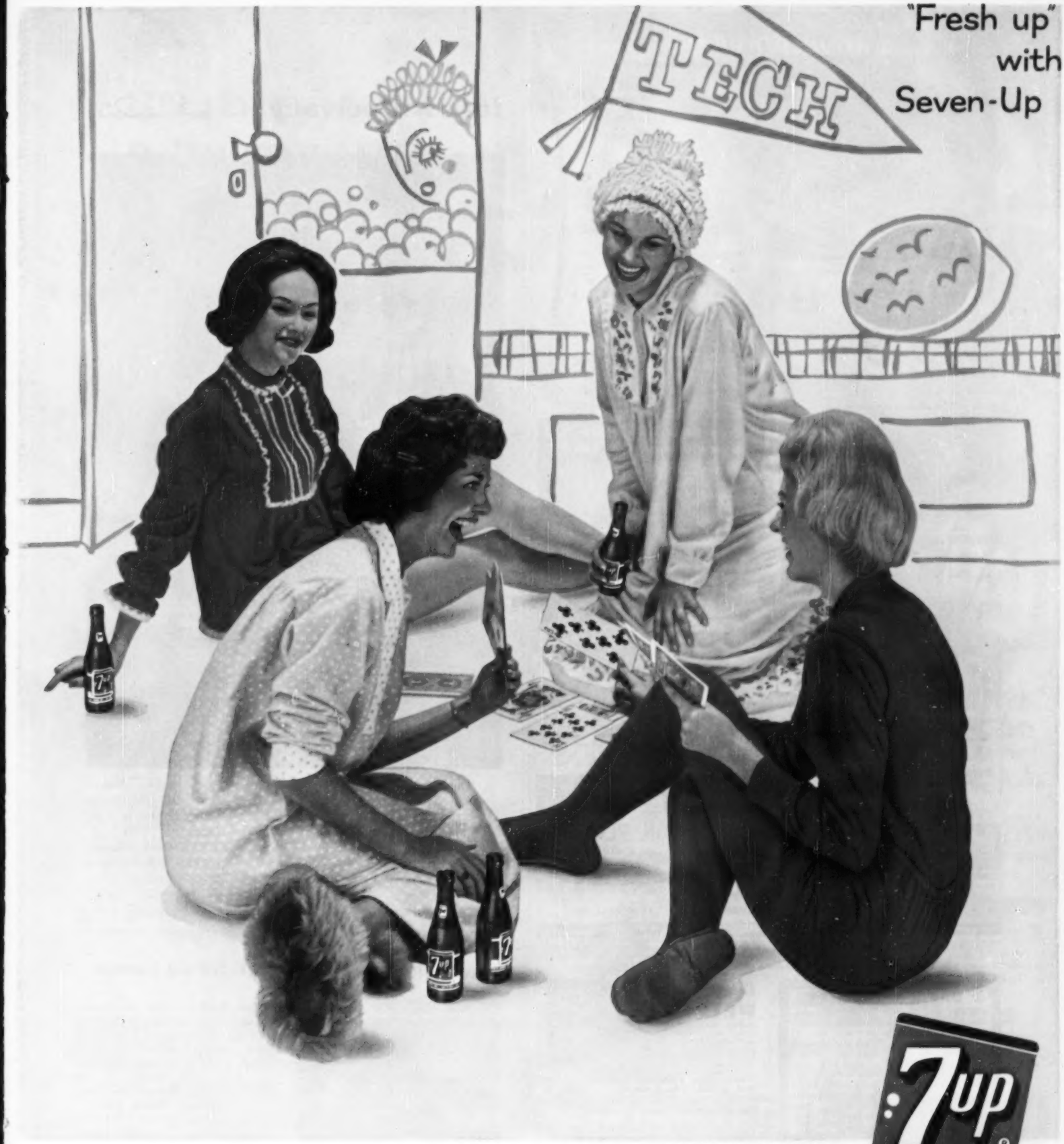

Wide wallpaper panel bands small window


Hinged panels hide a "misplaced" window

Two small windows look like a big one

High window "lowered" with curtains

Another disguise for high, strip windows



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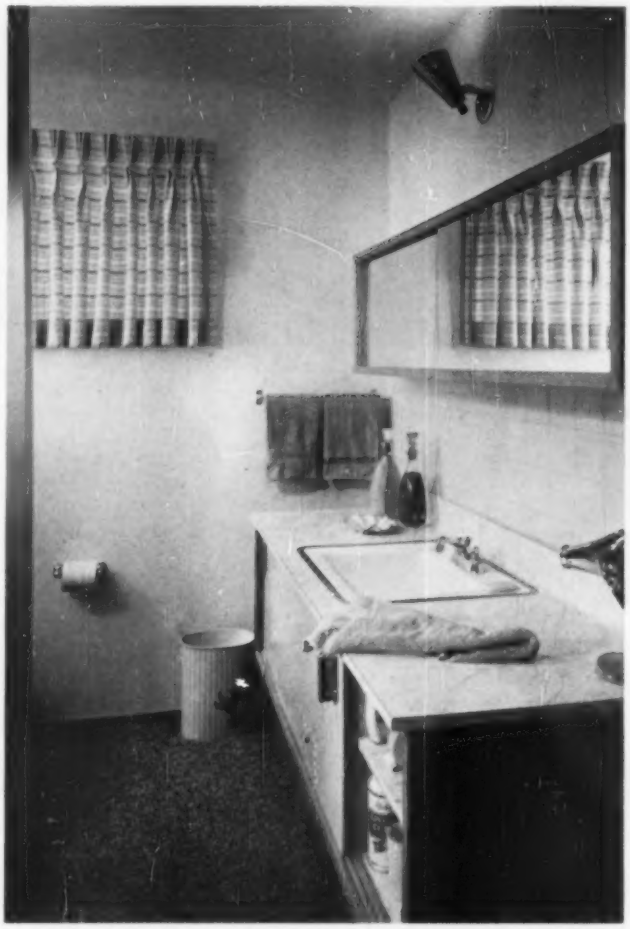
Its own privacy

Begins on page 52



These simple built-ins offer a lot of extra storage in this efficient bathroom. The counter top is laminated plastic; the cabinets are made like large boxes. You could add a unit like this in a remodeled bathroom or plan it into a new home.

Note how the simple divider wall at left adds a touch of luxury—yet takes up almost no floor space and costs little. It too, is an idea you could use in any house.

How to get plans for FIVE STAR homes

Five Star Home 3101, shown on page 52, is one of a monthly series for which you can buy complete plans with the following features:

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NEW! Better Homes & Gardens Home Plans Book—a complete catalog of 126 of the most popular Five Star plans. Cost: $1.25*.

These Five Star home plans and the new Home Plans book may be ordered from the firms listed on page 91. In many localities, you can order both plans and book through your building-materials dealer. Or, you can buy them directly from Better Homes & Gardens, 1714 Locust Street, Des Moines 3, Iowa.

*No stamps, please.

30 minutes to a terrarium

This garden-in-glass is ready to take care of itself—no mulching, no hoeing, and very little watering. Occasional manipulation of glass lid will control humidity and ventilation. Plants used are English ivy, maranta, Chinese-evergreen, peperomia, and fittonia

Here's a quick way to bring a miniature garden to your living room. After you've collected your materials, you can build a garden-in-glass in 30 minutes or less. Most important, you can enjoy its beauty for months to come.

To make one, you'll need half a dozen small plants and a clear glass container. Plants should vary in shape so you'll have an interesting "landscape."

For containers, look in your pantry for a long-forgotten aquarium, giant goblet, or wide-necked bottle.

Turn to next page for plant list and growing tips

Photographs: Stanley Warren

Here's your site, soil, and scenery. For planting, buy potting soil or mix it (2 parts each of soil and sand, 1 part peat or compost).

Add layer of gravel for drainage. Place rock or driftwood for interest. Use a plant label for "spadework."

Cover drainage gravel with layer of soil. Gently shake soil off roots before setting plants.

Scoop holes for roots and firm soil gently. Use a big spoon to add extra soil needed for leveling. Water to settle soil, then cover with glass.

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30 minutes to a terrarium

Begins on preceding page

After you have built your terrarium, you'll find it takes almost no time to care for. Watering, the biggest chore, is about a once-a-month job.

Moisture evaporating from the soil and transpiring from the leaves condenses on the sides of the container and returns to the soil. Slide glass cover to one side if moisture on inside clouds up the container.

When the terrarium gets older, some of the plants may outgrow their places. These should be cut back or replaced.

The plants will need very little extra plant food. A little dissolved in water can be added once or twice a year—no more.

Give your terrarium the same light you give your other house plants. Place it near a sunny window, or on table where you can give it artificial light several hours a day.

Plants for your terrarium:

- Aechmea
- African-violets
- Baby's-Tears
- Billbergia
- Ardisia
- Artillery plant
- Aluminum plant
- Creeping Fig
- Cryptanthus
- Coleus
- Crown-of-Thorns
- Chinese-evergreen
- Daphne
- English Ivy (small-leaved)
- Fittonia
- Ferns (small-leaved)
- Hahn's sansevieria
- Impatiens
- Kenilworth-ivy
- Maranta
- Ornamental peppers
- Peperomia
- Philodendrons (small-leaved)
- Pitcher plant
- Selaginellas
- Sheet moss
- Vriesia
- Wandering Jew
- Wax plant

Plants suitable for large terrariums only:

- Begonia (everblooming)
- Caladiums
- Dracaena
- Euonymus
- Non-vining philodendrons
- Pick-a-back plant

Plants for a woodland garden **(this requires a cool spot like a sun porch):**

- Partridge Berry vine
- Rattlesnake plantain
- Hepatica
- Spotted wintergreen
- Pipsissewa
- Pyrola
- Wood violets
- Mosses
- Lichens
- Ferns (most any small varieties)
- Dutchman's breeches

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New CORNUS SIBERICA, *Coral Beauty*, is well named. Its artistic branches of salmon-pink create an intriguing picture against the sparkling white snow of a winter garden. From early autumn until spring, the vivid coloring brightens the dullest day. Grows about 5' tall with handsome foliage and attractive cream-colored flowers.

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New GYPSOPHILA PANICULATA, *Pink Star*. You'll be delighted with this exquisite new Australian "Baby's Breath" that blooms in unbelievable profusion from June until frost. Large, double pink flowers on wiry stems present an enchanting filmy effect in the border and flower garden. Perfect for flower arrangements. About 18" tall.

New dwarf HEMEROCALLIS, *Primrose Mascotte*. Superb new dwarf daylily that has been called the "Dwarf Hyperion" because of its striking resemblance to the world-famous *Hyperion*, universal favorite of gardeners everywhere. Elegant flowers of cool, empire-yellow deepen to lemon-yellow in center. Unusually fragrant. Undoubtedly the best of the dwarf summer blooming Hemerocallis. Just splendid for foreground planting or corners of flower beds.

New PHLOX, *Symons-Jeune Hybrids* originated in England. A Phlox collection of extreme hardiness, unusual clarity and variety of color plus extraordinary abundance of blooms shading from white to brilliant orange-scarlet and deep salmon-pink.

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JANUARY GARDENING WHERE YOU LIVE!

Northeast and Midwest Gardening

MOST gardening in our region this month is carried out from the armchair—except for the few obligations listed later. This sabbatical offers us a chance to catch up on the latest garden reading—books, magazines, and new garden catalogues. Now's the time to really do garden planning.

Choose plants wisely: Don't forget the native species or staunch naturalized plants for our area. They'll perform the best—yet, it's fun experimenting with new ones.

Fragrance in the garden: A garden is meant to delight the nose as well as the eye. Build some "fragrance" spots in your garden by planting attractive perennial herbs, such as rosemary, mint, thyme, lavender, and savory. They'll do well, even on poor soil, with a minimum of care.

Hardy shrub roses: Plan to set out a few this year. They survive drouth and cold winter, without protection. There are no gardens in our region too small to have room for at least one.

I gently push back any plants forced out of the soil.

Garden diary: Don't rely on your memory or on scribbled notes for your records. I jot down my notes and reminders in a calendar appointment book under the correct date for planting, spraying, blooming, or when observations were made.

Labor-saving tips: I paint the handles of tools white—they're easier to find if misplaced. . . . Install mowing strips of gravel, brick, or concrete at lawn edges to reduce trimming. . . . I set a steel drum of oiled sand in my service yard to clean tools after using. Just stick the tool in sand and twist—thus cleaning and rustproofing it. . . . Make a map of your garden, showing location and exact names of each shrub, tree, and flower bed.

Reminders: After every thaw, patrol the perennial beds and gently push back into the soil the crowns of plants which may have been forced out of the ground by frost action during the warm spell. . . . Check your stored bulbs and tubers. If any show signs of deterioration, either discard or cut out diseased portions. Make sure they are not drying out—a light sprinkling of water occasionally will prevent this. . . . Time to prune fruit trees. Be certain to make cuts clean and use a light application of tree wound dressing. . . . Cut branches of spring-flowering shrubs, such as forsythia and quince, for forcing indoors. Place stems in water, keep in sunny room. Sprinkle branches every day to prevent drying out. Buds will burst into bloom in about three or four weeks.

—*Peter Farb*

PHOTOGRAPH BY GEORGE HAMILL

"EACH OF US NEEDS TO SHARE THE WORLD OF HIS NEIGHBOR"

—Helen Hayes

A child in India squats, sullen, in the starving dust, waiting for the heat of the day to end. A family in West Virginia, 14 children in all, must take turns going to school because there are only seven pairs of shoes to share. In the French Sahara, the world explodes in a horror of anguished sand and a new A-bomb power is born. Transported by the evocative magic of a magazine, I sit in my comfortable room, surrounded by warmth and the climate of love . . . yet the dust of India trickles through my fingers, I weep as a little girl weeps, because my feet are bare.

There is a common thread, unseen, stronger than life itself, that holds us together in irrevocable brotherhood. Yet so often, in the press of our busy lives, we forget . . . we forget. We are too busy, too *alone* in our concepts of ourselves, to stop and wonder about other human beings and their hopes.

Here, to my mind, is one of the true services that magazines perform—magazines help break through this terrifying barrier of inertia. You can't turn the pages and see some of the world's problems...and goodnesses...without taking reckoning. Magazines are a strong social force in our lives, push us out into the world of others, make us take stock on *how* we might be of service, just a little, *if* we let them. *If* we open our eyes to see and our hearts to listen and understand.

Then, only, can we hope to answer the poignant, age-old question, asked so long ago, and so long ago forgot: "Am I my brother's keeper?" Then only, in the light of humanity, can we answer, firmly, "Yes."

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☆ IS PRESENTED BY
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☆ ON BEHALF OF
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☆ FOR MORAL AND
☆ CULTURAL GROWTH

What's NEW in MEDICINE?

By Donald G. Cooley

Who needs peace and quiet? How long would it take you to suffer hallucinations and exhibit neurotic behavior, if your senses were completely isolated from the outside world? Just about three hours, according to Dr. Robert L. Vosburg of Western Psychiatric Institute.

Fifteen volunteers were placed in a soundproof room. For an hour, each subject lay in darkness; for the next hour, a shielded light was turned on; and during the third hour, a small motor hummed faintly in total darkness. When the room was completely silent, the subjects thought they heard "falling rain," "a fly buzzing," "a bell ringing," and "a humming like 20,000 bees." One subject complained that the humming motor made her teeth ache, and there were other neurotic reactions.

When our senses are no longer bombarded incessantly by stimuli from the world around us, we are apparently deprived of our ordinary ways of testing reality and acting rationally. In other words, we seem to need continual exposure to all kinds of incoming stimuli—not isolation from them—to keep our wits about us.

Vacuum-assisted childbirth. A unique maternity garment invented by a South African doctor greatly lessens the pain of childbirth and probably shortens the duration of labor. Called a "suction suit," it consists of an airtight plastic bag supported by a framework over the patient's abdomen and sealed around her body from armpits to thighs. A suction pump draws air out of the bag and creates a vacuum which lifts the abdomen two or three inches higher than its flattened position. This gives the uterus an ideally rounded shape which makes its muscular contractions more effective and less painful.

At the onset of each labor pain, the patient regulates the vacuum by thumb pressure on the suction tube. "Reduction in pain is often so complete that the patient cannot tell when a uterine contraction has ceased," says Dr. D. B. Scott in describing use of this suit in the Royal Infirmary, Edinburgh.

The suit is too new to have gained widespread use, but Doctor Scott estimates that one can be assembled easily in most maternity hospitals at a cost of $250 to $300. In this country a similar suit is being used in selected maternity cases at Yonkers General Hospital, New York.

Allergies causing nosebleed. Allergies may well be responsible for recurrent (at least once a month) nose bleeding. Comparisons of allergic and non-allergic children have shown that nosebleeds are six times more frequent in allergic youngsters, and injuries to nose membranes from rubbing, pulling, or scratching are ten times more common.

Blood vessels of allergically congested, inflamed membranes are easily broken, with consequent bleeding. Allergic children rub their noses so much that doctors call the gesture "the allergic salute." This combination of easy-bleeding membranes with a constant urge to dig and scratch at the nose makes the child unusually vulnerable to nosebleed. Treatment of an underlying allergy may reduce the frequency of nosebleed incidents.

For aching backs. Agonizing back pain, which the victim is likely to call "a crick in the back," embraces a variety of conditions medically known as the "low back syndrome." Surgery may sometimes be necessary, but Dr. Otto Kestler, orthopedic surgeon of the Hospital for Joint Diseases, New York, finds that the great majority of patients recover under conservative treatment—bed rest on a firm mattress, no stooping, twisting or lifting, applications of heat to the affected area and pain-relievers if needed.

Pain causes muscle spasm, which causes more pain, and so on in a vicious cycle which delays recovery. One drug, Carisoprodol, was tested by Doctor Kestler on 106 consecutive patients who received conservative treatment for disabling low back pain. An equal number of patients received identical treatment without the drug.

The most striking difference was in recovery time. The drug-treated persons were back at work, on the average, in 11.5 days, compared to 41 days for the other group. The muscle-relaxing drug saved each patient about one month of time lost from work.

Desludging the blood. Rheumatic disease, malaria, injuries, heart and blood vessel ailments, infections, and a host of unrelated diseases are frequently accompanied by "sludging" of blood. Red cells clump together and slow or temporarily block the flow of blood in very small vessels, like dirty sludge in an oil line.

This was first noticed in monkeys infected with malaria. Later it was found that antimalarial drugs reduce sludging, and may be valuable in diseases quite different from malaria. The drugs have been used with considerable benefit in long-term treatment of rheumatoid arthritis.

Now a preliminary study by Dr. Benjamin P. Madow of Cleveland, Ohio, reports the use of an antimalarial drug, Plaquenil, in 44 patients who had heart attacks, strokes, and other vascular diseases. With daily maintenance doses of the drug, 18 patients who previously had one or more heart attacks have gone nine months without a recurrence, and several claimed that chest pains from exertion virtually disappeared after the third day of treatment. Patients with thrombophlebitis (vein clot with inflammation) responded rapidly to the drug, and eight patients treated for strokes did well.

Piano and the ears. Piano playing is harmless—at least to the ears. A thorough investigation of 30 professional pianists over 60 years of age demolished the "It makes me deaf" alibi of youngsters who hate to practice. The pianists had remarkably better hearing than average for people of their age, and the piano was absolved as a threat to hearing.

Other musical instruments didn't get quite so clean an auditory bill of health. Large orchestras are louder than a piano, and some players of kettle drums, cymbals, and brass instruments have become moderately hard of hearing in the course of their careers.

Aspirin controversies. Conflicting claims of superiority of various plain and buffered aspirin products shouldn't cause you to desert the brand that pleases you. One reason why legitimate comparative studies may give conflicting results is suggested by pharmacists of the University of Buffalo.

"One brand of plain tablets may be quite unlike another," they point out. The faster an aspirin tablet dissolves, the less likely it is to cause stomach irritation. But solution rate is not the same as disintegration time—the rate at which a tablet falls apart into small particles. Solution speed varies with different products and is not necessarily directly related to disintegration time.

The investigators offer some good advice: *don't swallow an aspirin tablet whole, on an empty stomach, or without a drink of water.* "When tablets are well chewed and taken with plenty of water, no product-to-product differences are likely to be observed."

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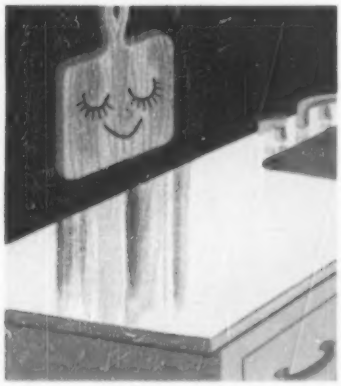

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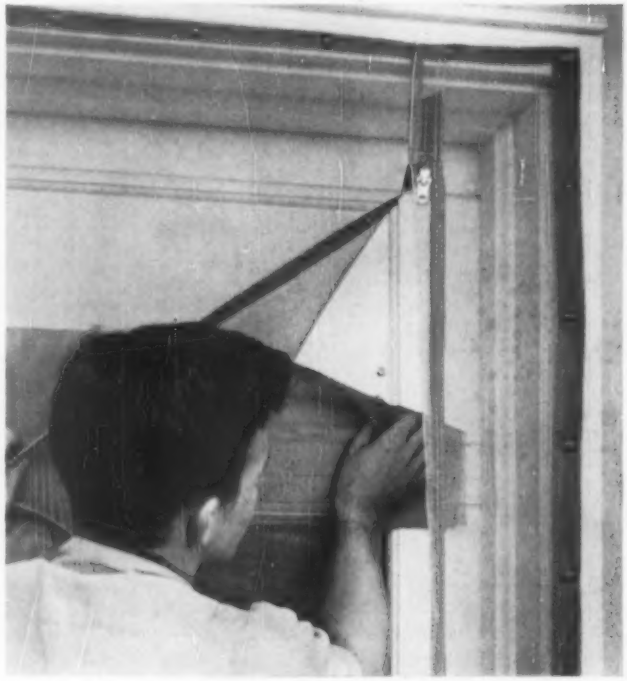
Products of United States Plywood

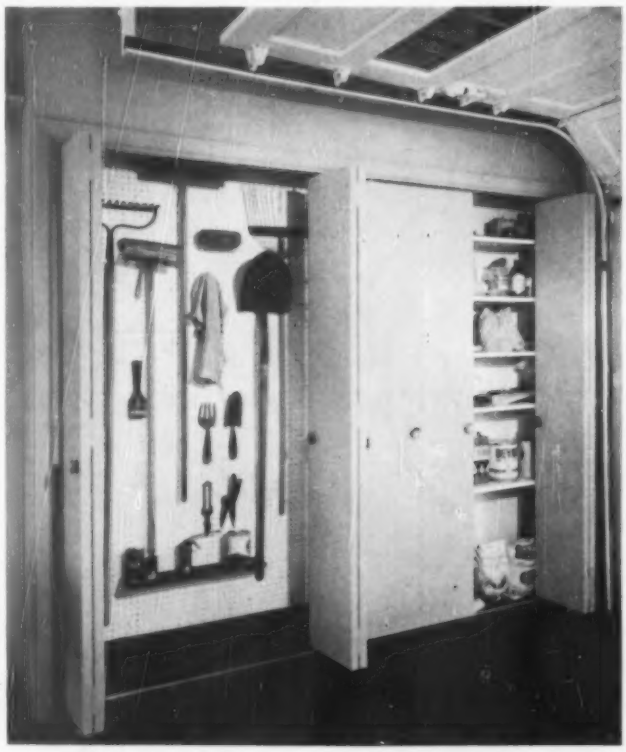
Switchable garage

See page 11



Screen snaps onto fasteners attached to garage door frame. Zipper arrangement allows screen to remain in fixed position, or be attached to snap-fasteners near the top of door (as shown) and open automatically when door is raised.

These closets work full time in any garage



Even though you take over most of the floor space in your garage for part-time living, you'll still need a place to store garden tools and other supplies. Closets like these (the folding doors save floor area) keep things in order and out of sight.

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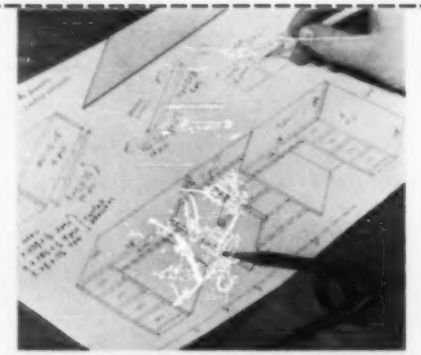
Elaborate on the dimension plan as much as necessary. Show material thickness to scale whenever it's convenient to do so.

Draw details, such as drawers and drawer slides, in double scale. Make other small supplementary sketches to visualize problems.

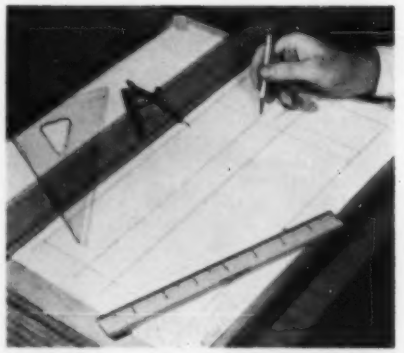
Write in exact dimensions to let you measure and cut the material directly from your drawing. Indicate the material needed so you can make up a complete materials list before you go to the lumber yard.



If your graph-paper dimension plan tells you all you need to know, stop drawing and start building. It is sometimes necessary, however, to make a *three-view drawing* with T-square and drawing board.

You'll find it easier to show projects which are large, complex, or have intricate joints with this kind of drawing.

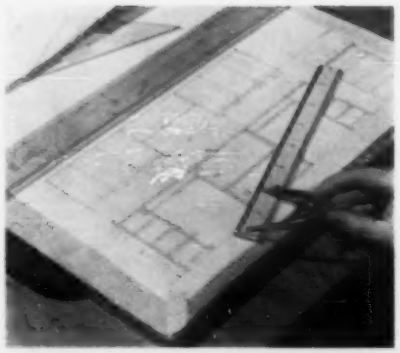
Start by blocking out the limiting dimensions for the front, side, and top.



Put masking tape on a ruler as shown to make your own scale. Mark off the feet according to the scale you're using. One-eighth inch to the *inch* is best for most projects.

Pick dimensions off the scale and transfer them to the drawing with your compass.

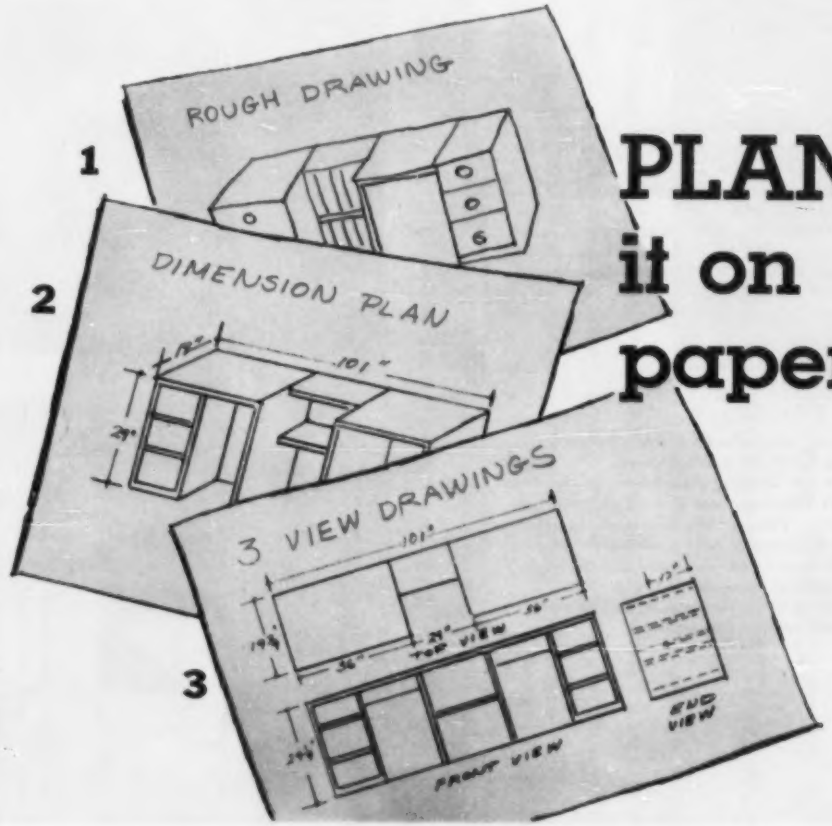
Show hidden edges as dashed lines. Draw the front view first, then the side and top views. It is easier to transfer dimensions from one view to another with the T-square and triangle when the plan is drawn this way.



Make cutting diagrams for sheet material such as plywood and hardboard. First prepare some graph paper in a scale size of 4x8 feet. Then cut out sections of graph paper to scale for each piece needed in your project.

Make these pieces slightly larger than scale size to allow for saw kerf, but note the exact dimensions along each side.

Lay the pieces on the 4x8 "plywood" graph paper, arranged for minimum waste. Trace around the pieces and transfer the dimensions.



PLAN it on paper

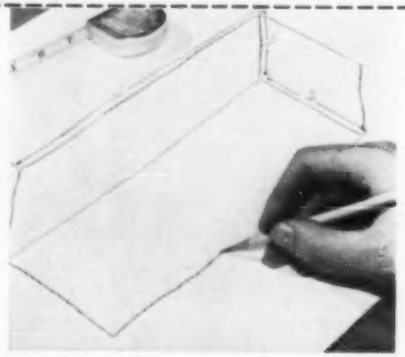
IF YOU approach a pile of lumber with a gleam in your eye and a half-formed idea in your head, you're in for wasted time, extra expense, and frustration. Take an evening or two and plan out your project so you'll know exactly how it goes together and how much material you'll need.

The three drawings shown above are easy to make and supply all the information you'll need to plan your project to the last detail. (1) The *rough drawing* lets you work out the basic design and general dimensions. (2) The *dimension plan* gives exact cut size of materials and a good idea of proportions. (3) The *three-view drawing* is called in, when necessary, to nail down every complicated detail of your project in advance.

Add these pages to your HANDYMAN'S BOOK
File under Miscellaneous

Practically any project you plan is limited in size and shape by its surroundings. The first step in planning is to determine the *limiting dimensions* and make a *rough drawing* to use as a design outline.

This drawing need not be accurate in scale or proportion; all you need is the basic shape and the dimensions. Here a three-dimensional box shows this information.

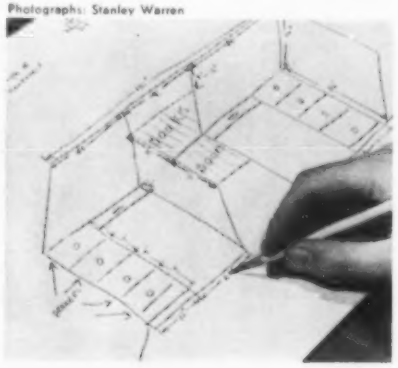


Photographs: Stanley Warren

Next, work out the basic design of your project to exactly fit the space allowed.

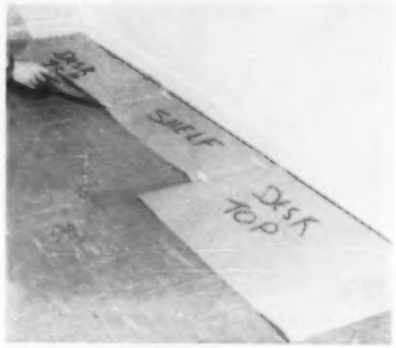
If there are limiting dimensions in the design, work them out first and fill in the other details later. This double desk and bookcase unit was designed to hold a set of encyclopedias, so the books were measured and the bookcase section was dimensioned first.

Here again, scale, proportion, and thickness of materials are not important.



Will the unit really fit the space? Will the desk be too small to be practical? Will the whole unit be in good proportion? Will it project too far into the room?

All these questions and many others can be answered with full-size paper patterns. Cut out the patterns that answer the most questions and lay them in the space the finished project will occupy.



Now draw a graph-paper *dimension plan*. You'll find a three-dimensional drawing easy to make with a 30x60 triangle.

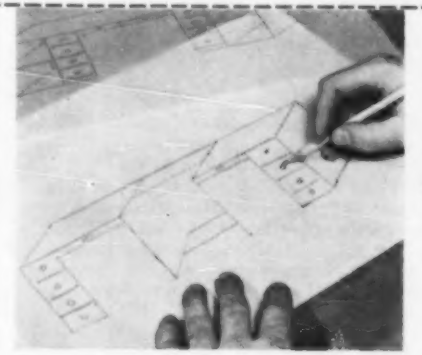
Line up one side of the 30-degree angle with any convenient horizontal line on the graph paper and draw the slanted line along the other side of the angle.

Make this drawing to scale, counting the squares for dimensions. Draw a scale at the bottom of the drawing and pick off dimensions for the slanted lines with a compass.

Here are some tips to help you add to your drawing skill

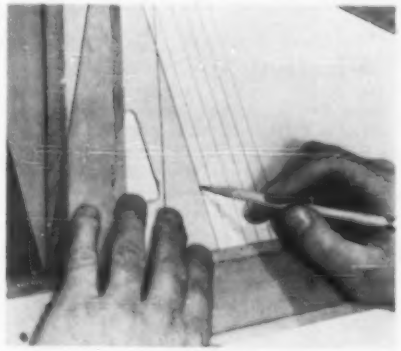
When working out the design for a project, draw the limiting dimensions on a piece of graph paper. Tape pieces of tracing paper over the graph paper, sketching in designs until you hit on the one you want.

You won't have to lay out the limiting dimensions again for each new idea.



To draw a series of parallel slanted lines, place your triangle at the correct angle on the paper. Tilt the T-square to line up with the bottom of the triangle as shown and hold it firm with the heel of your hand.

By sliding the triangle along the T-square you can make any number of parallel lines.



You can find almost any curve you need to draw on a French curve. Sketch in the curve freehand first; then line up the French curve and draw it in solid.

Put bits of tape at both ends of the curved segment, so you can relocate it quickly when reproducing the curve elsewhere.

Use a flexible curve made of wood or plastic to help you draw long curves. Position it on the drawing board with pins as shown.

You can measure the length of the curve you draw by marking the ends of the line on the flexible curve while it is in place and measuring it when it is removed.

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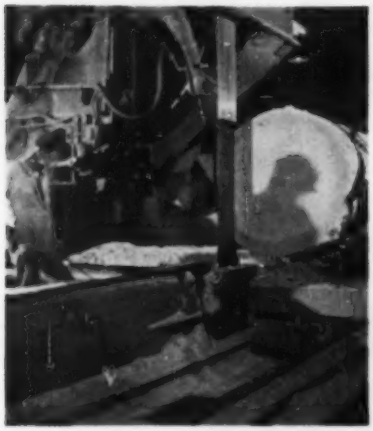

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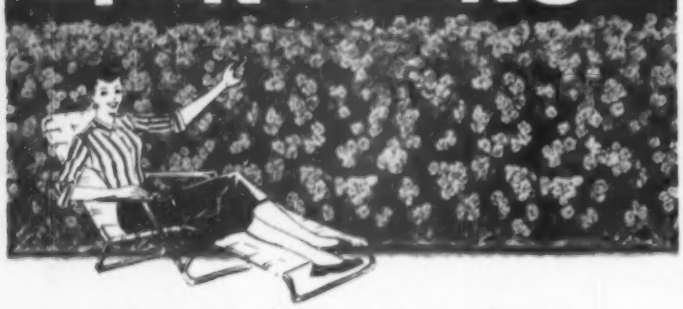

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Groundcovers you ought to know

Groundcovers can add a wealth of lush, green growth to your yard. They'll cover slopes and bare, shaded patches of soil, edge planting beds, and neatly encircle trees. Best of all, they require only a minimum of care after they're established.

Because they do their job so well, they've rightly earned their title of groundcovers. On their own merits they are a fine addition to any garden. They *could* be the answer to *your* garden's needs.

Pachysandra ranks high as a groundcover favorite because of its versatility. It thrives in shade, yet it will grow well in gentle morning or filtered sunlight, too. Foliage forms a pleasing, whorl-like pattern.

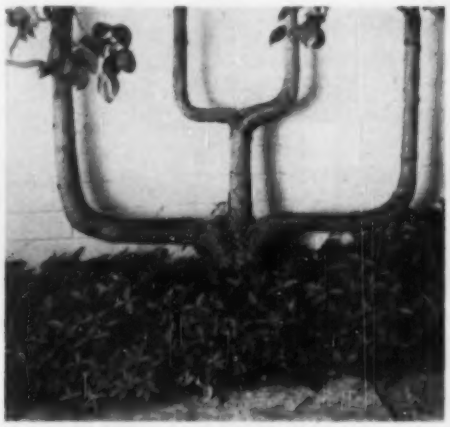
A perennial evergreen, it boasts tiny greenish-white flowers. Plant reaches 8 to 14 inches.

Plantain lilies do best in moist, shady soil, tolerate sunlight only in early morning, late evening.

The narrow-leaf variety, seen here, offers flowers ranging from white through lavender. Foliage will reach 10 to 12 inches. Of all the plants reported here, plantain lilies are most sensitive to sunlight.

Ajuga rapidly forms a dense carpet of lustrous leaves—stands only 6 inches high. Try the recent Rainbow variety for the contrasting color effects offered by its multihued foliage.

Ajuga does well in shady places, but grows almost as well in full sun. Mulches encourage spreading.



Vinca minor, or periwinkle, is evergreen. Shiny leaves and soft-blue flowers in the spring are features of this 6-inch-high plant.

It grows well in sun or shade, can stand more sun than any of the plants listed here. Only an occasional clipping is needed to keep it in bounds.

Here are some more good groundcovers you can set out when spring arrives

Small-leaved cotoneaster—An evergreen that grows 6 to 12 inches high and bears small, white flowers in June.

Rosy Creeping Gypsophila—Six inches high, it offers a profusion of rose-colored flowers borne over short, narrow leaves.

Moneywort, or Creeping Jenny—Prefers shade and moist soil, creeps rapidly over the ground. Flowers are golden yellow.

Moss Pink, or Ground Pink—Grows best in full sun, and is ideal for cover in rock gardens. Flowers are purplish-pink in spring.

Mother-of-thyme, Creeping Thyme—This evergreen hugs the ground close enough to grow between rocks and steppingstones.

Creeping Speedwell—Likes sun and moist soil. It is mat-forming and mosslike, makes a low, neat cover 4 inches high.

Halls Honeysuckle—A vigorous, twisting vine, honeysuckle spreads rapidly, features trumpet-shaped, fragrant flowers.

Violets—Stand 6 inches high, with blue and white flowers or attractive shades between. Very hardy, growing best in partial shade. They have a talent for mixing with other plants.

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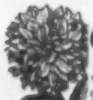

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It's time for cup and spoon

Photographs: Doris Pinney

Between 3 and 4 months, offer Baby his orange juice or water from a cup. Use a small cup or glass that fits his mouth easily. An ounce measuring glass or a lipped cup works well.

At first, be content if he takes only one swallow at a feeding. He's catching on.

It works best with most babies to offer solid food before milk, when they're hungry. But if yours demands milk first, try it that way.

Hold him in a semisitting position, his head cradled on your arm. Take a little food on a small spoon and place toward back of Baby's tongue.

By Ann Usher

Most doctors consider 3 to 4 months the best age for beginning solid food, though they may suggest cereal earlier for a baby who appears to be always hungry despite adequate formula.

Between 3 and 4 months also is a good time to begin getting Baby accustomed to drinking from a cup. Orange juice usually is a tempting starter.

Offering Baby his first solid food from a spoon or his first liquid from a cup is a delicate moment. The way he has been fed so far probably is quite all right with him and he may not share your enthusiasm for the innovation.

You want him to continue enjoying mealtimes. The best way to insure this is to take it easy when introducing him to unfamiliar eating experiences.

Remember he's dubious about several things: the taste and texture of the food is different, getting it off the spoon and swallowing it is a complex maneuver, and the flow of liquid from a tilted cup is more rapid than he's used to.

Choose a time when he's hungry, but also happy, for these experiments. If he takes just a taste or two, then turns away, don't force the matter. Let him have his milk or juice the usual way. After he's taken care of those hunger pangs, you might offer the new method once more. If he isn't interested, wait until next time.

After the strangeness has worn off, and he discovers how good the different varieties of food are, he'll take to spoon feeding as a matter of course. And learning early to enjoy drinking his juice or water from a cup will make the changeover easier when it's time to wean him.

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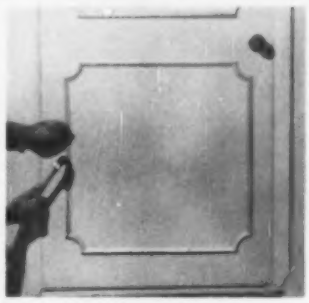

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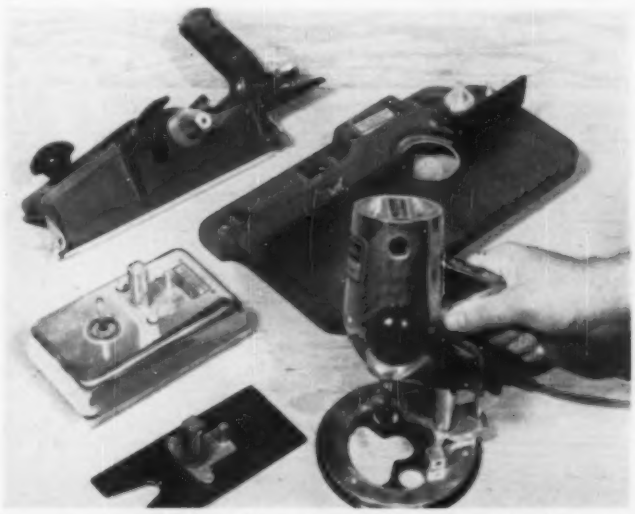

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"Holiday" What Not, approximately $130 in furniture Stores. The Lane Co., Altavista, Va.

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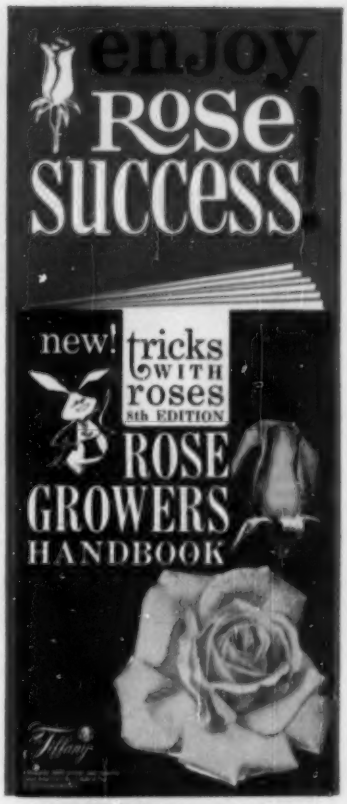
More NEWS on next page



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Ackerman Nursery, 117 Lake St., Bridgman, Mich.

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This substance is now available in *suppository* or *ointment form* under the name *Preparation H®*. At all drug counters.

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Order Volume File Box from *Better Homes & Gardens*, Des Moines 3, Iowa. Enclose $2.50 for one file, $7 for three, $13 for six.

It's NEWS to me!

Begins on page 92

Translucent plastic dinnerware boosts real leaves implanted in finished pieces. Yulan leaf from the Chinese Jade orchid is first skeletonized and all vegetation removed before it is carefully dyed. This gives each piece a slightly different design. Sets available in two colors Jade (green); Bamboo (tan).

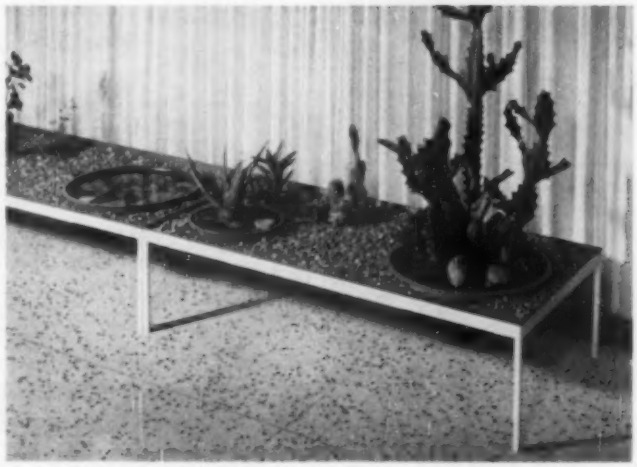
"Ming Lace Leaves" Dinnerware, $49.95 for 45-piece set, in stores. Northern Industrial Chemical Co., South Boston, Mass.

Completely compact. Two-burner gas range unit folds into a slim chrome cabinet when not in use. Think of the extra counter space gained! When arranged in pairs, units take less than two square feet of space. Can be set side by side, on separate walls, or back to back—wherever a gas connection is available. Has automatic gas shutoff as unit is closed, safety locking control dials, automatic working light, small appliance outlet. Single units are convenient for mobile homes, small apartments, or office.

Magic Chef Fold-Away single unit, $99.95 in stores, Magic Chef, Cleveland, Tenn.

Keep your kitchen appearing neater and cleaner. Space-saving strategy uses this new addition to kitchen conveniences. Slide-out rack holds wastebasket within reach for quick trash disposal, then rolls smoothly out of sight into the cabinet on a ball-bearing carrier. Rack fastens to underside of cabinet top. Of sturdy construction; 9 inches wide, 20 inches long.

K-V 796 Disappearing Wastebasket Rack, $4.50, in stores. Knape & Vogt Mfg. Co., Grand Rapids, Mich.



Indoor planter table. handsome in front of picture window, has low steel frame 9x18x36 inches. Holds shallow-molded plastic planters; fine for cactus and succulents. Marble chips fill space around pots. *Indoor Planter Table*, $52.50, in stores. Distributed by Richards Morgenthau Co., 225 Fifth Ave., New York, N.Y.

Portable dishwasher with extra-large rubber casters glides easily from sink, to table, to china cupboard. Eliminates individual tray-toting. Tea-cart top has vertical stripes of gray and white, flecked with gold, with raised rim at back. Stainless steel handle stretches across front. Machine also serves as salad or dessert table. Stands 34⅜ inches high—rolls under average counter top. Concealed electric connection cord pulls out or retracts, as needed.

Mobile Maid Automatic Dishwasher, about $250, in appliance stores. General Electric, Appliance Park, Louisville 1, Ky.

For other new and interesting products, see Shopping by Mail items on page 97

Change of address?

If you're moving, please let us know.

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Ideas in action

Begins on page 32

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Top:
Photograph: Hedrich-Blessing
Decorator: Ethel Samuels, N.S.I.D.

Bottom:
Photograph: Marley Baer
Architect: Wurster, Bernardi and Emmons, San Francisco

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Spring Hill Nurseries, Dept. F-22, Tipp City, Ohio

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EMLONG'S Box 129, Stevensville, Mich.

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Allen's Nurseries & Seed House, Box 127, Geneva, Ohio

Decorator: Delcena Bair, A.I.D., San Francisco

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Photographs: Bill Hedrich, Hedrich-Blessing

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Top:
Photographs: Bill Hedrich, Hedrich-Blessing
Architects: Chester Roemer and Tom Baer, A.I.A., St. Louis

Bottom:
Photograph: Hopkins

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Top:
Photographs: Bill Hedrich, Hedrich-Blessing
Architects: Study, Farrar, and Majers, A.I.A., St. Louis

Middle right:
Photograph: Bill Hedrich, Hedrich-Blessing

Middle left:
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Architect: Jack C. McEwen, St. Louis

Bottom:
Photographs: Hopkins

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Top:
Photograph: Hedrich-Blessing
Decorator: Adelaide Radcliff, Chicago, Illinois

Bottom:
Photograph: Douglas M. Simmonds
Designer: Jinny Lee Snow, Salt Lake City

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Top:
Photograph: Bill Hedrich, Hedrich-Blessing
Architects: George Fred Keck and William Keck, Chicago, Illinois

Bottom left:
Photograph: Bill Hedrich, Hedrich-Blessing
Designer: Robert Deschamps, LaGrange Highlands, Illinois

Bottom right:
Photograph: Suter, Hedrich-Blessing

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Top:
Photograph: Hedrich-Blessing
Architect: Richard Baringer, Chicago, Illinois

Bottom:
Photograph: Bill Hedrich, Hedrich-Blessing
Architect: Bernoudy, Mutrux and Bauer, St. Louis, Missouri

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Photograph: Lisanti
Architect: Seth Hiller, New York

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Architect: Ray F. Killeen, Webster Groves, Mo.

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Top left:
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Designer: Robert Rodriguez, St. Louis, Mo.

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Top right:
Photograph: Hedrich-Blessing
Decorator: Adelaide Radcliff, Chicago, Illinois

Bottom:
Photograph: Bill Hedrich, Hedrich-Blessing
Designer: Sarah Pagoria, Chicago, Illinois

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Decorators: Lord & Taylor, New York

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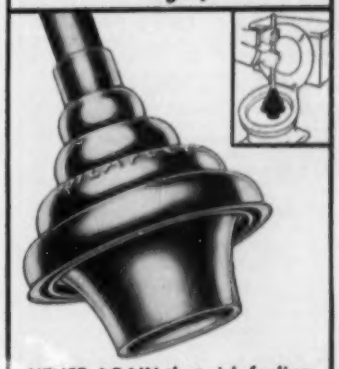

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- DOUBLE-SIZE CUP, DOUBLE-PRESSURE
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AT HARDWARE STORES EVERYWHERE
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This catalogue lists and describes over 3000 varieties of flower seed and plants — many rare kinds — all the new ones as well as the older varieties.

Also seed of house and window plants. Book gives cultural directions, pronouncing index, germination tables, lots of helpful information.

Send a postcard today for your

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Big solid, scarlet fruit, disease resistant, heavy yielder. Ideal for table or canning. Send 25¢ for mailing 125 seed and copy of Seed and Nursery Catalog. **125 SEED FREE**

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Tucson ARIZONA
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Come swim with us and laze in the sun! Here in our warm, dry air and friendly, relaxed atmosphere, you'll forget it's winter anywhere!

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☐3139—**Springtime Petunia** An F_1 Hybrid with lovely large bright salmon fringed flowers 4½ in. across. 1-ft. plants. **Pkt. 75c**

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January, 1961

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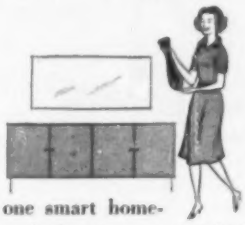

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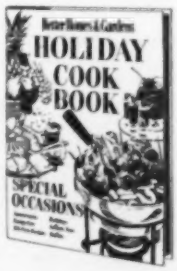
Blend together in a festive season or holiday occasion . . .

Add guests or family ready for the best in eating and entertainment pleasure . . .

Result—entertainment success every time.



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with Better Homes & Gardens

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Gulton Industries, Dept. BHG, Metuchen, N. J.

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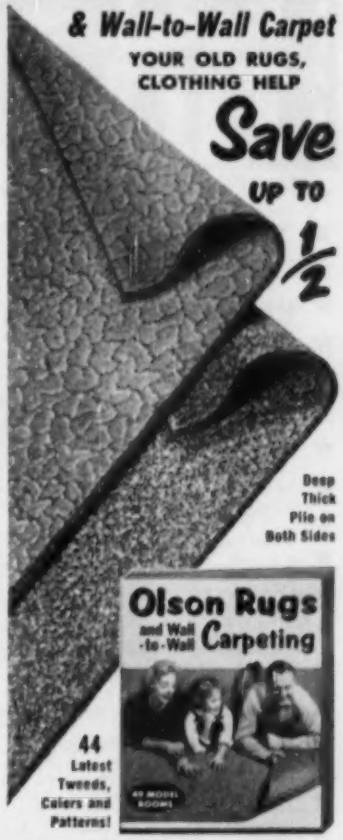

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Macy's, Dept. 11-B, Herald Square, New York, N. Y.

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Walter Drake, B-63 Drake Bldg., Colorado Springs, Colo.

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Sunset House, 73 Sunset Bldg., Beverly Hills, Calif.

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Sunshine Sales, Dept. M300, Loudonville, Ohio.

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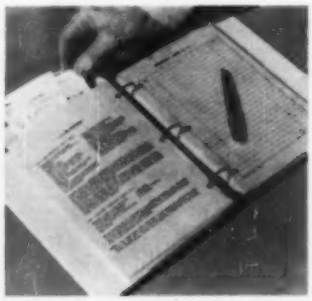
Country Curtains, Dept. BHG, Stockbridge, Mass.



Helps with taxes. File checks, recipes, in envelopes under proper tax category; list income, expenses on front. Tax Saver, 15 envelopes, $2.95, ppd.

Panda Products, 1200 Niagara-R241, Buffalo 13, N.Y.

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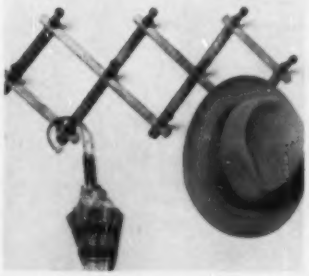
Fortline, Inc., Dept. B, 517 Oak St., Ft. Atkinson, Wis.

Woven bamboo accessories in two color choices of orange/yellow or turquoise/lavender, have metal stands. Magazine rack, $7.50; umbrella holder, $7.95, both ppd.

Patio Sales, Box 23, Dept. B, Highland Park, Ill.



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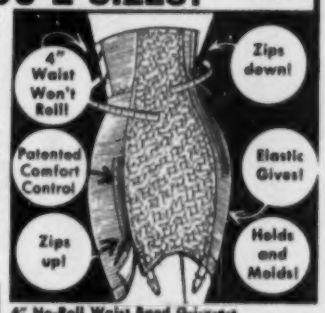

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I watched Christine buy an antique tea cart the other day, and I must say she was rather offhand about it. Didn't even kick the tires the way I do when I'm looking at used cars.

◆ ◆ ◆

The parking problem in front of our house isn't so bad in the winter. Rosemary's boy friends still have their cars out there, but at least they're not towing boats.

◆ ◆ ◆

Burt, Jr., is almost ready to believe in Santa Claus again. He got a weight-lifting set for Christmas and can't believe that his father carried it home. (He didn't either, being no fool.)

◆ ◆ ◆

I notice that chairs and other articles of furniture are being made of crystal-clear plastic, which makes them nearly invisible. Judging by the way the children miss them, what we have around our house is invisible wastebaskets. (Also, says Christine, cleaning up after the monthly meeting of the Outer Space and Inside Straight Discussion Club, invisible ash trays. Neatness and poker, I explain, don't mix.)

◆ ◆ ◆

The speaker at the first January meeting of my luncheon club somehow failed to call 1961 a "Year of Decision," thereby causing me to lose a $5 bet with Jack Bradbury.

"Hold it, Mom. I'm all in one leg."

I modestly admit that I draw quite a crowd when the ice is firm on the railroad pond. The children rally their friends by telling them, "Daddy is going to show us how people skated in the olden days."

◆ ◆ ◆

We had some friends in for punch from our elegant new bowl and mugs. I wish I could say that Christine's famous recipe tasted better in the old days when all we had were jelly or cheese glasses, but in all honesty I can't.

◆ ◆ ◆

Some men have wives who are interested in their careers, but Ned Putney's Laura put him on a diet that ruined his figure. He had to use two pillows and gave an unconvincing performance as Santa Claus at the Sunday School Christmas party.

◆ ◆ ◆

Burt, Jr., has a tough assignment. He has to be Rosemary's pesky nuisance of a kid brother and Judy's wonderful and adored big brother, both at the same time—and has any actor ever attempted two roles more unlike?

◆ ◆ ◆

The ladies of the church were applauded for serving a Mexican dinner on a recent Wednesday night. The Rev. George Hall can't understand why a congregation that appreciates hot, spicy food seems to prefer its religion bland and flavorless.

◆ ◆ ◆

Table decoration is Rosemary's newest enthusiasm, and Bud says he hopes his sister doesn't find his skin-diving goggles and flippers or she'll paint them purple and build a centerpiece around them.

◆ ◆ ◆

Coach Stretch Evans of our local college trusts his basketball players just naturally know how to lose gracefully, without getting too much practice at it.

◆ ◆ ◆

The Christmas bills are enlivening the mail just now. It hardly seems fair that Bud's bongo drums have to be paid for in money as well as in frayed nerves.

It might well be that our little tomboy, Judy, will be the first human being to reach the moon. If so, it's a good bet that she'll come back with a stray kitten.

◆ ◆ ◆

Lee Bayless thinks the best place for a domestic argument is the kitchen, because with the dishes being angrily rattled in the sink and the water running, nobody hears all those things nobody really meant to say.

◆ ◆ ◆

It seems to me that every time I pick up a magazine or newspaper I read an article about what our high-schoolers think, and I try to remember whether anybody in the world cared what I thought at that age.

◆ ◆ ◆

Chris and I have been reading a highly recommended new novel about a man in his 40s who has, as they say, everything—well-paying job, beautiful wife, courteous children. But he has the feeling that life is passing him by.

This book is going to end the way they all do. He'll go away to paint pictures, dally with South Sea charmers, or drink. Or all three.

Chris flatters me by saying I'm just exactly the type who would do this sort of thing. I know I'm not, and she does, too. But she is smart enough to pretend that I am. My guess is that a lot of men who didn't really want to go to the South Seas have been driven there by wives who laughed and said they weren't the type.

Another thing: I have a theory that if you ever really got to know the people on your own block or in your own town (maybe even in your own family), you'd find more adventure and romance than there is in Timbuktu or the Amazon jungle.

Besides, as I tell Chris just before she throws something, these middle-aged rebels are always described as having well-paying jobs, beautiful wives, and courteous children—which lets me out.

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